



THE HERALD

CHRIST THE KING PARISH • GREENMEADOWS



FATHER'S HEART TODAY

WHEN LESS IS MORE

Fr. Steven C. Zabala — *Parish Priest*

Halfway through the year, our Parish Pastoral Council came together to plan and present budgets for the coming fiscal year. This was the second year that ministries presented plans in the backdrop of a crippling pandemic that has greatly restricted movement and curtailed resources. I managed my expectations. Traditional fund sources have been significantly reduced. Programs would expectedly be less. Reach would understandably be limited. In pre-pandemic times, the pastoral budget would usually be as much as P8 million and still it wouldn't be enough. With livelihood and businesses reeling, and people scrambling to make ends meet while quarantined to avoid infection, I braced myself for a diluted and less than dynamic pastoral calendar.

I was so wrong.

Creative Evangelization

Instead of becoming tepid or presenting lackluster programs due to slashed budgets and curtailed movement, CTK ministries have taken the pandemic by the horns. Ministries presented creative ways to perform their mandate albeit virtually. Majority of ministries asked for zero or reduced budgets. Not only have most of the ministries tried to self-sustain their activities, they've even found ways to generate funds and donate these to the parish! From selling "faith masks" and religious-themed tiles to steady donations to Oplan Covid and Pantry for Others, from waived stipends and DIY activities to exploring podcasts and continuing pre-Cana, confirmation, and even communion within safety standards, life goes on in the parish!

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ROMAN
DIOCESE

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More for the Needy

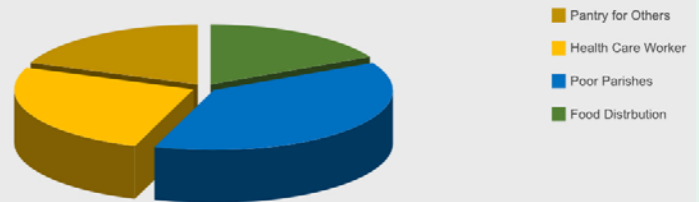
But wait, there's more. Before the pandemic, the Social Service Development Ministry (SSDM) accounted for 57% percent of the P8-million pastoral budget. As the social action arm of the parish, this ministry gets a hefty chunk of the funds because of the parish's many outreach programs that go beyond its boundaries.

For the fiscal year 2021 to 2022, the pastoral budget dipped to P2.7 million.

Yet here's the thing.

While the pie may be much smaller, decreasing by as much as 219% from pre-pandemic levels, the chunk for outreach projects grew even bigger! From 57%, the allotment of SSDM has increased to 72% of the total pastoral pie. We not only continued our programs with less funds, but also increased our emphasis on social services and development.

SOCIAL SERVICES DEVELOPMENT MINISTRY ALLOCATION 2021-2022



gathering, it was primarily a time to renew, reinvigorate, restore, and infuse fresh inspiration in our mission. Bishop Nes reminded us to incarnate the Gospel in our places of assignment. The Parish Pastoral Council assembly and the Clergy Renewal were events that reminded me that even amid a pandemic, the grace of God flows and renews. It refreshes and restores our spirit. There is fresh passion and excitement in our efforts to incarnate the Gospel teachings because we feel that our mission is ever new.

This is the miracle of the loaves and fish unfolding every day in our community.

This is how CTK continues to manifest itself as a Parish for Others.

This is how our patron Christ the King sustains, shelters, and shepherds this community "beyond the past, present, and future."

As we commemorate 500 Years of Christianity, I am beyond blessed and grateful to be part of the continuing miracle and journey with you all. —



Always New

Last year, CTK collected around P8 million in donations for Oplan Covid alone, which is CTK's response for those hard hit by the Coronavirus crisis. We saw how donations poured in for Oplan Covid coming from all directions and in all forms. We continue to respond to health workers that seek our help. We continue to boost community pantry efforts of the diocese through our own Pantry for Others. We've helped needy parishes that could hardly sustain their operations. All these were above our regular outreach programs to the sick, scholars, children, and depressed areas. In truth, it could be said we had allocated a total of P10 million (2 + 8 million from Oplan Covid) to help others in the past year.

Recently, the Diocese of Cubao had a Renewal of the Clergy at the Immaculate Conception Cathedral. It was the first time after more than 15 months of quarantine that the clergy of Cubao gathered face to face. More than a social

EDITORIAL BOX

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A TIME TO REJOICE, TO TAKE STOCK, TO SHARE

CTK's Porta Sancta Opening

Tessa Mangahas

*Open the gates of justice,
we shall enter and give thanks to the Lord!
This is the Lord's gate. Let us enter through it
and obtain mercy and salvation!*

On Good Shepherd Sunday, April 25, Cubao Bishop Honesto F. Ongtioco DD formally opened the Holy Door (Porta Sancta) of Christ the King Parish Greenmeadows as part of the diocese's celebration of 500 Years of Christianity in the Philippines.

With Fr. Steven Zabala and Cubao's main liturgist Fr. Ron Mariano Roberto, Bishop Nes congratulated CTK for

being chosen as one of nine Jubilee Churches as approved by Pope Francis, who has consistently lauded the Filipino's strong faith.

In his homily, Bishop Nes said that this is an opportune time to intensely mark 500 years of Christianity. He said the community should be thankful for the gift of faith because the occasion not only marks an important historical event, but an affirmation of His Story in God's people. Bishop Nes said that the story of God continues to work in the community's life as evidenced by the bountiful blessings and graces it has received even amid the pandemic.

Bishop Nes expressed the hope and prayer that CTK community will continue igniting its compassionate zeal. "Celebrating has meaning only if it ignites missionary spirit in our hearts. While some have grown old or cold, others may have forgotten their commitment promised during baptism, we hope that being a Jubilee Church can be more than a time to rejoice, but a time to take stock of how much we have shared our gifts," he said.

During the same celebration, parish priest Fr. Steven Zabala also announced the schedule that pilgrims can visit CTK including the ways to gain plenary indulgence. CTK will be open to pilgrims from April 26, 2021 to April 22, 2022, Monday to Saturday at 10 a.m. to 3 p.m. and on Sundays at 11 a.m. to 3 p.m.





BEC AND MUSTARD SEED MINISTRY VISIT THE CHILD HAUS

Eileen de Leon

The CTK kids culminating activity for Mary Month of May was to make get-well-soon cards or I-care cards for sick children in hospitals. The Basic Ecclesial Community (BEC) and Mustard Seed ministries expected to gather 30 cards, but Mama Mary blessed us with 80. We sent cards to Child Haus, a halfway house for indigent children with cancer who lived far from the Children’s Medical Hospital, and to the Children’s Ward of the Philippine General Hospital. Donations kept coming so the BEC also gave sandwiches, cookies, toys, chocolates, and rosaries.

The head of ChildHaus, Dra. Rachel del Rosario, said it was the first time their children received get-well-soon cards.

The BEC and Mustard Seed are grateful to the CTK kids for their wonderful cards that show the love of Mama Mary to other children. Gratitude goes out to the other donors and sponsors who contributed to taking these children’s minds off chemotherapy, even for just a day. Teri Floro represented the ministries to turn over cash donations for the milk of the sick children.



MY SUNDAYS IN MAY

Nikki Aniban, White Plains

“It’s time for Sunday school!” It was five minutes before 10 a.m. on a hot Sunday morning. My girls, along with their cousins, ran to their worktable where my laptop, a few printouts and crayons are setup.

For the whole month of May, Christ the King’s Mustard Seed Ministry and the BEC organized weekly Zoom classes for children to get to know more about Mama Mary. Various villages were invited, and coordinators would send us materials to print as preparation for the topic. The activities were age-appropriate, and the volunteer facilitators engaged the children well.

This is how Sunday school looks like these days, but I was happy that no matter the situation, my kids continue to have a venue to learn about our faith and values.





MUSTARD SEED SUNDAY SESSION WITH LIAM AND LUKAS

Mia Sy

Our kids, Liam and Lukas, started joining the Mustard Seed Sunday online session last May 8, 2021. They were a little shy at first because they were new to the group. But when the facilitator called their names, they felt happy and excited to be with their new classmates. The activities are appropriate for their young minds, and they are eager to absorb everything that they hear from the mentors. We liked the part when the mentors would incorporate fun activities, like drawing and coloring, so our kids would also enjoy while learning about Mother Mary. All the mentors were awesome.

It's great to have the support of the church as we teach our children about the life of Jesus, Mary, and Joseph, and the truths of Scripture. We continue to take our kids to Sunday online activities like these so they'll learn the good habits of church attendance.

