Issue No. 002



CHRIST THE KING PARISH • GREENMEADOWS

FATHER'S HEART TODAY

Finding Hope In Zero Visibility

Fr. Steven Zabala — Parish Priese

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IT HAS BEEN MORE THAN EIGHT MONTHS

since I saw CTK's main church filled to capacity. From the highs of the 40^{TH} fiesta celebration, our place of worship has become silent. Like many of you, I was jarred by the reality of the pandemic; its rippling effects have drastically changed our way of life and even our worship. Recently, we resumed public Masses, but with extreme caution. So much so that it took weeks for a core group to tediously map out the guidelines. Like it or not, we had to transition to what is famously termed as the "new normal" in all aspects of our lives.

For those that are restricted from attending public worship, those who have lost loved ones to illness, those whose livelihood have been disrupted, those who were estranged from family and friends because of lockdowns, those who agonizingly wait for the vaccine—the days ahead may seem bleak. I feel you. Yet it is during this time of "zero visibility" that we are given the chance to clutch to our last vestige of hope, Christ the King.

As we prepare to celebrate our 41ST anniversary

as a parish, I urge all of you not to lose hope. Instead, I invite you to "Count on Christ the King." This is the reason behind our fiesta theme, **CTK41: Count on CTK.** There will be many more challenges ahead. But let us not forget that as baptized members of the Body of Christ, we are responsible to our community of faith.

Can we find a silver lining amid the crisis?

Our sub-themes show not one or two, but nine good things that can come out of our current situation. Our faith life is greatly challenged, but we continue to be in **communion** in prayer virtually or physically. Many suffer in silence and we reach out to **console** them. We realize that personal and traditional resources are inadequate, hence we **collaborate**. Our mission as a parish for others, though changed in context, **continues**. Dire circumstances have opened up floodgates of generosity and **charity**. We may have been prevented from gathering physically, but technology enables us to **connect** spiritually and

continued to page 22...



CTK41: COUNT ON CTK

OBJECTIVES

To mark the 41st Fiesta of CTKP-GM

To renew our relationship with Christ our King, our source of strength and mission, the basis of our hope, in these uncertain times

To inspire the community to live in hope and continue its mission in being a Parish for Others despite all odds

Amid the risks of the pandemic, to find memorable ways to celebrate the fiesta in simple, safe, meaningful, and essential ways

Sub-Themes for the Nine-Day Novena CTK's 9Cs

COMMUNION

Amid the challenges posed by lockdowns, quarantine, and health risks, the prayer life of the family and the community has been made stronger and more meaningful. While we miss being physically present in the house of the Lord, we lean into this time of cloistered family life also as a way to strengthen our "first Church," our families.

CONSOLATION

While before, many have been nonchalant, the crisis has touched our hearts and made us more sensitive to the struggles of others. This has urged us to reach out and lend solace and comfort in different ways. As Fr. Arsenio said, in this pandemic, it is important that we look, listen, and link.

COLLABORATION

The crisis has increased the urgency to respond, but also greatly restricted movement. This has spurred several collaborations with new and existing entities in order to have a unified and more effective response.

CONTINUITY

Rather than dwell on "what we had before," the community is continually revisiting its vision and mission in order to be true to its character of being a parish for others. As Fr. Tito Caluag said in his recollection, "Only the context and methods may change, but the mission remains the same."

CHARITY

Generosity has no limits. Instead of counting what people already commit and give to the parish, the crisis has opened more floodgates of generosity, realizing that the need is continuing and ever urgent.

CONNECTIVITY

The crisis has highlighted that communication is key in carrying out the mission of the Lord. This has spurred the community to explore creative ways to keep in touch in prayer, in evangelization, in presence, albeit virtual. While Pope Francis says the "ideal of the Church is always with people and the sacraments," embracing God in these trying times also means having an attitude of openness to new and different methods of evangelization.

COOPERATION

Being a true Catholic transcends prayer. It is also manifested in good citizenship. The need to stem the virus and to respond to various needs that arise require mindful and consistent compliance to health protocols. Despite the inconveniences this may pose, we understand that our obedience is a way to show love for God and for others.

CLERGY

We are blessed to have shepherds who constantly guide us despite personal restrictions and challenges. Through them, we feel that the Church is there for us, physically or virtually.

CREATOR

Rather than turn us away from Him, the whole experience of the pandemic is turning us back to our Creator. We know that is in Him alone that we will survive. It is in Christ alone that we have hope.



Overall and Worship activities coordinator: Peter & Leila Banico
Finance coordinators, Outreach activities co-coordinators: Bing & Elise del Rosario
Formation coordinators, Kamustahan co-coordinator: Fred & Maan del Rosario
Kamustahan coordinators: Regie & Joanne Polancos
BEC activities coordinator: Eileen de Leon

Social Communications activities coordinator: Tessa Mangahas



Be one with us in our celebration of CTK41: Count on CTK!

