January-March 2023





COME BACK TO ME WITH ALL YOUR

HEART By Fr. Steven Zabala — Parish Priest



I thas been three years since that day in March 2020 when, for the first time in our life, the Church shuttered its doors and the country was placed under strict lockdown. I remember that day clearly. Public Masses were canceled. With our then makeshift live-streaming setup, I watched Fr. Ricky Montañez say Mass to empty pews within the locked doors of the Divine Mercy Chapel. It was surreal. It was heartbreaking.

That was a bitter pill to swallow for many of the faithful, especially our devout CTK parishioners. The Eucharist is central to our life as a Church. People were terrified of the virus, some even to the point of tears. We celebrated Holy Week that year, the holiest of our seasons, without our usual traditions and the physical presence of a congregation. Back then, the suspension of public Masses was a very Christian response to protect our country from the serious global health threat.

We consoled ourselves with the thought that we'd only miss our traditions of worship for that year. We were so wrong.

Fast forward to three years of many more off and on lockdowns.

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Yet, despite the grim statistics, the Church has survived. God prevails even amid many challenges to our worship. Three years later, the virus is being managed, millions of vaccine doses have been administered, and thousands of Masses have been live-streamed. Life as we knew it before the pandemic is gradually resurfacing.

STAYING

Come back to me with all your heart; don't let fear keep us apart.

What did we learn here? Our God is a borderless God. There is no territory that Jesus cannot enter. There is no space that Jesus cannot inhabit. His person and His message reach out to any place, any space. We also learned that we can be strong enough to stay in the faith. We stayed and worshiped even if we grappled with initial clumsy attempts at live-streaming and spotty Internet connections. We stayed and clambered to find ways to help and reach out to those in need even if it was doubly hard to enter communities in dire straits. We stayed and endured uncomfortable face masks and face shields, physical distancing and plastic barriers, no airconditioning and strict online Mass reservations. We missed the warm hugs, the children rushing to mano the priest, and the beso-beso with friends. We stayed even if the future seemed bleak.

During the first face-to-face celebration of our fiesta amid the pandemic last year, some turned emotional saying, "Father, akala ko talaga hindi na ako makababalik sa CTK ulit."

We are here because we stayed. We didn't allow fear to keep us away from our borderless God.

RETURNING

Trees do bend, though straight and tall; so must we to others' call.

But beyond the staying, we should now direct ourselves to fully returning. Last year, CTK embarked on a "Welcome back to CTK" campaign. Our call? It is now time to return to Church, not only for physical worship and reception of the Sacraments, but also to reconnect with the community. We pray for grace amid the transition to our new normal, which includes physical presence and interface with the congregation. I am glad that our campaign has been mostly effective, thus necessitating more Masses and robust attendance especially during occasions like Ash Wednesday. The presence of the congregation is heartwarming. But I sense that we are still guarded, a trifle wary, and tentative. I pray that our community will have the confidence, faith, and perseverance to gather in full force once again. I pray for that day when people will actively participate in the lifeblood of the Church as they did in the past. I long to see the time when more people come forward to immerse in our programs.

It is time to return to Church. Jesus is calling us to come back.

Life just doesn't go on. It moves forward.

ENCOUNTERING

Long have I waited for your coming home to me and living deeply our new life.

During this Lenten season, we want to encounter Jesus. We want to encounter Him in the Blessed Sacrament. We want to see the face of God in our neighbour, in our community. But it is not always easy. I've listened to some groan about their struggles in relationships, the difficulty of choosing what to prioritize, the challenge of staying focused on the Lord.

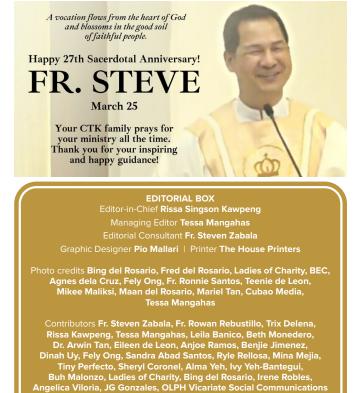
As I said in my homily during the third Sunday of Lent, it is through this encounter that we will realize he is the "something more" that we've been longing for. Encountering the Lord in the Blessed Sacrament and in our community will bring us ultimate contentment. It is the contentment that brings peace and healing.

God is waiting for us to discover and encounter Him yet again.