WHAT MAMA MARY MEANS TO ME

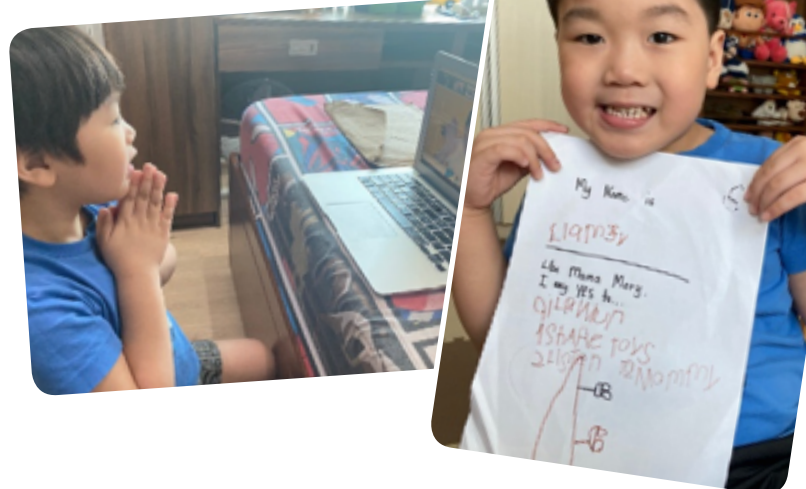
Koyen Cipriano-Dela Cerna

One Sunday in May, the Mustard Seed activity was honoring Mother Mary. It was a nice activity that I experienced with my four-year-old daughter, Alessa. I've introduced her to Mother Mary since she was in my tummy. I would pray the Rosary every day as she grew. When I delivered Alessa, we thought she would come out on September 8, Mama Mary's Birthday. But she decided to arrive on September 13, five days later. We still named Alessa after Mama Mary.

The Rosary has been my go-to prayer. There are times I don't know what to say, but I know in my heart of hearts Jesus can hear me and Mama Mary is interceding for me with every Rosary I pray.

Alessa has been joining me in my daily Rosary zoom meetings before she sleeps at night. Little by little, she is learning about the stories of the mysteries of the Rosary. She just recently mastered the song of the "Hail Mary."

I learned about Mama Mary through my grandmother and my mom. So I am a firm believer that everything starts at home. Our first teachers are family members and extending to our communities like our church. That's why having the Mustard Seed ministry for our growing children is a big plus. It helps the formation of our children, which supplements what we teach our children at home. After all, it takes a village to raise a child.





WHITE PLAINS COMMUNITY PANTRY AT WORK

Betsy Tenchavez

The White Plains Community Pantry began with a table of two empty baskets and a sign that expressed a belief that God would fill the table. We prayed He would send the people He wanted to feed and multiply our resources. And He did.

In just a day, He brought us almost 1500 disadvantaged neighbors. God was attentive throughout the 40 days of our community pantry. When the hungry came, so did the food. When the supplies were running short and the lines were still long, it took just one text appeal and replenishments immediately arrived. And this happened more than once.

Beautiful stories of generosity have come out from these tables, children and grandchildren sharing their time and coin savings, and residents opening their homes and storehouses, their wallets, and their hearts.

Aside from those who gave in cash and kind, there were also our pantry bantays, home cooks, packers, hubs, and “pasabay” organizers. They came together not just to feed the disadvantaged but also to strengthen the belief in the goodness of men and women.

It took a village to undertake this project and what a village this is. Together we can contribute to the healing of our wounded world.

Thank you, White Plains residents. What a privilege to be living among you!

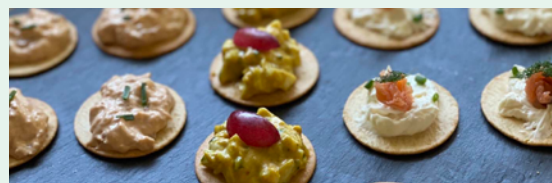
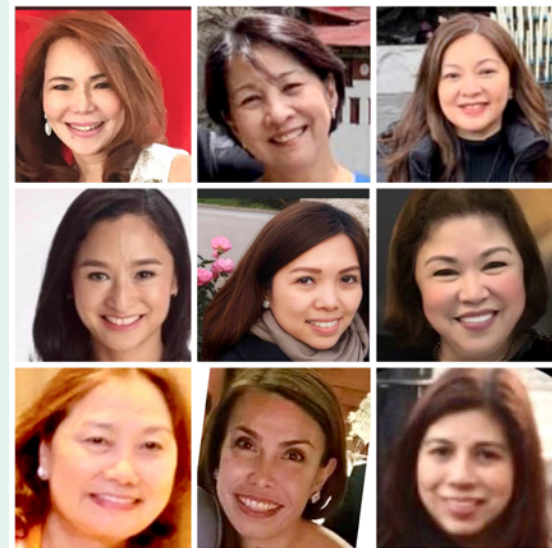
GREENMEADOWS RESTARTS ITS BEC GATHERINGS WITH A TEA PARTY

Rissa Singson-Kawpeng

The Basic Ecclesial Community in Greenmeadows needed a creative way to restart its gatherings in a pandemic setting. It had to be interesting enough to make busy residents want to attend and interactive enough to keep their attention in Zoom for a couple of hours. The core group of nine, spearheaded by CTK village coordinator Fely Ong, came up with a terrific idea: a tea party where attendees learn to make petit fours.

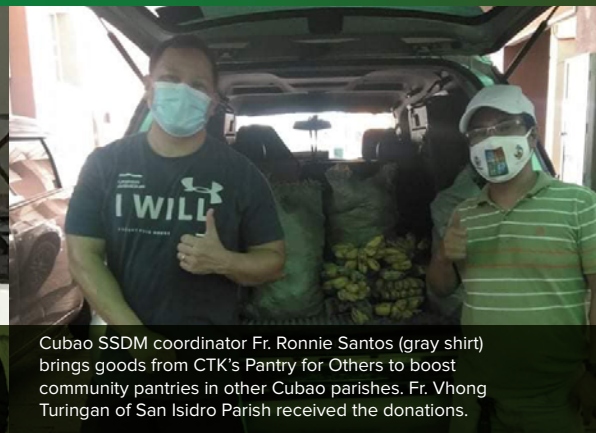
For the convenience of the attendees, the core sent out free kits a day before the event to those who registered. The personalized kits had all the ingredients needed as well as recipe cards. On May 13, the afternoon of the tea party, they flocked to Zoom where they followed a live demo by Chefs Meg Victorino and Koyen Cipriano de la Cerna, both CTK parishioners. As the attendees prepared the dishes, Rissa Kawpeng interjected between lulls in cooking instructions with Gospel lessons from the story of Martha and Mary. Tessie Moran also gave a short but inspiring reflection that expounded on the theme of spirit of service. She spoke of the value of a mother’s work at home because it’s a way of giving importance to the family. The home should be a place where the family feels loved and cared for by what the mother does for them.

The afternoon was a smashing success as evidenced by the beautifully plated petit fours that attendees posted on Viber. The BEC Tea Party unleashed people’s inner chef and, hopefully, their excitement to attend the next BEC gathering again.





Fr. Herbie Santos helps distribute goods during the Parish of the Lord of Divine Mercy's community pantry.



Cubao SSDM coordinator Fr. Ronnie Santos (gray shirt) brings goods from CTK's Pantry for Others to boost community pantries in other Cubao parishes. Fr. Hong Turingan of San Isidro Parish received the donations.

CTK'S PANTRY FOR OTHERS

God's mercy and compassion in bayanihan

Tessa Mangahas

Call it the Easter spirit overflowing. Or maybe the example of the Good Shepherd outpouring. But sometime in April, community pantries appeared all over the country. Small booths with the slogan “Magbigay ayon sa kakayahan, kumuha batay sa pangangailangan,” (Give what you can, take what you need) sprouted nationwide, more than 6000 as of last count.

The Diocese of Cubao was not left behind in the effort. Even before Good Shepherd Sunday on April 25, more than 10 parishes already set up their own versions of the community pantry. On Good Shepherd Sunday, Bishop Honesto Ongtioco directed all parishes of the diocese to launch their versions of the community pantry.

Coinciding with the opening of CTK's Porta Sancta (Holy Door) on April 25, Fr. Steven Zabala launched CTK's Pantry for Others, the parish's version of the community pantry concept. Fr. Steve said that the Pantry for Others is a manifestation of the Lord Jesus' shepherding which also awakens the Filipino bayanihan spirit.

Amid challenges of accessibility, potential virus spread and logistics, CTK's Pantry for Others did not have the poor form endless lines under the elements. Instead, Fr. Steve enjoined the parish to send donations of cash and non-perishable food items to the parish. CTK set up a drop box in front of the Main Church for food donations. The parish office accepted cash donations while others opted to donate via bank transfers. These were forwarded to Fr. Ronnie Santos of the Social Services Development Ministry of Cubao and Caritas Manila. These entities identified the parishes that had large concentrations of poor communities and distributed the items to boost the community pantries of these parishes. Cash donations were used to purchase perishable food items such as vegetables, eggs, coffee, milk, bread and the like.

A quick check with Elise del Rosario of the Parish Pastoral Council reveals that to date, CTK's Pantry for Others has generated Php 1,025,300 cash donations which were turned over to the Diocese of Cubao Caritas. In-kind and food donations were distributed to Libis community (Php 145,721.00), Hospicio de San Jose which went on lockdown (Php 66,193.00) and the Diocese of Cubao SSDM (Php 414,797.00)

Fr. Ronnie Santos of Cubao's SSDM reveals that since Day 1 of the pandemic, he has been coordinating with CTK's counterparts Mila Bangco and Fely Ong for various outreach projects. CTK's Oplan Covid and Greenmeadows fundraisers have also helped those who are struggling in this pandemic.