We invite you to use our CTK41 Facebook Profile Frame. It's easy!

- 1. Just go to "Edit Profile" and Edit Profile Picture
- 2. Tap on Add Frame.
- 3. Indicate keywords CTK 41 or CTK FIESTA frame on the left panel and select to preview.
- 4. Tap on "Use as Profile Picture".

You're all set! Happy Fiesta CTK41: Count on CTK!

Fiesta Calendar

OCT 30

Dedication Anniversary of CTK, 6pm mass

Launch of CTK41: Count on CTK

Release of digital Herald CTK41 issue

Launch of Facebook Profile Frame

Launch of New CTK Hymn music video

Roll-out of Online Ayuda Package to scholars of LoC c/o Ladies of Charity

NOV 7-21

Village Blessing and Procession of the Blessed Sacrament

NOV 13-21

CTK Novena Masses 6pm, Main Church, except Nov 15, 5pm

NOV 14

Kumpilang Bayan, 9am to 11am, Main Church

NOV 14

Formation Talk by Bp Pablo David, 7pm

live-streamed via CTK FB,

NOV 21

Fiesta Kumustahan via Zoom & CTK FB, 10am to 12nn,

Christ in our Hearts Concert Rewind, via CTK FB, 7pm

NOV 22

Solemnity of Christ the King 7am I 10am masses 4pm Holy Hour, Main Church 5pm Fiesta Mass Oplan Covid Outreach

Schedule of Novena Village Sponsors

6

NOV 13 Acropolis

NOV 14 Arcadia

NOV 15 Corinthian Gardens & Greenwich

NOV 16 Corinthian Hills

NOV 17 Enclave & Ivory Court St. Pedro Poveda College

NOV 18 Greenmeadows

NOV 19 Libis

NOV 20 St. Ignatius Village

NOV 21 White Plains

Village Blessing & Procession of the Blessed Sacrament Guidelines

Open to villages who will request the parish with the approval of their HOA and the respective barangay

Schedule of Village Blessing

All at 7:30am except November 8, 8:30am

NOV 7 Greenmeadows

NOV 8 Corinthian Gardens & Greenwich

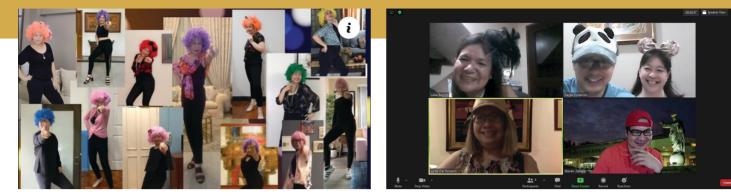
NOV 13 White Plains

NOV 14 St. Ignatius Village

NOV 20 Arcadia

NOV 21 Acropolis

Fiesta KUMUSTAHAN



PREVIEW OF FIESTA KUMUSTAHAN

- It's going to be a PARTY!
- Kumustahan in smaller group called "breakout rooms"
- Games in Zoom
- Viewing of Presentation Videos via Facebook

HOW CAN WE DO THAT?

We shall use two platforms:

- Zoom: to allow interaction among attendees
- StreamYard: to ensure good quality output of video presentations by live-streaming all videos via CTK FB, just like how we watch our online Masses
- Tutorials will be sent a week before event

E-INVITE WILL CONTAIN DETAILS OF JOINING KAMUSTAHAN

Food:

 Prepare your own fiesta food while you watch the program

Attire:

Colorful top and headdress



EDITORIAL BOX

Editor-in-Chief **Rissa Singson Kawpeng** Managing Editor **Tessa Mangahas** Editorial Consultant **Fr. Steven Zabala** Graphic Designer **Pio Mallari** Printer **The House Printers** Photo credits **Bing del Rosario, Fred del Rosario, Ladies of Charity, BEC, Agnes dela Cruz, Fely Ong, Fr. Ronnie Santos, Teenie de Leon, Mikee Maliksi, Maan del Rosario, Cubao Media, Tessa Mangahas, Eileen de Leon, Joanne Polancos**

The Herald is a quarterly publication of the Social Communications Ministry of Christ the King Parish Greenmeadows Avenue, Quezon City, Philippines

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OPLAN COVID

Elise del Rosario

THE CTK RESPONSE TO THE HARDSHIPS brought by the lockdown was almost instantaneous. Food supplies flowed to Libis through the Ladies of Charity who were in constant touch with the community. In true Parish for Others fashion, communities outside the parish boundaries were sought and found. This meant coordinating with the Diocesan SSDM coordinator who received sardines, corned beef, rice, frozen chicken, coffee and snacks for distribution. For Libis, the latest activity was providing breakfast of lugaw to households affected by the new lockdown stemming from the spike in cases. On the Diocese end, help came in the form of funds for five parishes who expressed the need to help nourish breastfeeding mothers.