We have weathered three years of the pandemic. We plod on. This community has ceaselessly amazed me with its passion and generosity to reach out beyond its physical boundaries. At all times. In any imaginable situation. We are not unscathed, but we are always hopeful, full of faith, and eternally grateful.

That's because we stayed, we are returning, and we continue to encounter our borderless God.

A blessed Lent and joyous Easter to all of you! 🎡



The Herald is a quarterly publication of the Social Communications Ministry of Christ the King Parish Greenmeadows Avenue, Quezon City, Philippines Telephone: **8633-0280** E-mail: mtgmangahas@gmail.com http://christthekingparish.ph FB.com/CTKPGreenmeadows

FAMILY & LIFE



Mabuhay ang bagong kasal! The newlyweds pose with their secondary sponsors: Nice Gatuslao and James Balosa, Elvie and Christian Gallano, Rhea and Cyrel Edoc, Aida and Lester Coronado, Ana and Kenth Freo, April and Reymark Bautista, and Cicellica and Byron Mingao are joined by members of CTK's Parish Pastoral Council who stood as their secondary sponsors.

SEVEN COUPLES TIE THE KNOT AT KASALANG PAROKYA

By Rissa Kawpeng

Many couples who have been living in or civilly married for years do not avail of the sacrament of matrimony for financial reasons. But the Kasalang Parokya held on February 25 at CTK was proof that when you desire to receive the sacraments, not only spiritual grace but even material blessings follow.

Spearheaded by the Family and Life Ministry, seven couples were both witnesses and recipients of these graces when they responded to the invitation to join the event. After weeks of formation, they tied the knot in "a way worthy of the magnificent riches of Christ Jesus" (Philippians 4:19).

Couple coordinators Regie and Joanna Polancos, along with their daughter Regina attended to every intricate detail to make sure that the Kasalang Parokya will be memorable, meaningful and Christ-centered.

The Family and Life Ministry headed the event that many organizations in the parish supported. Couples for Christ, Diwanihan Kristiyano, and the Christian Family Movement spent for the documents and certificates the couples needed. The Legion of Mary-Queen of Peace and Legion of Mary-Immaculate Heart of Mary provided for the wedding rings. The Knights of Columbus supplied the white polos for the grooms, while the Apostleship of Prayer decked the brides with white dresses. The Mother Butlers contributed for the arrhaes, veils, and cords. Adoracion Nocturna and the Ladies of Charity sponsored the flowers, bouquets, and boutonnieres. Drs. Doy and Estrelle Lopez provided the Bibles.

And when there's a wedding, a reception is sure to follow.



Nothing but the best was in store for the newlyweds at the parish hall with the church and reception decors sponsored by Cynthia Rodriguez. Buklod ng Panginoon prepared wedding cakes, the LSS Prayer Group donated the photography and videography services, and Team P took care of souvenirs for the couples and guests. Music and entertainment were provided by Bukas Palad singers Ramon Gutierrez, Anna Hortaleza, Vanessa Vargas-Unlayao, and Carlo Santos; plus Nonong Sampang, with the special participation of Fr. Steve Zabala. The caterer was none other than Chef Jessie.

Truly, Jesus turned the couples' water into wine on their special day.

The next Kasalang Parokya will happen in November. 🎡

The 7 couples that include Nice and James Balosa, Elvie and Christian Gallano, Rhea and Cyrel Edoc, Aida and Lester Coronado, Ana and Kenth Freo, April and Reymark Bautista, and Cicellica and Byron Mingao.



PARISH LENT SCHEDULES

LENT

Ash Wednesday, February 22: Masses at 7:00 AM, 12:00 NN, 6:00 PM, 7:30 PM

Parish Way

of the Cross

@ CTK Main Church

Every Friday of Lent, beginning February 24, 2023

> 6:45PM (after the 6PM Mass)

Imposition of Ashes will be done after the homily. No imposition of ashes after the Mass.

Parish Way of the Cross, 6:45 pm – All Fridays of Lent at the Main Church

Inter-Village Way of the Cross, 8:00 pm (please contact your Village Coordinators for the schedules)

HOLY WEEK

April 2 Palm Sunday of the Lord's Passion

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Mass Schedules April 1 | Sat | 6:00 PM April 2 | Sun | 6:00 AM, 7:30 AM, 9:00 AM, 10:30 AM, 12:00 NN, 5:00 PM, 6:30 PM

April 3 to 5 Holy Monday to Holy Wednesday

Regular masses | 7:00 AM & 6:00 PM

April 3 Holy Monday

Kasambahays and Drivers' Lent Recollection | 8:00 AM - 11:00 AM | St. Mark & St. Matthew room | Speaker: Fr. Ronnie Santos

April 6 to 8 Holy Thursday to Holy Saturday

No regular 7:00 AM & 6:00 PM masses

The Stations of the Cross at the Garden in front the Main Church will be open on Holy Monday until Holy Saturday morning.