Fr. Ronnie shares that among the more the 20 parishes that have received donations from CTK's Pantry for Others are Santa Perpetua Parish, Parish of the Lord of Divine Mercy, Holy Cross Parish, San Antonio Parish, National Shrine of the Divine Word, Our Lady of Perpetual Help Parish, Santo Cristo Bungad Parish, Holy Redeemer Parish, Nativity of Our Lord Parish and Mount Carmel Parish.. He says that these acts show a Church alive and moving to feed the flock. He expresses his thanks to the generous donors of Christ the King Parish Greenmeadows affirming that the community is truly living up to its character as a parish for others. “CTK is a giving parish ever ready to share and journey with those in need. Thank you, CTK for being our mission-partners in all our social services and programs. Thank you for being channels of God's love,” he says.

Indeed, the face of the Good Shepherd is seen in these acts of mercy.



Christ The King Parish — Greenmeadows

CHRIST THE KING PARISH

HOLY ROSARY

01 May | 5pm

Honoring

**The Blessed Virgin Mary
Mother of God**Live streamed via
CTK Facebook & YouTube**ROSARY MONTH**

The month of May has always been a special Marian month in CTK. Marian groups would usually spearhead the daily praying of the Holy Rosary. BEC groups and ministries would join the Marian devotion. The daily praying of the Holy Rosary is still propagated within the homes in the parish community and promoted by the various Marian groups like the Legion of Mary. But this year, the celebration became extra special with the participation of children through their activity "Honoring Mama Mary." Daily

Masses also showed a special music video of CTK's children as they sang and prayed the Hail Mary. It was endearing to see the youngest members of the CTK's faith community show their faith and devotion to the Blessed Mother.

On the Solemnity of the Holy Trinity on May 29, the culminating rites of May's Rosary Month were held. Several members of the community gathered to pray the Holy Rosary and offer flowers to the Blessed Virgin Mary's image. Fr. Steven Zabala and Fr. Ricky Montanez once again made the celebration more touching by singing Marian songs in between the decades of the Rosary. It was capped with members of the community offering flowers to the image of Our Lady of Fatima.

Fr. Steve even made a video that was played back in the church and online showing

a sneak peek into his bedroom while sharing interesting trivia about his own devotion to the Blessed Mother. He shared how he composes and plays music in his room and how he prays daily to the Blessed Mother. Onsite and online audiences even got to see the Marian images in his room like the frame of Our Lady of Guadalupe and the image of the Immaculate Conception given to him by a Jesuit brother on the day of his ordination. As a fitting close to the month, Fr. Steve showed how to make paper flowers and offer these to Mama Mary.

Truly, the Rosary Month of May was a manifestation that the devotion to the Blessed Mother is one that transcends ages and even the limitations of pandemic. Mama Mary, pray for us!

DALAW NI SAN JOSE

Pope Francis declared December 8, 2020 to December 8, 2021 as the Year of St. Joseph. We are also celebrating the 150th anniversary of the declaration of St. Joseph as the Patron of the Universal Church. In line with this, the Diocese of Cubao has a series of activities to honor St. Joseph.

Among these activities is "Dalaw ni San Jose." From May to October 2021, pilgrim images of St. Joseph will visit all the parishes in the Diocese of Cubao.

The Schedule of Dalaw ni San Jose for the Vicariate of Our Lady of Perpetual Help to which CTK belongs is as follows:

Our Lady of the Miraculous Medal Parish	July 10 – 17
Saint John Paul II Parish	July 17 – 24
San Roque Parish	July 24 – 31
Christ the King Parish Greenmeadows	July 31 – August 7
Transfiguration of Our Lord Parish	August 7 – 14
Our Lady of Perpetual Help Parish	August 14 – 21
Nativity of Our Lord Parish	August 21 – 28

CTK will also be selling the following commemorative items to mark this special occasion. All proceeds will go to CTK parish for its outreach programs.

MEMORARE TO ST. JOSEPH

Remember, O most pure spouse of the Virgin Mary, my beloved patron, that never has it been heard that anyone who invoked thy patronage and sought Thine aid without being comforted. Inspired by this confidence I come to thee and fervently commend myself to thee. Despise not my petition, O dearest foster father of our Redeemer, but accept it graciously.
Amen.

**Bring St. Joseph & the Holy Family
into your home**

**Ceramic Tile with Wooden Frame
in 2 designs and 2 sizes**



St. Joseph



Holy Family

4 inches x 4 inches at P 450* each

6 inches x 6 inches at P 550* each

**Delivery charge, not included.*

ORDER NOW! Limited supply only!

Order online via bit.ly/stjosephtiles

or call CTK Parish Office at 86330280

Proceeds will go to CTK Parish

Dalaw San Jose sa CTK

**Visit of the pilgrim image of St. Joseph in CTK
July 31 to August 7, 2021**

Parish Activities during the stay of St. Joseph in CTK

- Welcome Rite of the pilgrim image on July 31, 6pm mass
- Daily Activities from July 31 to August 7
 - Short reflection on one joy and one sorrow of St. Joseph before all masses
 - Prayer to St Joseph after post-communion prayer in all masses
- Watch on YouTube the replay of the CTK Formation Ministry talk of Fr. Mon Bautista last Jan 18, 2021 *St Joseph of Nazareth, A Man of Faith. Learning from Him who refused to doubt God*
- Sale of ceramic tile on wood frame with image of St. Joseph or Holy Family
- Departure Rite of the pilgrim image on August 7, 7am mass



2021 SACRED HEART NOVENA THEMES AND INTENTIONS GENERAL THEME:

**“THE FAITHFUL HEART OF ST. JOSEPH,
LOVING DISCIPLE OF THE HEART OF CHRIST”**

*INSPIRING US TO BECOME MISSIONARY DISCIPLES PROMOTING HUMAN
FRATERNITY AND FRIENDSHIP”*

DATE	DAILY NOVENA THEMES AND INTENTIONS
1st day June 2 Wed	<p>ST. JOSEPH, PROTECTOR OF THE UNIVERSAL CHURCH For the Church, the sacrament of universal love may help all people to transcend the barriers of geography and distance, for countries of different origin, nationality, color and religion. That the Sacred Heart with St. Joseph may call us all to live together as brothers and sisters in dialogue and common commitment especially in this time of worldwide health crisis and its many consequences.</p>
2nd day June 3 Thu	<p>ST. JOSEPH, STEWARD OF THE LORD’S HOUSEHOLD For the recognition of the earth’s resources as the patrimony of each human person and the integrity of creation as a gift of God to all people. That the Sacred Heart of Jesus and St. Joseph instill in us respect for each other, and harmony among nations, to work together for the sustainability of the earth, our God-given common home.</p>
3rd day June 4 Fri	<p>ST. JOSEPH, GUARDIAN OF THE HOLY FAMILY For long term conflicts among nations to be effaced by love and goodwill. That the Sacred Heart and the Faithful Heart of St. Joseph show us the way to love so that our world will become one family celebrating our common humanity and promoting friendship across diverse societies.</p>
4th day June 5 Sat	<p>ST. JOSEPH, SAVIOR OF THE SAVIOR For all of us to participate in Christ’s continuing work of salvation from sin and darkness as we become ministers of repentance and forgiveness. That the Sacred Heart of Jesus and the Faithful Heart of St. Joseph lead us to be sorry and ask for forgiveness where sin is committed and also to forgive, to cultivate and foster reconciliation, solidarity and peace in our families and communities, and among nations, to save us all from the scourge of hatred, violence, and war.</p>
5th day June 6 CORPUS CHRISTI Sunday	<p>ST. JOSEPH, JUST AND REVERENT MAN For a world of just relations among all people bear fruit in authentic peace and a recognition of the mystery of God. That the Sacred Heart of Jesus in the Holy Eucharist and the Faithful Heart of St. Joseph and the Immaculate Heart of Mary protect and come to the aid of those under threat of violence and oppressed by injustice and violations of fundamental human rights and forms of atheism hostile to people of faith.</p>
6th day June 7	<p>ST. JOSEPH, SON OF DAVID That we may truly pray and prepare the way for the realization of the Kingdom of our Lord Jesus, the Messianic Son of David. As a descendant of King David, may St. Joseph inspire us to live righteously and becoming missionary disciples of the Crucified King as we reach out to the those abandoned and forgotten by the world and share with our faith and hope in the only Son of God.</p>
7th day June 8	<p>ST. JOSEPH, LOVER OF POVERTY For the poor, orphans, widows, marginalized, and refugees and others exiled from their home countries. That the Sacred Heart of Jesus and St. Joseph lead them to the care of generous hearts and neighbors.</p>
8th day June 9	<p>ST. JOSEPH, SILENT WITNESS For us to testify to the sanctity of human life. That the Sacred Heart and St. Joseph help us to be witnesses to the preciousness of life, as we defend the right to life and promote a culture of life in our communities, our nations and our world where a culture of death has brought so much destruction.</p>
9th day June 10	<p>ST. JOSEPH, MOST OBEDIENT For a Laity actively involved in obeying Christ’s command to evangelize all nations and all aspects of human life especially in the socio-economic, political, cultural spheres. That the Sacred Heart of Jesus and the Faithful Heart of Joseph may continue to light up their passion to serve with all humility and gentleness, and patience, bearing with one another with love and obeying the Father’s will in every aspect of their lives.</p>

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CONFIRMATION 2021

A Church that Welcomes Everybody

Tessa Mangahas

One would think that the pandemic with all its restrictions and curtailment of movement would dampen the programs and activities of CTK parish.

Think again.