Proponents of the project, that was eventually called Oplan Covid, kept asking how they could help more. The project evolved into three distinct programs, namely: distribute food to the parish and diocese poor communities, provide assistance to selected Quezon City hospitals and their frontliners; and extend financial support for the poorer Cubao parishes.

As operating funds of the 47 different parishes in the Cubao diocese dwindled due to zero weekend Mass collections, it became clear to Fr. Steve Zabala that several parishes would be facing severe cash shortfalls. A cash flow position analysis revealed that a lot of parishes had only a month or so left before running dry, prompting a decision for parishes that could afford to send whatever excess they had or collected to a common pool from which the poorer parishes could draw upon. Through the Oplan Covid donations received, CTK had been donating P400,000 a month to the common pool.

Donors of the Oplan Covid had a soft spot for the health care workers who were bearing the brunt of the pandemic outcome - they were being evicted from their housing and at the same time could not get to work because of the limited transportation. The request for help from Medical City was welcomed, as this is one hospital that is very well known to CTK parishioners. Nine parish organizations literally lined up to to provide daily food for the health care workers in their temporary lodging facilities, which in the end, lasted for only seven weeks.

Funds came in, specifically

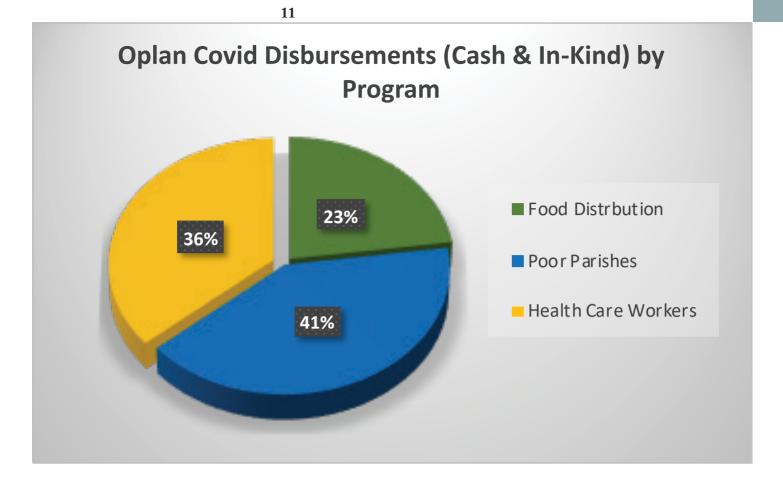






for health care workers. CTK coordinators lost no time in contacting public Covid hospitals in Quezon City, which while faced increasing number of Covid cases from indigent families and depressed communities, and had limited funds for PPEs and other equipment. Recipients of various items from mattresses, pillows, blankets, towels, t-shirts, to face shields, daily food rations and snacks were: East Avenue Medical Center (EAMC), Lung Center of the Philippines (LCP), Quirino Memorial Medical Center, Quezon City General Hospital, Philippine Children's Medical Center, and UP Health Service. Outside of the beddings, meals and PPE donations, a haircutting "Balik-Alindog" program was mounted for EAMC while UHF-VHF transceivers to allow communication among Covid triage, temporary receiving, and emergency departments as well as monobloc chairs for the overcrowded waiting areas were donated to the LCP.





A sizeable amount went into the specially requested five units of hepa air filters that were used to protect the emergency room occupants of the EAMC.

Figure 1 shows that when the donations in kind (for which peso values were estimated) are added to the cash donations, disbursements for food, health care workers, and poor parishes are 23%, 36% and 41% respectively. Total donations in cash and kind as of September 18, 2020 is at nearly P6.6 million. Cash balance is at P950,000. Figure 2 shows donations and expenditures for each of the three programs.

Surely in these worst of times, we see the best in people at the CTK Parish.