CATHOLIC WOMEN'S LEAGUE (CWL) CHRIST THE KING GREENMEADOWS UNIT Kasambahay & Driver's Lent Recollection

with Rev. Fr. Ronaldo J. Santos

APRIL 3, 2023, HOLY MONDAY 8: OOAM TO 11:00AM st. matthew & st. mark room

Pls register with Alma Yeh 09328499427 or at the Parish Office 86330280

EASTER TRIDUUM

April 6

Holy Thursday

5:30 PM | Evening Mass of the Lord's Supper | Main Church

Eucharistic Vigil | 7:00 PM-12:00 MN | Altar of Repose outside the Divine Mercy Chapel

April 7 Good Friday

10:00 AM to 11:00 AM Holy Week Recollection Part 1 | Main Church | Moving Forward as a New Creation: Dying with Jesus from our Past | Speaker: Fr. Arlo Yap, SVD

2:00 PM | Way of the Cross | Main Church

3:00 PM | Friday of the Passion of the Lord | Main Church

Exposition of the image of the Santo Entierro at the Main Church until 6pm | Main Church

April 8 Holy Saturday

10:00 AM to 11:00 AM Holy Week Recollection Part 2 | Main Church | Moving Forward as a New Creation: Stepping out of the Tomb | Speaker: Fr. Angelo Paolo Asprer. SSP

8:00 PM | Solemn Easter Vigil | Indoor Salubong | Main Church

April 9

Easter Sunday of the Lord's Resurrection

Schedule of Masses 7:30 AM, 9:00 AM, 10:30 AM, 12:00 NN, 5:00 PM, 6:30 PM (no 6:00 AM)

LENT: THE SEASON OF JOURNEYING WITH CHRIST, OUR LIGHT AND OUR LIFE

By Fr. Rowan Lopez Rebustillo

We have just barely landed our foot on the threshold of what we call as 'Ordinary Time', yet another season in our Liturgical Calendar is already waving at us: Lent is just around the corner. Thus, momentarily, we shall postpone the observance of the 'Ordinary Time' and devote our efforts and energies on the 40 days and 40 nights of fasting/abstinence, prayer and almsgiving in preparation for the solemn celebration of the Paschal Mystery of Jesus, which is the very core of our Christian Faith.

How will we, then, make this Lenten observance a meaningful one? Among other essential things, two things come to mind:

- 1. Quadragesima or Cuaresma (40): We must bear in mind that the number 40 does not only represent the 40 days of fasting and prayer that Jesus Christ spent in the desert before he launched His public ministry, but also of the 40 years that the Israelites wondered in the desert from Egypt to the Promised Land. Hence, it is a journey of purification, discernment, fidelity, and salvation. It is about God's abiding love and presence that guide us through our journey in faith: That God never forgets us, never abandons us, and will always find ways to rescue us from sin and death. We only have to put our trust in Him.
- 2. Lencten or Lente or Lent (Spring): We also have to remember that the word Lent that we use to refer to this season means Springtime. Thus, ultimately, it is not about suffering or sacrifice, which of course is a necessary path to take, but about the NEW LIFE that we experience in the warmth of God's love. It is the season of hope, because it is a new beginning, a new chance, that God gives us to journey in the Light of Christ. Thus, the season is culminated by the lighting of the Paschal Candle that symbolized Christ who is the Light of the World recalling the first light in God's creation that became the starting point of the appearance of different forms of life in the entire created universe. This means that the season of Lent is a journey back to God, a journey back to the very source of our being, a journey back to the very source of our life.
- 3. Cenacle or Last Supper: Some are not aware that the season of Lent still includes the commemoration of the Institution of the Holy Eucharist, otherwise known as the Last Supper. This event was already prefigured even in the Nativity narrative found in the Gospel of Luke. The infant was laid in a manger in the town of Bethlehem, a name that means "House of Bread." This means that right from the very start of His earthly life, Jesus was already introduced as the Savior who will offer Himself as the Bread of Life.