On Saturday, May 22, the eve of Pentecost, the Catechetical Ministry had its usual annual Confirmation at the main church. There was no bishop around. Attendance was limited to just the confirmands, parents and/or godparents and liturgical ministers. But the spiritual experience was just as impactful for the 30 confirmands and those who witnessed it.

Fr. Steve was pleasantly surprised to note the diversity of the confirmands. Pre-pandemic, those who came to receive the sacrament were usually teenagers. But this time, they were individuals whose age ranged from 17 to 67 years old! Among them were a barkada of young men, an elderly couple preparing for marriage, and even a young man with Down Syndrome. There were also individuals who asked to be included in preparation for their forthcoming wedding. Each had their own faith story. We share two of them.



Raymund Dominic Nonato

This young man would always have a ready smile when he attends Mass especially when he approaches Fr. Steve, Fr. Jojo, and Fr. Ricky. He enthusiastically says, "I am proud to be a child of God. Thank you, CTK parish, because I can receive the sacrament of Confirmation and Holy Eucharist." Raymund hardly misses Sunday Mass and the times he is



unable to attend at the main church, he attends virtually. He is so pure in his love for God, happy with simple things such as leading prayer before meals, praying when he awakens and before bedtime. He hopes to be an altar boy someday. His family says that Raymund is their source of joy, love, and affection. During the picture taking after the Confirmation rites, Raymund, filled with much joy and energy, even “broke” the formation and insisted on posing beside Fr. Steve.



Noli and Cely Estrella

She is in her fifties and her common-law husband is 65. Cely Estrella and her partner, Noli, had no plans of getting married in church. First, there were obstacles, such as the absence of legal documents like authenticated birth certificates. Then they thought that they were too old to bother with such “formalities” as their children were grown anyway.

But as fate and faith would have it, their daughter Lizel and CTK Catechetical Ministry jointly helmed by Sheryl Coronel and Alma Yeh would open the pathway to their confirmation and eventually to their wedding.

Daughter Lizel shares, “Matagal ko na pong gusto ipakasal ang parents ko sa Church, pero laging meron dahilan at hadlang kaya hindi natutuloy.”

But then things began to fall into place. The legal documents were ironed out. The couple attended the virtual preparations that helped them overcome their shyness. Cely shares her spiritual experience, “Mas naliwanagan ako sa tamang turo sa Bibliya at aral Katoliko Kristiyano. Nagkaroon kami ng mas malalim na pagkilala sa buhay ni Hesus. Maaari ko siyang ituro sa aming lugar lalo na sa mga Katoliko na hindi masyadong aral o nalalaman ang tamang turo at sa mga Katoliko na naguguluhan sa mga aral pananampalataya.” (I was enlightened about the teachings in the Bible and the Catholic faith. We got a deeper understanding of Jesus’ life. I can now teach it to others in our neighborhood, especially to the Catholics who don’t really know the faith or are confused.)

Lizel, for her part, was profuse in her gratitude. She said, “To Christ the King Parish, thank you so much for your adult confirmation online program. You’ve helped our family so much. You lighted the other dark corners at kasama na po ang family ko lalo na ang parents ko sa naliwanagan niyo to the right path.”

On the day of the Confirmation, Noli showed up in a barong Tagalog and Cely wore a gown. Fr. Steve said that even if the couple’s reception of Holy Communion and Confirmation came late in life, they raised their children with a holy fear of God. Their children eventually led them to the path of the sacraments.

On June 12, 2021, Noli and Cely Estrella were finally married in an intimate church wedding.

God’s grace embraces all regardless of age or circumstance.



BUKLOD NG PANGINOON CONTINUES TO GIVE JOY AND LOVE IN 2021

Cita Pabillo

It has been more than a year now since we have been suffering from this pandemic, but Buklod ng Panginoon (BnP) still continues its efforts to give joy and love to the less fortunate children of God. This pandemic had led to the loss of employment for some of our countrymen, especially those in the unskilled sector. This translates to less food for the family, which will have a greater impact on children five years old and below. Thus, BnP continued to provide supplemental feeding to these tots children of Barangay Libis.

Last year, we had 31 kids in our feeding program in Barangay Libis but due to the pandemic some of them went home to their provinces, thus only 20 was left. With donations coming from friends, some members, and family, we were able to provide at least a once a week supplemental feeding consisting of rice with tinola, adobo, or guinisang mongo with fish fillet; or a bowl of arroz caldo, lomi, mami, or champorado.

We also gave them about 100 grams of powdered milk or two sachets of Energen with cereal per month. As a special treat for them during my and my daughter's birthdays last April, we gave them spaghetti with fried chicken and burger, cookies, juice, face mask (for the children and their mother), short pants, toothbrush, and toothpaste.

Since we couldn't physically visit the children, our Barangay Libis coordinator and barangay tanod, Ms. Janeth Quilloy, with the assistance provided by the Barangay Health Center staff, regularly monitors the health of the children under our feeding program. For June to December this year, we budgeted P3,500 per month for the feeding program to be funded from what we had collected from the membership dues.

Our outreach to the Molave Youth Center also continues, in spite of the pandemic. The wards of the Molave Youth Center greatly appreciated the educational and spiritual talk provided by the CTK youth ministry thru Ms. Teeenie De Leon. Last May 10, 2021, we were able to provide them with grocery items, face mask, joggers and T-shirts for the male



and leggings and T-shirt, for the female wards of the Center thru the generous donation of 20,000 pesos given by CTK (Thank you Fr. Steve, Kuya Bing, and Ate Mila). Ate Baby Banal gave an additional 150 T-shirts, Carol Marana gave 3-I coffee, candies and biscuits; Buklod ng Panginoon, with donations from friends and family was able to add Chlorox, alcohol, eggs, pansit noodles, biscuits, bread, and face masks.



As a joint effort with Ms. Myra Reyes & my daughter, we were able to provide 180 food packs for lunch and biscuit sandwiches, coffee and juice to the front liners of Quirino Memorial Medical Center.

Many Thanks to Janeth Quilloy and Tiny Perfecto for the photos and also to Buklod members for your prayers and assistance.

Although we are only around 30 members, with 87% in their 80s and early 90s, BnP is still able to fulfill its mandate to show Christ's love by caring for the marginalized. This can happen because we have the will and the passion to spread God's love through continuous prayers and deep faith to the Lord our Savior.



Food and cash donations will be sent to Cubao Caritas to augment different community pantries especially those in parishes with large concentrations of poor communities.

HOW TO HELP

Please bring your food donations to our pantry drop box at CTK's church lobby.

For cash or check donations, you may choose from the following options:

* PARISH OFFICE. Checks should be payable to "Christ the King Parish"

* ONLINE. Payee: Christ the King Parish
1. Bank: Metrobank. Account #: 630-7-63002886-4. Send a copy of your deposit slip.

Email scanned copies of deposit slips to ctkgmdonations@gmail.com.

CTK's Pantry for Others is meant for poor communities even beyond its borders.

We accept donations of:

FOOD

Non-perishable food items like rice, canned goods, sardines, pork and beans, tuna, luncheon meat, noodles, milk powder, coffee, crackers, etc.

CASH

It will be turned over to Cubao Caritas to purchase perishable and essential food items like, vegetables, eggs, breads, etc.

The Diocese of Cubao fully supports the spirit behind the community pantry initiative. Several parishes have already set up their community pantries. On April 25, 2021, Good Shepherd Sunday, more parishes simultaneously launched its version of the community pantry effort to help ease the worsening problem of hunger especially during the pandemic.

 CHRIST THE KING PARISH
GREENMEADOWS



Bring Your Food* and Cash
Donations to the Parish**

These will be sent to Cubao Caritas to augment different community pantries in parishes with large concentrations of poor communities.

Online Donations

Christ the King Parish 1

Metrobank # 630-7-63002886-4

Send a copy of your deposit slip
ctkgmdonations@gmail.com | CTK facebook

*non-perishable food items

**to buy perishable food items



CHRIST THE KING PARISH
GREENMEADOWS



CTK, A JUBILEE CHURCH

What Does It Mean to Be One?

Fr. Steven Zabala

CTK is indeed blessed to be chosen by Pope Francis to be one of the nine Jubilee Churches in the Diocese of Cubao in connection with the celebration of 500 Years of Christianity in the Philippines.

But with this privilege and blessing come great responsibility. What is a Jubilee Church and what is expected of us as a community?

“The year would be an opportunity to increase the virtues of faith, hope, and charity,” said Cardinal Mauro Piacenza, Head of Vatican’s Apostolic Penitentiary, who signed the Pope’s decree declaring the Jubilee Churches in the Philippines.

As decreed by the Pope, pilgrims visiting a Jubilee Church will gain plenary indulgences. On its 40th anniversary in 2019, CTK was also declared a Jubilee Church and, for a limited period, pilgrims who visited our church were granted a plenary indulgence.

A plenary indulgence removes temporal punishment “due to sins whose guilt has already been forgiven” (CCC 1471). Plenary indulgence, as opposed to partial indulgence, means total remission of punishment.

As a Jubilee Church yet again, this time to mark 500 Years of Christianity in the Philippines, CTK’s visitors have the opportunity to gain a plenary indulgence by going to Confession; attending and participating in the Holy Eucharist; praying for the Pope’s intentions, which include fidelity of Filipinos to Christian calling, increase of vocations, and defense of family; reciting the Prayer to Christ the King; praying the Lord’s Prayer, Hail Mary; and performing an act of charity.