OPLAN COVID FINANCIALS as of			18-Sep-20
DONATIO	NS RECEIVED inter	nded for	
	Depends on need	3,157,599	
	Food Distribution	830,000	
	Poor Parishes	10,000	
Health Care Workers		1,212,740	
	Total	5,210,339	
	EXPENSES for		
	Food Distrbution	951,069	
	Poor Parishes	2,170,408	
Health Care Workers		1,140,349	
	Total	4,261,825	
	Fund Balance	948,514	

Greenmeadows 1 Parishioners Help in Cubao's SSDM 'Hatid Tulong' Campaign

Fely Ong

ON JULY 22 even amid the GCQ restrictions, a group of CTK parishioners from Greenmeadows 1 led by Fely Ong, social director of the First Greenmeadows Homeowners Association, initiated a fundraising campaign for the urban poor of the Diocese of Cubao. They were able to raise P670,000 worth of cash and goods. Upon the advice and blessing of Fr. Steve Zabala, the group turned over the funds and goods to Fr. Ronnie Santos for Cubao Diocese's "Hatid Tulong Oplan Covid-19." Father Ronnie heads the Social Services and Development Ministry of the Diocese. Photos on the following pages show the donations being distributed to the urban poor and other needy parishes of the diocese including San Pedro Bautista Parish, 190 families of Divine Mercy parish, Santa Perpetua Parish, San Antonio Parish, Holy Redeemer Parish, Masambong, Nativity Parish, Sitio Militar, Damayang Lagi, Holy Family Parish, St. Joseph Parish Balintawak, Tatalon community, Sto. Domingo Parish, Xavierian missionary, Tulay Obrero, Sitio San Roque, Parish of the Holy Sacrifice, San Isidro Labrador Parish, and Boracay Creekside of SSDM.

The group launched a second drive that generated another P450,000, bringing the total donations P1,120,000. This was also turned over to Fr. Ronnie on September 5.







Diocese of Cubac God bless!











Ladies of Charity and the CTK Scholars During the Lockdown

Mambie Aquino

THE CURRENT PANDEMIC has unnerved most, if not all of us. It has forced us to rethink the way we do things, to redirect priorities, and to refocus our mindsets. It was tough in the beginning, but as the months passed, we have learned to deal with the changes, finding creative ways to meet, greet, break bread, and catch up with one another.

The Scholarship Committee of the Ladies of Charity, also went through some serious discussions on how the changes would affect its scholars, what with schools closed and face-toface classes no longer possible. Grades 7 to 12 scholars receive P1,000 a month in assistance, while the college scholars receive P1,500 a month. They would usually use this money to buy school supplies and other needs.

Today, distance learning has become the norm. Thus, the educational assistance for scholars had to be repurposed to purchasing Internet connection or load so that the students can continue their studies and catechetical instruction. For now, the allowance is being dispensed through GCash. But this alternative has become a bit tricky. So, starting December, the cash will have to be distributed manually, through the LOC coordinators from Libis and Bagumbayan.

But the providence doesn't stop there. Because many of the scholars' parents lost their jobs due to the negative financial impact of the pandemic, the Ladies of Charity has decided that as part of the celebration of the feast of Christ the King, they will give a cash gift to the scholars.





MANDATORY SCHOLARSHIP ORIENTATION & WORKSHOP September 8, 10, 15, 16 CRADE 7 TO CRADE 12

GRADE 7 TO GRADE 12 IST YEAR TO 4TH YEAR COLLEGE STUDENTS

Pause Reflect Connect

Discover more of who you are, so that you can be more for yourself, your family, and the future that is waiting for you!



ADIES OF

CHARITY

FACILITATOR: Coach Monette Santos-Fider Strengths/Life Coach Co-Founder Querencia Consulting



Let the Learning Continue

Mikee Maliksi

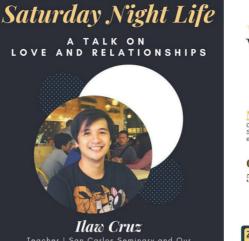
THE CALL to social distancing didn't keep the youth of the parish from gathering and learning—virtually of course. From May to June, while they didn't invite any speakers, their monthly gatherings were conducted fellowship-style. The Gospel of the day was read followed by kamustahan, where the young people were able to touch base with each and update one another on how they were coping with the changes the new normal brought.

In July, Ilaw Cruz, a teacher at the San Carlos Seminary and Our Lady of Guadalupe Minor Seminary gave a talk on love and relationships. Ilaw shed light on on the love, emphasizing that it isn't only limited to the romantic type. The youth were particularly interested in his talk because he was a former seminarian who is now happily married. In August, the youth listened to a talk on "Well-Being: Building Resilience for a Stronger YOUth" by Monette Santos-Fider. Monette is a co-founder of Querencia Consulting and a certified Strengths Coach with over thirty years of experience in training, development, and education. She encouraged the youth to look inward, reflect on where they are today, and what led them to this point in their lives. This way, they can better understand how they can help themselves through these uncertain situations.

September brought Keisha Constantino to speak on "Adjusting to Online Learning," which was useful information for all students who are relegated to studying at home. A lecturer at the Department of Family Life and Child Development at UP Diliman, Keisha shared tips and tricks on how students can better adjust to the new normal in the education system. Aside from students, there were a few moms and teachers who joined in the gathering, interested to learn so they can help their kids and students more.