Israel, represented by the sheepfold, will no longer eat the food that is perishable. God's people will no longer be hungry because Jesus will give them His Body as the Bread of Life and His Blood as the Spiritual Drink. This should remind us of Jesus' response to the devil who tempted Him in the desert: "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God" (Matthew 4:4). This season, which is a journey to the desert, is also a pilgrimage toward the source and summit of our Christian life—the Eucharist, the greatest gift that God has given us, for whoever eats His Body and drinks His Blood will not die but have eternal life. As we partake of the life that Jesus shares with us, may we also be lifegiving in our relationship with our neighbors.

Thus, I hope that by taking time to recall what these words mean, we may be truly inspired to accompany Jesus in the desert of purification and discernment so we will also join Him in His Resurrection.

Have a blessed observance of the Lenten Season.

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Practical Apologetics with Fr. Rowan Rebustillo

FEB 18 & MARCH 18, 2023 930–1030AM

St. Luke Room or via ZOOM ID: 831 6878 7212 Passcode: 978963

What do you say when someone questions our faith?

By: CTK LECOMS & Formation Ministry

7



PARISH/INTER-VILLAGE WAY OF THE CROSS

Three years after the pandemic struck had isolated us, the Inter-Village Way of the Cross resumed during the observance of the Holy Season of Lent 2023. As these photos show, parishioners missed this muchloved tradition and came out in droves. As Tita Lulay dela Cruz put it, "it was so uplifting to be face-to-face with neighbors again, fulfilling such a positive spirit during Lent. A great lesson that we should not forget is how our community survived every day of the health crisis...but we were there for each other. Even if we lost some of our friends along the way, we continue to move on bravely each day."



Ivory Court-Enclave



Corinthian Hills



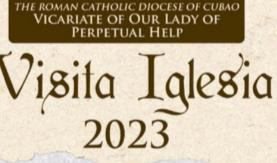
Acropolis

Schedule of Inter-Village Way of the Cross

Feb 28:	Enclave & Ivory Court, 8pm		
March 1:	Acropolis, 8pm		
March 13:	Greenmeadows, 8pm		
March 15:	Corinthian Hills, 8pm		
March 20:	Corinthian Gardens, 8pm		
March 21:	St. Ignatius Village, 8pm		
March 22:	White Plains, 8pm		
March 27:	Libis, 5pm		
March 29:	Arcadia, 8pm		



Corinthian Gardens





A HOLY WEEK PILGRIMAGE TO THE SEVEN CHURCHES OF THE VICARIATE OF OUR LADY OF PERPETUAL HELP

- Our Lady of Perpetual Help Parish 13th Avenue, Cubao, Ouezon City
- 2. Our Lady of the Miraculous Medal Parish Camerino Street, Project 4, Quezon City
- 3. Christ the King Parish Greenmeadows Avenue, Quezon City
- 4. Transfiguration of Our Lord Parish 18th Avenue, Cubao, Ouezon City
- 5. Nativity of the Lord Parish Ermin Garcia Avenue, Quezon City
- 6. San Roque Parish San Roque Street, Bagumbayan, Quezon City
- Saint John Paul II Parish Orchard Road, Eastwood, Quezon City

OLPH VICARIATE LAUNCHES VISITA IGLESIA 2023

By the Social Communications Ministry, Our Lady of Perpetual Help Vicariate

The Vicariate of Our Lady of Perpetual Help (OLPH) Social Communications Ministry has initiated the Visita Iglesia 2023 wherein the faithful will visit at least seven Catholic churches on Holy Week, particularly on Holy Thursday and Good Friday. This project is aligned with the priority agenda of the Diocese of Cubao seeking to maximize new media for evangelization. The project also aims to unite the efforts of the social communications ministries of the Vicariate, as well as the worship and youth ministries.

The activity is also in sync with the current thrust of Synodality in the Church. This activity encourages working together with other ministries and Basic Ecclesial Communities.

The actual activity or visitations will be done on-site, and postcards will be distributed to pilgrims. These will be stamped or a sticker be placed to indicate their visit to that particular church. There are seven participating parish churches in the Vicariate of Our Lady of Perpetual Help: Christ the King Greenmeadows, San Roque-Bagumbayan, St. John Paul II, Our Lady of the Miraculous Medal, Transfiguration of Our Lord, Nativity of our Lord and Our Lady of Perpetual Help.