As a pilgrimage destination, CTK is expected to promote a deeper appreciation and understanding of the significance of 500 Years of Christianity in the country. But this goes beyond going on a field trip, taking photos and attending Mass to receive indulgences. It is not a time for “pasyal.” CTK as a Jubilee Church should help pilgrims pursue and see a religious purpose to the visit. Pilgrims should know that they are coming to deepen and renew their faith. This is also why CTK will make sure that confession will be available to pilgrims.

The Jubilee Church has a Holy Door, its Porta Sancta, which symbolizes the solemn character and grace one will receive when they enter those doors during their visit. Apart from confession, CTK as a Jubilee Church will take steps to ensure that each Eucharistic celebration is solemn, well-prepared, and meaningful. CTK clergy will take great pains to prepare homilies that aim to deepen the understanding of the Word. Baptisms will be celebrated and webinars will be live-streamed. The parish will also increase its outreach activities and acts of mercy. On Good Shepherd Sunday, we launched our Pantry for Others to further augment Oplan Covid and other programs to help the poor even beyond our ecclesiastical boundaries.

All these activities aim to give pilgrims and the parish a better understanding of the theme “Gifted to Give.” As a Parish for Others, I am praying that we are ready and enthusiastic to receive this great blessing and privilege to be a Jubilee Church.

Plenary Indulgence

An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven (CCC 1471).

How to gain plenary indulgence during your visit:

- Avail of the Sacrament of Reconciliation
- Attend the Holy Eucharist
- Pray for the Pope’s intentions
 - For the fidelity of the Filipino to their Christian calling
 - For the increase of priestly and religious vocations
 - For the defense of the family
- Say the prayer to Christ the King
- Conclude with the Lord’s Prayer, Profession of Faith, invocation to the Blessed Virgin Mary
- Perform a work of charity



Prayer to Christ the King

O Christ Jesus, we acknowledge you to be the King of the Universe. Exercise over us all your sovereign rights. We hereby renew the promises of our baptism, renouncing Satan and all his works and pomp. We engage ourselves to lead a truly Christian life. And in a special manner, we undertake to bring about the triumph of your love and mercy in the Church, in our community and in our family. Divine Heart of Jesus, we offer you our endeavors to be solely Thine. May the Kingdom of Your Peace be firmly established in our home, in our hearts and throughout all the earth. Amen.

gifted to give

500 Years of Christianity in the Philippines

500 YEARS OF CHRISTIANITY IN THE PHILIPPINES

Webinars (to be live-streamed through Cubao Media)

HISTORY

Rev. Fr. Rolando Dela Rosa O.P.
June 19, 2021 / 7:00 p.m.

DOCTRINE

Rev. Fr. Renato de Guzman, SDB, SThD
August 19, 2021 / 7:00 p.m.

JOSEPH AND MARY IN JESUS’ MISSION OF SALVATION

Sr. Ma. Anicia Co, R.V.M., S.T.D. Ph.D
October 19, 2021 / 7:00 p.m.

MISSION AND ST. JOSEPH AS THE HOPE OF THE SICK

Rev. Msgr. Esteban Lo
February 19, 2022 / 7:00 p.m.

RENEWAL AND NEW EVANGELIZATION

H.E. Luis Antonio G. Cardinal Tagle, DD
March 26, 2022 / 7:00 p.m.

CLOSING CEREMONY

April 9, 2022 / 8:00 a.m.

REFLECTIONS ON THE PASCHAL MYSTERY

by Rev. Fr. Harold Anthony Parilla

as synthesized by Bet E. Montecillo

From Maundy Thursday to Black Saturday, Fr. Harold Parilla gave a series of Zoom reflections on the Paschal Triduum. The activity was sponsored by the Formation Ministry for the parish. Below are his reflections as synthesized by Bet Montecillo, head of the Formation Ministry.

MAUNDY THURSDAY: LESSONS FROM THE EUCHARIST

The most important day celebrated on Holy Week is Holy Thursday, when we recall the institution of the Sacraments of the Eucharist and the Priesthood, both essential to the life of Christ.

The Eucharist, as it were, is the source and summit of our Christian life. As a church, we draw our life from this sacrament, therefore, there can be no church without the Eucharist.

There are two lessons we can draw from the Eucharist:

1. The need to be merciful. **Mercy** draws us to forgiveness, which is “the clearest expression of merciful love,” said Pope Francis.
2. This opens our hearts to **hope**, which instills in us not to ever give up on God.

Notice that in the celebration of the Eucharist, it is replete with the need for mercy and forgiveness. This brings us to an encompassing freedom from the burden of anger and hatred, thus allowing us to experience peace and joy.

It is at the moment of Consecration when Jesus says, “Do this in memory of me,” that we hear Him say in our hearts, “Cling to Me.... Hope in Me.”

GOOD FRIDAY: SALVATION AND THE CROSS

How do we make sense of the mystery of suffering? This is the experience that every human person undergoes at any stage of his or her life, because sufferings are woven in life’s fabric itself. This moves us emotionally and psychologically to choose to live with it. If it is any consolation to the human psyche, suffering hones the person’s character—hopefully for the better. Cardinal Chito Tagle aptly said, “There is no substance to human character without the cross.”

For us Christians, the image of suffering is the cross. The cross is where Christ’s dignity as a human is utterly reduced, with tremendous pain and humiliation inflicted upon Him.

Early catechism set our belief that we earned our



Christ the King Parish
GREEN MEADOWS

Formation Ministry

Paschal Triduum

Reflections



Rev. Fr. Harold Anthony S. Parilla

1 - 3 April 2021 (Thurs, Fri, Sat)
9:30 am - 11:00 am

Zoom ID 822 6655 0531
No passcode required

salvation from the sufferings of Jesus, the most painful of which is the betrayal of His friends. While this is true, deeper reflection tells us that Jesus’ perfect obedience to the Father and acceptance of His fate through His suffering and death, ransomed mankind from its repeated transgressions. Christ’s perfect obedience undid the disobedience of Adam. We are also reminded that suffering is a double-edged sword—it may make us a better person or the worse of ourselves.

HOLY SATURDAY: THE HUMAN PERSON ON A JOURNEY

“The itinerant man,” as French philosopher Gabriel Marcel puts it, is one who walks all pilgrimages of life to journey back to where he came from—God. And as man goes through every path of the journey, he is not without hope.

Hope is an easy word to use but is becoming increasingly difficult to live by. Our finite world is not without evil, which makes people indifferent and passive. Hope, however, chooses to stay—albeit taken in another context as optimism. It is founded on faith in a God who can bring us something new and different, even when indicators are pointing to the contrary.

This is why God expects us to anchor our hope on Him even if our desired fruition seems unreachable. Hope is accepting in humility that only God is in control—not us. Hope perfects in us the virtue of patience. Hope likewise teaches us to be aware of the circumstance of our lives—to listen to the silence of God as Christ did at His crucifixion. Hope open our eyes to the road where we ought to return and experience Emmaus again. ■

FAMILY AND LIFE MINISTRY- 2ND SEMESTER 2021 PLANS

Regie Polancos

CTK's FLM has come up with the several activities which shall cater to the various needs of all the members of the family.

To provide parents with a greater understanding of the different phases in child rearing in order to raise them up as good Catholics, the following Parenting Seminars will be conducted:

Parenting 101: From Seed to Third

Wednesday, Aug. 11, 2021, 7:30pm to 9:30pm,

Fee is P100 per gadget

Parenting 102: From Home to School (3 y.o. to 12 y.o.)

Wednesday, Oct. 13, 2021, 7:30pm to 9:30pm,

Fee is P100 per gadget

Parenting 103: Adolescents & Teenagers


Sunday, Sept. 12, 2021, 10:30am to 12nn,

Free

There will also be a webinar on Mental Health and Gender Health & Wellness, the schedule of which will be announced soon. There will be two sessions per topic, one for adults and one for the youth.

The Marriage Vocation Program (MVP/Pre Cana) for engaged couples, is conducted virtually once a month, for couples whose weddings will be in CTK. Registration is required, thru Ms. Bella Consulta, 0965-438-0554. For couples whose weddings will be in a parish other than CTK, we have a virtual session on Sept. 4, 2021, and pre-registration is also via Ms. Bella. Fee for the virtual MVP is P750 per couple.

Updates will be posted in FLM's FB account.



Christ the King Parish Greenmeadows
Family and Life Ministry

TULOY ANG CTK MVP!

#SeeYouZoom!

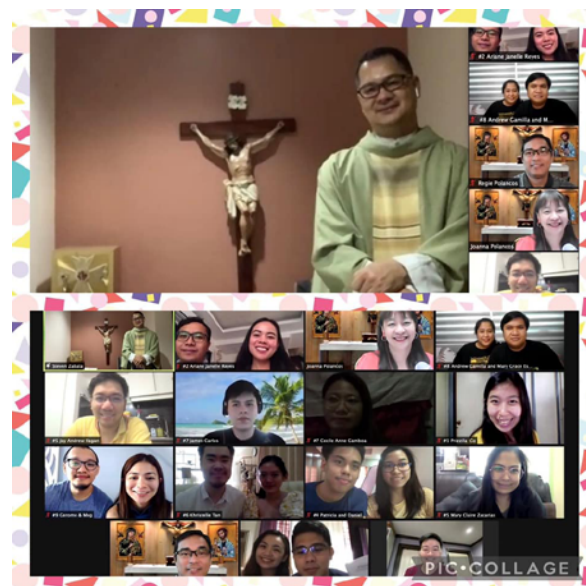
A Virtual Marriage Vocation Program (MVP/Pre-Cana) for Engaged Couples

For couples with other parishes
as wedding venue:

Saturday, Sept. 04, 2021
from 2:00 p.m. to 5:30 p.m.