October saw the return of Monette Santos-Fider due to popular demand from the youth. Monette gave another talk on well-being, but this time making the session more intimate with breakout groups. She also gave personal questions to reflect on regarding past experiences and hopes for the future. She gave her audience tips on how to build your resilience by having small tasks and goals. She also said that our resource to cope must be greater than our sources of stress. That's why it's important to make time for self-care, rest, hobbies, and other refreshing activities.





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Teacher | San Carlos Seminary and Our Lady of Guadalupe, Minor Seminary

JULY 11, 2020 | 5:00-7:00 PM ZOOM ID: 566 614 5608 ZOOM PASSWORD: CTK



SATURDAY NIGHT LIFE

Adjusting to Online Learning

Connect with Keisha Constantino Lecturer at the Dept. of Family Life & Child Development, UP-Diliman

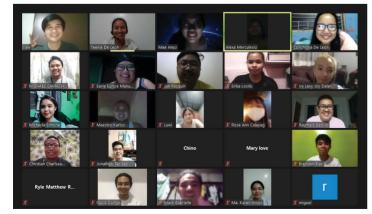
September 12, 2020 5PM-7PM ZOOM Meeting ID: 819 7401 983: Passcode: 297721















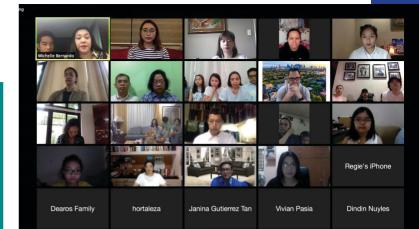
TALK ON INTER-RELIGIOUS DIALOGUE AND FRATERNITY SPEAKER: BAI HONEY USMAN



"In keeping with the spirit of *Fratelli Tutti*, Pope Francis' encyclical on fraternity and social friendship, we welcome this talk, our speaker. We should have no borders; we are one family. There are no 'others,' no 'them,' there is only 'us.' Our God is a God of dialogue. We should have openness of heart. This allows fraternity to happen. This is very much in keeping with the embracing, welcoming character of CTK as a parish for others." (Fr. Steve Zabala)



"Both of our faiths, Christianity and Islam are wellsprings of peace. May we foster a culture of faith and peace." (Bai Honey Usman)

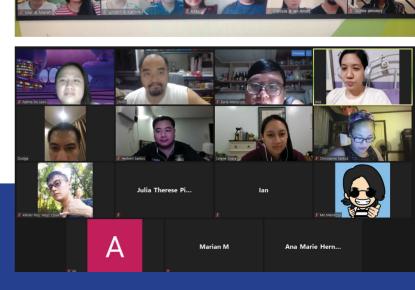




MVP OBJECTIVES

To present the beauty and dignity of the Sacrament of Matrimony as a sign of Christ's love for the Church, and to stress the importance of marriage as a covenant of love and fidelity for life according to the teaching of Christ.

- To help engaged couples deepen and strengthen their relationship by a more profound knowledge of each other
- > To help couples realize the importance of their marriage for them and for the Church
- ► To motivate couples to have a great marriage
- ▶ To enable engaged couples, through couple-to-couple sharing, and through the example and



A Legacy, A Testament to God's Grace

What readers are saying about Christ the King Greenmeadows: A Parish for Others Coffee Table Book

The CTK coffee table book is a legacy—it gives the reader a clear picture of how the parish evolved from its humble beginnings to the present "parish for others." I really liked the long shots of the altar.... The effort of the editorial team is very much appreciated... especially in this time of pandemic.

> Wanda Reyes Apostleship of Prayer Head

Without nary a doubt, I can say I am a proud parishioner of CTK. I'm happy I found my identity in the parish, which I want to share with my family and our future generation. Aptly chronicled in this CTK coffee table book through its articles and pictures are the reasons why I love our parish and why I am here. Hopefully, others will also see in this book, as I did, that to be in this world is not a solo act. We need collaboration. We need other people to be productive and to fulfill our mission here on earth.

Going through pages of 40 years of Christ the King clearly shows how many people helped and invested their time, talent, and treasure to make CTK the parish it is today. Through this coffee table book, I have a way of passing on to my grandchildren my love for CTK long after I'm gone.

> **Eileen de Leon** Basic Ecclesial Community Head

What Marie Anne and I liked most was that the coffee table book was done professionally. A big hurrah to the editorial team, especially the editor and project managers, who spent time and effort to produce this beautiful coffee table book pro bono.

After going through the book, we learned that our CTK parishioners are very talented. They are achievers and have been very generous to the church throughout its 40-year history.