There will be a MVP Fee of **P750.00 per couple.**

Contact **Ms. Bella Consulta** (0965-438-0554) for more details.
Pre-registration is required.



continued from page 9...

Before the final blessing of every novena mass, the prayer of consecration below may be prayed.

PERSONAL AND FAMILY CONSECRATION TO THE SACRED HEART OF JESUS

Officially approved by the CBCP during the Jubilee Year 2000

Lord Jesus Christ, we consecrate ourselves to you today,
each one of us, and all of us together as a family.

Your Sacred Heart, the heart of your crucified and risen body,
is the ever-living source of mercy and grace, hope and love for all
of us.

We desire to pledge ourselves and our lives to you in return.
Teach us to always be united with you through your Holy Spirit:
in mind and heart, in all our thoughts, words, deeds, joys and
sufferings.

Grant that we may ever "know you more clearly,
love you more dearly, and follow you more nearly."
We wish to share in your redeeming work in our world:
that your Father's will may be done on earth as it is in heaven:
that the "civilization of justice and love"
may thus be built up in our land.

Heart of Jesus, help us to keep sin away from our lives.
Help us to keep loving, serving, and forgiving one another.
Live in our hearts and in our homes always.

Make us wholly yours.

With your Mother's Immaculate Heart,
we renew our consecration to your Sacred Heart.
For the greater glory of our Father in Heaven. AMEN.
Jesus, Mary and Joseph, be with us and bless us now
and at the hour of our death.
AMEN.

MEET CTK'S NEW GUEST PRIESTS

FR. ROWAN REBUSTILLO

Walking the Talk in Mission

During his first Mass in CTK, Fr. Rowan Lopez Rebastillo shared that he still marvels at how he ended up in the parish since no one in his early life thought he would become a priest. But God had plans for the youngest son of Dr. Runy and Fely Rebastillo, both medical professionals, and it was geared more toward healing souls than the body. While three (Runnel, Ruel and Maria Elsa) of his four siblings are all in the medical field, and one (Runy Jr.) is in the shipping industry, the bunso of the family, Rowan, heard another call.

Fr. Rowan finished his seminary formation at the American College of the Immaculate Conception Seminary in Leuven, Belgium. He obtained his STB, MA in Philosophy, MA and Advanced MA in Theology, STL, PhD and SThD at the Katholieke Universiteit in Belgium. The “abridged” version of his CV reveals a solid academic background.

He became a deacon on December 10, 2004 and was ordained on August 15, 2006 in the Diocese of Sorsogon.

Fr. Rowan is a professor of Theology and Philosophy at the Loyola School of Theology and St. Vincent School of Theology. He has helmed several Catholic education institutions including the Association of Catechetical Centers and Colleges with Religious



Fr. Steven Zabala with Fr. Rowan and Fr. Reg



Education, Diocesan Commission on Education, Diocesan Catechetical Ministry of Sorsogon. Fr. Rowan was the Dean of the Philosophy Department of Our Lady of Penafrancia Seminary and school director of other institutions in Bicol. He obtained his AB Pre-Divinity at the Ateneo de Manila University. Fr. Rowan was also a member of the Presbyteral Council of the Sorsogon Diocese.

But there is more to the new guest priest beyond his litany of academic pursuits and immersion in Catholic institutions. Fr. Rowan is also media savvy having hosted “Good News to Go,” an online show featuring reflections of the Sunday Gospels and even an online cooking program, “Shaping The Word Thru A Chopping Board” that showcased the culinary exploits of the clergy while sharing God’s Word! Fr. Rowan hosts, writes and directs programs to widen the reach of his evangelization.

Before he came in as guest priest, CTK’s EMHC already had a taste of Fr. Rowan’s deep theological background when he gave a formation talk on *Missio ad Gentes*, Lay Leadership in the Church. CTK will surely benefit from Fr. Rowan’s extensive knowledge in theology, his media savvy, particularly in formation.

In one of his homilies, Fr. Rowan talked about mission and how we, as missionary disciples must be courageous enough to “go out” of our comfort zones. We thank Fr. Rowan for walking the talk, answering the call to be “sent out” away from his comfort zone and ancestral hometown, and answer the call to journey with the community of Christ the King Parish Greenmeadows.



FR. REG TIONGSON

Going Where God Sends Him

Fr. Regalado “Reg” Ventura Tiongson heard his call, not as a young boy like the shepherd David, but during one of the pivotal times in Philippine history. The youngest of eight children of Arturo and Pacita, both deceased, was born in Orani, Bataan on November 10, 1965. Fr. Reg had already graduated from Fine Arts Major in Visual Communications and had been working for three years in the advertising industry, when he realized that serving the Church is what he wanted to do for life. He expresses his faith and tries to teach theology through drawings such as cartooning and comics.

He wouldn’t really call his priesthood a late vocation though. “There is really no such thing as a late vocation. God’s call has always been there. He is always calling us. It is our response to that call that may be a bit delayed,” he muses. Even then, his call was not like a “burning bush” or “struck by lightning” kind of moment. It was more of a gradual transition and realization that the Church was relevant not only within the confines of majestic structures but also out there in the peripheries, immersing oneself and as Pope Francis would term it, “smelling like the sheep.” When he finally decided to say yes to God’s call, he realized that he didn’t know the first thing to do as he was unfamiliar with the processes and terms of the Church on priesthood.

His formation in San Jose Seminary gave him so much, especially the Spiritual Pastoral Formation Year. The Jesuit formators were so supportive of talent-based ministry that he was asked to use it for the Greater Glory of God. “Ad Majorem Dei Gloriam.” He belongs to Batch 1994 and their class is called “Supling.” CTK’s parish priest Fr. Steve Zabala and Fr. Reg both belong to the Seminary’s BEC known as “Sapiang Pukpok.”

Fr. Reg became deacon together with his batch on March 5, 1994 at Loyola School Theology Chapel and was finally ordained priest on the Feast of St. Teresa of Avila, October 15, 1994 at St. James Parish in Subic, Zambales for the Diocese of Iba. His mom was the only parent who witnessed his ordination as his father had already died in 1982.

Fr. Reg followed his family to Canada in 2002 where he stayed for 15 years. He returned to the Philippines in 2018.

On his assignment as guest priest in Christ the King Parish, Fr. Reg has this to say: “I hope I can be your good companion in our journey as the Church.”

Yes, even after 27 years in the priesthood, Fr. Reg is content to simply follow where the winds of vocation bring him. He knows that unlike his visual works, he cannot draw the lines or command the designs of his vocation, because as he says in faith, “Only God knows why I became a priest.”

We are glad that God designed you to be with the CTK community, Fr. Reg! Welcome!



CLERGY MOVEMENTS



BISHOP PABLO DAVID IS THE NEW CBCP PRESIDENT **CBCP NEWS**

Bishop Pablo Virgilio “Ambo” David of Kalookan was elected president of the Catholic Bishops’ Conference of the Philippines.



He was elected Thursday, July 8, 2021 during the first of the two-day bishops’ online plenary assembly. The CBCP meets in plenary session twice each year—in January and July, and its works are carried out by a number of commissions and committees.

The 62-year-old bishop has been serving as conference vice president since December 2017, working alongside Archbishop Romulo Valles of Davao, the outgoing president.

Ordained a priest for the Archdiocese of San Fernando in 1983, Bishop David is known as one of the country’s leading Bible scholars.

In 2006, he was appointed auxiliary bishop of the same archdiocese, a post he served for around 14 years until he was transferred to the Kalookan diocese in January 2016.

Bishop David was the recollection master during CTK’s 41st fiesta celebration in November last year upon the invitation of the Formation Ministry.

Meanwhile, the bishops’ leadership also elected Bishop Mylo Hubert Vergara of Pasig as the new vice president.

Ordained a priest for the Archdiocese of Manila in 1990, Vergara, 58, was appointed bishop of San Jose in Nueva Ecija in 2005. In 2011, he was named as the bishop of Pasig.

Bishop Honesto F. Ongtioco, DD of the Cubao Diocese was also named chairman of the Episcopal Commission on Mutual Relations and Consecrated Persons.

The term of the newly elected and reelected chairmen of the CBCP Episcopal Commissions, Committees and Offices will be from December 1, 2021 to November 30, 2023.

The CBCP officials have a two-year tenure in office, or a total of four to include the second term.

We continue to pray for our bishops who face a huge responsibility in guiding the faithful especially amid the pandemic and the forthcoming elections.

POPE FRANCIS APPOINTS FILIPINO ARCHBISHOP AS VATICAN’S AMBASSADOR TO THE HOLY LAND

The Vatican announced on June 3, 2021 the appointment of Archbishop Adolfo Tito Yllana



as the new apostolic nuncio to Israel and Cyprus. The pope also named the 73-year-old prelate as apostolic delegate to Jerusalem and Palestine.

Archbishop Yllana was born in Naga City on February 6, 1948 and was ordained priest for the Archdiocese of Caceres on March 19, 1972.

Prior to his appointment, Archbishop Yllana had been serving as apostolic nuncio to Australia since 2015.

The prelate has represented the Holy See in the four continents of Africa, Asia, Europe, and Oceania.

Archbishop Yllana is a relative of CTK’s parish priest Fr. Steven C. Zabala and Parish of the Lord of Divine Mercy’s parish priest, Fr. Herbie Santos.



FR. REY PAGLIWANAN JOINS CTK FOR MONTH-LONG STINT AS ASSISTING PRIEST

Fr. Rey Hector Ansano Paglinawan of the Cubao Diocese was temporarily assigned to CTK as Fr. Ricky Montanez transitioned to San Roque Parish. Fr. Rey assisted Fr. Steven Zabala in the day-to-day activities of the parish while awaiting the guest priests that would be assigned to CTK. Fr. Rey has been in CTK during some past BEC and formation events. He had his seminary formation at the San Jose Seminary and was assigned as parish priest of St. Paul the Apostle Parish and Youth Director of the Cubao Diocese. He hails from Albay, a Bicolano like Fr. Steve.

He presided his first Mass as temporary assisting priest in CTK on May 25 at 7 a.m. He resumed his duties at the Cubao Diocese with Bishop Ongtioco upon the arrival of CTK’s guest priests on July 1, 2021.

Thanks and see you around soon, Fr. Rey!



LONGTIME CTK GUEST PRIEST FR. JIM FERRY HAS DIED

CTK’s longtime and much loved guest priest Fr. James Ferry of the Maryknoll Fathers (Maryknoll Missionaries) died on May 28, 2021 at the age of 95.

“Fr. Ferry was born on June 7, 1925 in New York. Before starting his priestly life, he

first served at the U.S. Navy during World War II as a corpsman, that is, a surgical nurse, before he entered Maryknoll in 1946. Fr. Jim spent more than 50 years in the Philippines doing mostly pastoral and seminary work. For him, ‘to be a priest and a missionary priest is fulfillment enough.’ On Feb. 23, 2002, Pope John Paul II conferred on him the Medal Pro Ecclesia et Pontifice. Fr. Jim settled in the Philippines in 1956 and had previous mission assignments in Paete, Laguna, Tagum Davao del Norte, Lupon, Banganga, Bato-Bato, and Davao City. In 2003, he was made Manila Episcopal Vicar for the Religious by Archbishop Rosales. CTK has regularly invited Fr. Jim from the time of Msgr. Mora up to 2019.” – CTK Coffee Table Book

Thank you for your service to the CTK community, Fr. Jim!



FR. RICKY LEAVES CTK FOR NEW POST AS SAN ROQUE PARISH ADMINISTRATOR

CTK’s singing priest, Fr. Ricky Montanez, who has been in the parish since the time of Fr. Bong Tupino, is now the parish administrator of San Roque Parish in nearby Bgy. Bagumbayan, Quezon City. Fr. Ricky was appointed by Bishop Nes Ongtioco to replace Fr. Larry Garces, who was transferred to the Holy Redeemer Parish during the recent clergy reshuffle in the Diocese of Cubao. The community gave Fr. Ricky a rousing send-off Mass and a touching tribute during the last Via Lucis session on May 20, 2021.

Fr. Ricky is one-third of the CTK Singing Priests with Fr. Steve and Fr. Jojo Gatdula. The triumvirate was instrumental in guiding the disoriented faithful during the first months of the lockdown that suddenly prevented the faithful from physically coming to church. Because of the inspiring homilies and the heartfelt singing of the three priests combined with the efforts of CTK staff to live-stream the Masses, the faithful soon got their bearings back via the online liturgies. Big thanks to the uplifting efforts of CTK clergy. God bless you on your new journey, Fr. Ricky! We love and continue to pray for you.

SEEN ZONE



DR. ARWIN TAN IS NEW MUSIC MINISTRY COORDINATOR

“Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him” (Colossians 3: 16-17).

Music and song continue to play a vital role in the life of God’s people today, particularly in its worship. A recent Veritas survey showed that choir music is a big factor in enhancing community prayer.

This is the reason why Fr. Steven Zabala and Worship Ministry’s Leila Banico were delighted to announce the recent appointment of Dr. Arwin Tan as CTK’s Music Ministry coordinator.

Dr. Arwin Quiñones Tan is a familiar face in CTK being the choirmaster of Novo Concertante Manila, a four-time “Ani ng Dangal” awardee from the National Commission for Culture and Arts for their achievements in international choral competitions, and currently ranked no. 8 in the world by Interkultur and Musica Mundi, Germany. Novo Concertante Manila was awarded the Grand Prize in the first-ever A Voyage of Songs International Choral Competition in Genting Highlands, Malaysia (2003).

Arwin Q. Tan is an Associate Professor and the current Program Coordinator of the UP College of Music Extension Program. His litany of academic accomplishments include a PhD in Music Studies Program (University of the Philippines), Master of Music in Musicology (University of the Philippines), Bachelor of Music in Choral Conducting, magna cum laude and class valedictorian (University of the Philippines), Bachelor of Arts in Humanities and Bachelor of Commerce in Accountancy (De La Salle University). He is also the editor of *Saysay Himig: A Sourcebook on Philippine Music History, 1880-1941*, published by the University of the Philippines Press; and the curator of the three-volume CD compilation entitled *Saysay Himig: An Anthology of Transcultural Filipino Music, 1880-1941*, released in 2017.

He has sung with the Philippine Madrigal Singers under the late National Artist, Prof. Andrea O. Veneracion. He is actively propagating the choral arts by giving workshops in many parts of the Philippines and other countries such as Malaysia, Singapore, Taiwan, Thailand, Indonesia and Germany. Dr. Arwin was awarded an “Ani ng Dangal” by the National Commission for Culture and the Arts in 2013 for winning the Most Outstanding Conductor Award in the 2012 Asia Cantate International Choral Competition.

Dr. Arwin was the musical director of “Christ in Our Hearts,” the 40th anniversary concert of CTK staged in November 2019. He hopes to make CTK’s music ministry more vibrant and participative even while keeping safe, by holding physical and virtual musical festivals that will showcase how the parish’s premium choirs give praise more than twice by their exemplary singing.

CTK TEAMS UP WITH QC, BECOMES VACCINATION SITE

For two Saturdays in June, CTK’s main parish hall, function rooms and grounds were converted into a vaccination site. Quezon City mayor Joy Belmonte and Dr. Esperanza Arias of the QC Health Department coordinated with Fr. Steven Zabala to help boost vaccination among residents in Barangay Ugong Norte and other nearby areas in QC. Two hundred ninety-eight received their first dose on June 5, 2021 and another 497 persons were vaccinated on June 19, 2021. CTK’s marshals shifted from their usual church duties to assist those who came to be vaccinated. CTK



villages also heeded the call of Fr. Steven for volunteer doctors, medical workers and encoders to help the CTK and QC staff. Mayor Belmonte, who dropped by on the second day, was impressed by the orderliness of the proceedings and acknowledged the extra mile the parish exerted in making the vaccine recipients comfortable as they got their doses. Good job, CTK!



Formation Ministry
In cooperation with FMHC & LeComs
invites you to a recollection talk

Rev. Fr. Junjun Borres, SJ

DISCIPLESHIP

17 July 2021 | Saturday | 10am - 11am | ZOOM ID 817 3785 1701



Christ The King Parish — Greenmeadows



A REMINDER TO A LIFE OF PRAYER

Kring Talladen

When the CTK Parish Youth Ministry announced the topic and the speaker for the May 2021 Saturday Night Life (SNL) via Messenger, I felt a nudge to attend, which I believe was from the Lord.

First, the topic was about a life of prayer. I thought it was timely because during that time, I had skipped a lot of my usual morning prayer times, which sets the tone of my whole day. The few days when I got to pray were more of a journaling of rants to the Lord about my challenges in life.

Second, the speaker, Gelo Balsita, caught my interest. He is a young missionary who left the corporate world to follow God and has taken the vows of poverty, chastity, and obedience. I thought, *When was the last time I heard someone like him speak?* I couldn't remember anymore. Maybe I should really attend.

With that, I confirmed my attendance and looked forward to SNL.

Hearing Gelo's message on living a life of prayer and his personal testimony on how he became a missionary made me thank God that I attended. His sharing reminded me again of how prayer helps us in our faith journey, how it strengthens our intimate friendship with the Lord, and how it helps us bear fruit and live life to the full.

I also appreciate the sharing of each person in the group. Hearing about their journey made me feel I'm not alone in trying to follow the Lord while accomplishing our everyday tasks. Especially in this pandemic, Gelo's sharing reminds us to set aside a time connect with God each day—to be still

and pray—and connect to other people also through spiritual communities and gatherings. Being attuned to God's presence in our life makes a difference. It's refreshing. It gives peace. It brings true joy.

I'm grateful to the parish youth ministry for organizing the SNL. Even if I don't belong to the CTK parish, I appreciate their warm welcome, wide smiles, and listening ears.

May this be a nudge to all young readers to make SNL your way to connect with God and others. It's worth it! See you there!



Dear Parishioners ,



Greetings!

We have always treated our kasambahays and drivers as family. As Catholics, It is good to look after and guide them in their spiritual growth.