What struck us as unique from other books of the same type was that the writeups were concise but extensive, and the photos were clear and colorful. In addition to the quality of the pictures, the historical story of servant leadership of people behind the planning and building of our church was impressive. The writeups we most appreciated were those about the CTK priests. I like the story how many succeeding priests and lay people cooperated and worked hard to make our church and community a model for the whole country. I also like the story of how the CTK touched the lives of the youth, particularly those from underprivileged.

Bert Santos Former PPC Lay Coordinator

It is an excellent beautiful piece of work! I am in awe at how Fr. Steve Zabala and many others put it together. It is a perfect testament of love for Christ the King and the parish named after Him.

> Melanie Aquino White Plains Village Coordinator

If you are a parishioner of CTK, this coffee table book is a "must-have" copy. Your name or your photo may not have made it to the final cut, but you know in your heart that you are a part of this story. Because this book tells the story of CTK, which would never be complete without you. We are all in this book as we are all in the story of CTK.

Leila Banico PPC Asst. Lay Coordinator

Awesome coffee table book! I discovered why CTK is truly a community for others—where the lost will find meaning and purpose in life.

> Fely Ong First Greenmeadows Village Coordinator

The CTK coffee table book is a legacy like no other. It chronicles in living color the journey in faith of its parishioners, as well as the growth of the church among communities that merged and continued to work as one.

> Bet Montecillo Formation Ministry Head

This book covers the history of CTK comprehensively with colorful pictures, well-written text, and chronicle of events. It is indeed a nice addition to my collection of coffee table books. Congratulations to all who contributed to its completion and publication!

> Lolita Ty Lector and Commentator

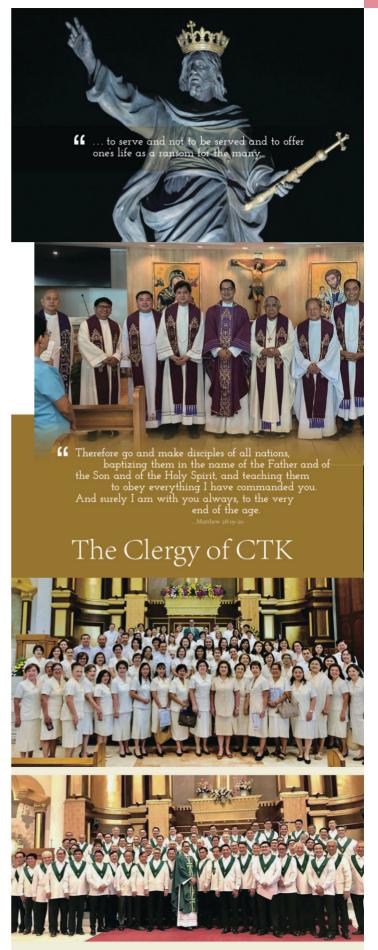
It is very comprehensive and gives us a deeper understanding of our parish, its past, its present, and where it is heading in the future. The book has highlighted the many activities where we can participate and be an active part of.

Through the article on Oplan Covid, we also appreciate how the parish admirably responds to unprecedented events like the pandemic. It clearly conveys that the parish is always ready to help and contribute to those in need. Illustrating what an essence of a parish should be, its outreach efforts and the community involvement shows the heart of the faithful, and how the parish has played a vital role in translating the Lord's love into action.

> Tony & Rose Ong Lectors and Commentators

Christ the King ^{Greenmeadows} A Parish for Others

BUY YOUR COPY NOW! Only P1500 for 228 pages of inspiring stories and beautiful photos of a parish's continuing journey of faith. For inquiries and purchases, call Marj at the parish office, 86384838.



A Parish for Others 🕂

Casa Setenta Updates

December 7, 2019

Casa Setenta is launched to raise funds for the Casa de Silencio construction.

March 2020

After Father Steve's fundraising birthday breakfast, funds reach P43 million.

April 2020

Casa Setenta efforts are put on hold to give way to Oplan Covid and other urgent Covid-19 response efforts.

December 2020

Tentative relaunch of Casa Setenta fundraising initiative.



- CTK's campaign to raise 70M in 7 months, from Dec 7, 2019 to Jul 12, 2020.
 New deadline: December, 2020.
- ▶ 1.5M | 750k | 500k | 250 | 100k | 10k | 2.5k |

CASA



Exceeded





UPDATE

- 7.21% (actual) vs 10.33% (schedule)
- ► Reasons for delay
 - ► Covid
 - No pouring of concrete for tie beam and column due to absence of building permit

- ► No rebar delivered
- ► Bored pile completion
- Completion date delayed to 4 months. From May, 2021 to September, 2021.



Status of construction of Casa de Silencio Retirement Home and Convention Center

We will miss your smiles, few yet so precious. Thank you for your service to the Church. Thank you for your heartfelt homilies. Thank you for your presence in CTK. Thank you for your guidance and tongue-in-cheek humour. No frills, only faithful service. Rest now, our beloved Monsignor Morti.

> We love you. Rest in peace. May God's perpetual light shine upon you

Monsignor Antonio Mortillero November 5, 1935 - October 10,2020

CTK GUIDELINES FOR PUBLIC WORSHIP

CTK Worship Ministry During the Pandemic

Leila Banico

IT BEGAN WITH recommended guidelines to be observed during liturgical celebrations in early February—praying the Oratio Imperata for Protection from N-Corona Virus, communion by hand, no physical contact, etc. The Lenten season began with a tweak on Ash Wednesday—the sprinkling of ashes on the head instead of the usual imposition on the forehead.

Anxiety started to build up. How are we going to celebrate Holy Week and the Easter Triduum? Then the breaking news came. Suspension of all public Masses effective March 14 until further notice.

The last public Masses on March 13 felt so uncertain. When will we return to church again to celebrate Mass together?

Father Steve wasted no time. CTK started its live-streamed masses on March 14, the third Sunday of Lent, using his personal phone and a tripod.

Live-streamed on the CTK Facebook page, online Masses were set Monday to Saturday, 7 A.M. and 6 P.M., on Sundays at 7 A.M. and 5 P.M.

What we had not planned for, God had planned for us! He opened up a new church in every home as we celebrate the Eucharist and receive communion through the Act of Spiritual Communion.

It was bizarre at first, celebrating the Mass with only the presider, lector, cameraman, and lots of empty pews. But as days passed, it became our new normal.

Technical difficulties initially experienced were slowly being resolved. Each day brought improvements that made our online Mass better.

Despite the limited manpower and equipment, whispers of the Holy Spirit

inspired us with activities beyond online Masses, like the Online Way of the Cross on the Fridays of Lent, Exposition of the Blessed Sacrament, Holy Week and Easter Triduum celebration, as well as an indoor Salubong during the Easter Vigil, Via Lucis on Thursdays of Easter, and the Rosary Triduum for the Memorial of Our Lady of Fatima.

The collaboration of time and talent of quarantined CTK staff, available ministers and, most of all, our CTK clergy who multitasked as presider and choir—Fr. Steve Zabala, Fr. Ricky Montañez, and Fr. Jojo Gatdula—are truly God's gifts!

CHRIST THE KING PARISH GREENMEADOWS Updates as of October 24

1. CTK will have expanded seating capacity of 196 as of October 31, 2020. This is compliant with 6-feet physical distancing. Walk-ins allowed during weekday masses. Anticipated and Sunday Masses are strictly by reservation only through www.churchseatbooking.com.

2. Weekday Mass goers may access the Contact Tracing Form online for contact free submission via:

- bit.ly/CTKcontacttracingform; or
- the QR code



3. Mass goers may connect to CTK FREE WIFI for easier online transactions.

4. Fr. Steven Zabala, Fr. Ricky Montañez, Fr. Jojo Gatdula will bless all CTK crypts in a closed door ceremony on November 1.



BISHOP ONGTIOCO recently ordained two new priests in the Diocese of Cubao amid the pandemic. With only a handful of attendees, Rev. Fr. Edward Anthony Cometa and Rev. Fr. Mark Anthony Catilogo were ordained on June 13, 2020.



Church Leaders Oppose Plan to Rename QC's Del Monte Avenue After FPJ

RELIGIOUS LEADERS are against the plan to rename Del Monte Avenue in Quezon City to Fernando Poe Jr. Avenue. Renaming the avenue will "deny 400 years of history that is San Francisco del Monte," according to the Association of Major Religious Superiors in the Philippines. The present Minore Basilica de San Pedro Bautista Church, named after the Franciscan priest and saint, was used as a camp by the Chinese rebels in the 1639 uprising led by Limahong.

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respond. We comply and **cooperate** with ordinances crafted for the public good. We, your **clergy** are constantly exploring ways to reach out to you. And of course, all these have propelled us to train our eyes solely on our **Creator**. Christ the King.

We are a "parish for others," counting on Christ the King.

As your parish priest, I implore you to be faithful to your stewardship calling. We need good stewards now more than ever. Many people are still suffering. Oplan Covid may be around for a much longer time than we expected. We have lost one of our very own, Msgr. Tony Mortillero, who espoused the importance of building Casa Setenta. Our ministries and programs are plodding along in the safest way possible. Many volunteers are coming up with creative ways to help the Church whose care is now more needed even if its resources are quickly dwindling. As a parish, we will continue to pray together, listen together and respond together. We are a people of hope. We know in our hearts that Christ our King is always with us. This is the fundamental truth of our Catholic faith.