This activity will involve the kasambahays and drivers from our villages. Teaching them about the different Marian apparitions and praying the rosary with them all Saturdays of August from 2pm - 3pm. This will be an all at home and via zoom afternoon activity.

Below is your schedule to participate in the "Sa Puso Ng Atang Ina" CTK August activity.

Aug. 7 Arcadia, Corinthian Garden, Corinthian Hills and Greenwich		
Aug 14 Greenmeadows, Acropolis, Ivory Court	Housekeeper	Gardener
Aug 21 White Plains ,Enclave		
Aug 28 St Ignatius , Libis		

Please coordinate with your village coordinators for others details.
May we keep the Mother of God more present in our hearts.

My prayers,
Fr. Steven Zabala
Parish Priest







Security Guard



Driver



Babysitter



Cook



into matters of the faith and belief with intellectual curiosity close to their hearts and without preconceived notions. Guests and speakers offer different points of view towards a truly interesting and enlightening time. The first three episodes of the podcast air in the months of July and August 2021 with new episodes arriving every three weeks.

This podcast aims to bring interesting and insightful faith discourse by lay people for the lay people. We hope that every conversation leaves you with something to think about. To what it is, you will have to stay a while and listen.



Faith De Leon



Aloy Chua



John Luat

WHY A PODCAST ANYWAY?

Chino Quizon

What do a radio Commentary, a TV talk show, and a regular Sunday gossip over brunch have in common?

When one distills the pomp and personality inherent in all these, we're left with conversations that motivate the listener to stay a while and listen. The topic, people, arguments, and counterpoints serve as key ingredients imbuing conversations with character, energy, and emotional pull. The new age of digital media, social distancing, and disruption brought about new ways of connecting with people. More than ever, cyberspace has become a place for everyone to connect when such gatherings at physical spaces are ill-advised or restricted at the moment.

The Young Catholic Professionals (YCP) Ministry saw an opportunity to answer the call of the Church to evangelize through conversations aimed at growing one's faith via insight and perspectives. Through the platform of a podcast, the YCP Ministry envisions to deliver thought-provoking conversations to a greater audience while allowing for enjoyment of the content anytime. Topics to be covered in the ten episodes of the first season will range from why we celebrate the Mass and getting to know our local pastor, to the historical basis of our faith.

The hosts of the podcast aim to provide its listeners with a wide range of perspectives from the pedestrian to the inquisitive and the academic. Aloy Chua, Faith de Leon, and John Juat dive



PUBLIC AFFAIRS MINISTRY BRACES FOR ELECTION 2022

Loung Cuartero

One mission of the Public Affairs Ministry of Christ The King parish is to work for the transformation of the political order by opposing legislation that contradicts Gospel values and Christian doctrine. It also assists in ensuring fair and honest elections. In this regard, the ministry considers the forthcoming 2022 national elections as an opportunity to be of service once again for God and country.

The Ministry has prepared action plans to meet this opportunity:

- Provide materials for voters' education and values formation based on 16 good citizenship values imbibed in our 1987 Constitution and the teaching of our Lord Jesus Christ.
- Provide info on registration of new and disenfranchised voters.
- Provide tools for prudent selection of candidates.
- Ensure free and honest elections by recruiting, training, and mobilizing Parish Pastoral Council for Responsible Voting (PPCRV) volunteers.

But before anything else, it is important that all qualified voters register. Here is a link for new voters.
<https://magparehistroka.com/>



THE GCQ WE NEED

Angelica B. Vilorio

July 4 is the first Sunday of July and the 14th Sunday in Ordinary Time. It is also Stewardship Sunday in our parish.

How are all of us doing? We are in ordinary time in the liturgical season but our lives, since March 2020, have been anything but ordinary. Another half year has gone by this 2021 and we are still in the midst of a pandemic. New variants of the COVID-19 virus have come up, more transmissible and deadly. Will this pandemic ever end?

NCR Plus and the rest of the Philippines continue to be under different classifications of lockdown. We may be tempted to lose hope or to despair but the invitation of the moment (or of this period) is to transform for the better to convert, to persist, and to trust.

In today's Second Reading, the Lord tells St. Paul, "My grace is sufficient for you." St. Paul also states: "Gladly then I will boast of my weakness that the strength of Christ may be mine...For when I am weak then I am strong."

In a homily by Fr. Nemy Que, SJ last June 19, 2021, he mentioned the circumstances of St. Paul at that time. He was being attacked. It was a difficult period for him—he had adversaries - and he was not even among Jesus' original Twelve Apostles. His weakness, though, became an entry point for God. Fr. Nemy Que, S.J. further said that people who are full of themselves usually have no space for God. When we are feeling self-sufficient or self-assured, are we as mindful of the Lord's presence?

If we are feeling weak because of this long, lingering pandemic, let us invite the Lord to be with us in our unique,

individual circumstances and context. He will be the source of the strength that we need.

NCR Plus is now under General Community Quarantine (GCQ) with some restrictions. While the IATF classification is important, let us also focus and not lose sight of the other GCQs.

God Cares Quietly. Even when we may not be too mindful or attentive of His presence, He watches over us.

God Controls Quietly. Even when things or situations go out of hand, He can use it for good, in His time. He is also out there and working from home — working all over in our midst and most importantly, in and through our hearts.

Grace Comes Quickly. God's grace is always there for the taking. We just need to open our eyes, minds, and hearts, to see.

While the virus has mutated and now has different variants, God's love for us remains constant, true, and unchanging. He will watch over us and protect us. With God, there are no restrictions. Possibilities are limitless. He always fulfills His promises. As John 10:10 states: "I have come in order that you might have life... life in all its fullness."

Let us bring and transmit God's love and hope to all we meet daily. That is our vocation and calling as good stewards. Pandemic or no pandemic. Happy Stewardship Sunday!



CHRIST THE KING PARISH
GREENMEADOWS

SCHEDULE OF PUBLIC AND LIVE-STREAMED MASSES

as of July 1, 2021

via  

Weekend

Saturday 6PM

Sunday 7AM | 10AM | 5PM

Online reservations only via
www.churchseatbooking.com

Weekday

Monday to Friday 7AM | 6PM

Saturday 7AM

Walk-ins allowed

For details, visit @CTKGreenmeadows or www.christthekingparish.ph

YOU CAN SEND US YOUR MASS INTENTIONS ONLINE!

For inclusion of your prayers of **Thanksgiving, Special Petitions and Repose of Souls** in CTK's masses, please visit

christthekingparish.ph/mass-intentions

and accomplish the forms.

You will also find information on how to make love offerings.

Cut off time is 12NN

for same day evening masses and next day morning masses.

Thank you for your generosity! We continue to be together in prayer.



IMPORTANT ANNOUNCEMENT

The following will **RESUME** as of **July 1, 2021**:

PARISH OFFICE

Office hours: Tuesday to Sunday 8AM to 5PM | Lunch break: 12NN to 1:30PM

PUBLIC MASSES

Monday to Saturday 7AM and 6PM | Sunday 7AM, 10AM, 5PM
Online masses to continue via CTK Facebook and YouTube

CHURCH VISITS

Monday to Saturday 10AM to 3PM

CONFESSIONS

Wednesday & Friday 9 to 10AM | Saturday, 5:30 to 6PM | Sunday 9:30 to 10AM & 4:30 to 5PM

WEDDINGS AT MAIN CHURCH

Maximum of 190 persons (entourage, suppliers) allowed inside Main Church

17 years old and below are not allowed

Seniors 65 years old and above are allowed as long as fully vaccinated

BAPTISMS

Maximum of 10 persons in attendance

17 years old and below are not allowed

Seniors 65 years old and above are allowed as long as fully vaccinated

FUNCTION ROOMS & PARISH HALL

Maximum of 20% capacity allowed

CRYPT VISITS

Daily, 8AM to 6PM

Only 5 to 10 persons allowed in crypt area at a time; no children allowed in crypt area

Seniors 65 years old and above are allowed as long as fully vaccinated

MORTUARY/WAKES

Maximum of 10 family members allowed at any given time

INURNMENTS

Maximum of 10 persons allowed in area at any given time; no children allowed in crypt area

Seniors 65 years old and above are allowed as long as fully vaccinated

ADORATION CHAPEL remains **CLOSED** until further notice



June 17, 2021

My dear CTK Parishioners,

I am happy to announce that **SENIORS above 65 years old** who are **FULLY VACCINATED** (those have received their 2nd dose 14 days prior) can now join us in our public Masses at the main church effective **June 28, 7am mass**.

Strict implementation of following protocols will continue:

190 maximum capacity per mass

Walk in policy for weekday masses, with submission of online or manual **contact tracing form**

Online seat reservation for weekend masses (www.churchseatbooking.com)

Wearing of face mask & shield at all times

Physical distancing at all times

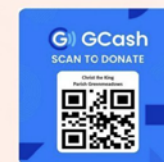
We continue to pray for God's protection.

Fr Steven Zabala
Parish Priest



CTK is a Stewardship Parish.
Here are ways to show thankful giving.

GCash



CTK Stewardship BDO Account

Account No: 0015-1003-4720
(Pastoral Programs)



CTK Parish PS Bank Account

Account No: 089-330000-16-2
(Parish Operations/ Church Maintenance)



CTK Parish China Bank Account

Account No: 242-002031-2
(Casa de Silencio)