In this time of zero visibility, we can only count on CTK, Christ the King. It is the single most important thing that we should do. Hope is crucial for all who suffer. Allow me to quote an excerpt from the encyclical *Spe Salvi* (Saved by Hope) of Pope Emeritus Benedict XVI: "The present, even if it is arduous, can be lived and accepted if it leads towards a goal, if we are sure of this goal, and if this goal is great enough to justify the effort of the journey" (*Spe Salvi* 1).

Our goal is to keep the spirit of being a parish for others ablaze amid these troubling times. Our method is unconditional love. Our certainty is that God will never leave us alone. We count on Christ the King, "beyond the past, present, and future."

A blessed fiesta to everyone!



Weekend Masses Online Reservation

Reserve @ www.churchseatbooking.com ONLINE RESERVATION PERIOD: Tue, 8am to Sat, 12nn Sun 5pm extended until Sun, 12nn

For details and safety protocols, visit facebook @CTKPGreenmeadows | www.christthekingparish.ph

YOU CAN NOW SEND US YOUR MASS INTENTIONS ONLINE!

For inclusion of your prayers of **Thanksgiving, Special Petitions and Repose of Souls in CTK's Masses,** please visit **christthekingparish.ph/mass-intentions** and accomplish the forms. You will also find information on how to make love offerings.

Cut off time is 12 noon for same-day evening Masses and Masses for succeeding day/s.

Thank you for your generosity! We continue to be together in prayer.

A 'Hate-Love' Relationship

Rissa Kawpeng

I HATE YOU, VIRUS.

You shut down my world and locked me up in my house for months on end. My kids can't go to school and play with their friends. My husband's business was closed and he had to pay the salary of his people who didn't go to work.

I love you, virus.

We stay cooped up in our home, playing card games like speed, monkey monkey, and gin rummy. We bask in the sun to get our vitamin D and exercise together on YouTube. Our entire household recites the rosary every night, praying for the end to the pandemic. I crocheted. Chris attempted to fly the quadcopter inside the house. Erin learned to play "Dance Monkey" on the violin. Charlize started and finished her first cross stitch project. We celebrate Mass in our dining room and our house is our chapel.

I hate you, virus.

You brought airline travel to a halt. You ruined our first family vacation to Europe. There goes Istanbul, Barcelona, and Lisbon. Instead of being in a cool place, enjoying new sights and savoring new cuisines, we were sweltering even in an air-conditioned room and jacking up our Meralco bill.

I love you, virus.

We discovered how blessed we are to have this roof over our heads. We explored every nook and cranny that we never had time for in our "previous" life. We lived in our living room. We dined in our dining room. We all slept together snuggling in one bedroom—dog included—concocting "Starry Starry Night" stories before drifting into dreamland.

I hate you, virus.

You kept me from going to church, which I used to visit every morning. I miss my "classmates" in daily Mass and the chitchat we would exchange after. I've wanted to go to confession but that's still not an option at the moment.

I love you, virus.

Yesterday was my first time to attend a face-to-face Mass again. The chapel is now a studio with a three-camera setup, monitors, lights, and cables snaking on the floor. I was teary-eyed as I entered, appreciating this great blessing I was deprived of for the past three months.

During communion, I waited with bated breath to receive Christ's Body once again, no longer having to imagine His flesh being laid on my tongue. I wanted to savor the moment. Make time stop. Bask in the experience. And in Korean drama fashion, just as the leading man was about to give me a kiss, someone barges through the door. Oops, I had to hurry to the lectern to pray the Oratio Imperata.

I hate you, virus.

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You have claimed the lives of many and prevented those who've lost loved ones to grieve properly. My Tita Miriam died last week after eighty-six years of a life well lived and her family couldn't give her a fitting send-off. We had to settle for novena prayers via Zoom every night.

I love you, virus.

You shook our world, making us realize that most of the things we deemed essential were actually distractions from what was most important. You brought us back to the basics. You simplified our lives.

Today, I drove to church to attend face-to-face Mass again. As I waited for the guard to let me in, I saw a policeman in fatigue pants on road. He was facing the church. I thought he was on duty until I saw the prayer card in his hand.

He stood between the entrance and exit signs of the driveway, reminding me of how frail our life is. Between those two signs, our end can come—suddenly, unannounced, unexpected. So we have to be prepared every day. That policeman whom I thought was guarding the church, was imploring God to protect him and his loved ones. I joined him in his silent prayer as he lifted his hand to his chest, eyes to the image of Christ the King, who is sovereign over all.