Pilgrims are also encouraged to promote the activity by taking photos by a photo wall for this particular purpose which they can post on their social media accounts. The pilgrims are encouraged to upload these photos using the hashtag #VISITHONORREFLECT.

This project is spearheaded by the Social Communications Ministry of the OLPH Vicariate of the Diocese of Cubao.



THE HEALING MASS GROUP JOINS FR. JIMMY MATH ON THE 1ST MONDAY OF MARCH



They said YES Fr. Steve commissions the new crop of Stewardship Ministry Village Coordinators to help in the Year of Stewardship in CTK. The Stewardship Ministry is currently led by couple David and Fely Ong.

CTK Stewardship Village Coordinators

Ministry Heads: David and Fely Ong

Corinthian Gardens: Virgie Cheng & Lolita Ty				
White Plains:	Tony & Mambie Aquino Bunny & Teng Gerochi			
St. Ignatius Village:	Lolita dela Cruz & Baby Banal			
Enclave:	Leila Banico			
Greenmeadows:	Beth Monedero & Ana Fernando			
Acropolis:	Irene Robles & May Nitoreda			
Corinthian Hills:	Dinah Uy			
Arcadia:	Christina Lopez & Connie Lopez			



Stewardship Planning Core Group led by Fr. Steve, David and Fely Ong, meets for the Year of Stewardship launch and activities.

TRANSFIGURING THE WORLD

By Angelica Viloria

When one is blessed, the next step is to bless others. In Genesis 12:2, the Lord said to Abram: "I will bless you and make your name great, and you will be a blessing... and in you, all people of the earth will be blessed."

This is a good point for reflection for Lent and even beyond. As good stewards, we are blessed, not just for ourselves, but so we can also be a blessing to others and to the whole world.

In the Mark 2, Peter, James, and John witness the transfiguration of the Lord. It must have been an amazing sight and experience. The Lord, though, is not just found in such situations, particularly in today's world. More than magnificent and spectacular events, the Lord comes to us in the mundane and in the ordinary circumstances of daily life. In the silence and reflective mood of Lent, may we take time to listen to the Lord, sense His presence — that we may find the whole world transfigured, just like and in the image of Jesus.

How do we bring the presence of Jesus to transfigure our world? We can take our cue from and take to heart The Grail Prayer to guide us as good stewards:

- "Lord Jesus, I give You my hands to do Your work.
- I give You my feet to go Your way.
- I give You my eyes to see as You do.
- I give You my tongue to speak Your words.
- I give You my mind that You may think in me.
- I give You my spirit that You may pray in me.

Above all, I give You my heart that You may love in me Your Father and all mankind.

I give You my whole self that You may grow in me, So that it is You, Lord Jesus, Who live and work and pray in me."

A blessed Lent and Holy Week to all. 🎪



Fr. Omer baptizes a young parishioner

THE DIOCESE OF CUBAO CLERGY GOES ON "PAUSE AND PRAYER" MODE

Clergy share insights on the annual Lenten Recollection

By Tessa Mangahas

The clergy of the Diocese of Cubao held its annual Lenten recollection on February 27-28 at the Carmelite Missionaries Center of Spirituality in Tagaytay City. This was the first time they had a face-to-face Lenten recollection since the pandemic struck in 2020. The recollection, which was facilitated by Fr. Dionisio Miranda, SVD, was a welcome moment for the priests who were about to dive into the hectic whirlwind of activities of Lent, Holy Week and Easter.

The recollection was also a way for the clergy to pause and take stock of their ministry and pastoral life. Priests admit that they can be frail and are not super heroes. Pope Francis himself recognized the frailty, fears and weaknesses of the clergy saying, "We must not leave frailty aside: it is a theological place. The 'superman' priests end up badly, all of them. The fragile priest, who knows his weaknesses and talks about them with the Lord, he will be fine."

CTK'S parish priest Fr. Steven Zabala welcomed the break as a time to be close to God and fellow priests, saying "What a joy to be together in prayer, fellowship and communion before the Master we worship and serve!' This kind of intimacy with God through prayer, according to Pope Francis, helps priests overcome the many crises in the priesthood. The Pope said, "a lack of prayer life, a lack of intimacy with the Lord" reduces the priest to a mere "weary hireling who has none of the benefits of the friends of the Lord." For Fr. Ronald Macale of the Diocesan Shrine of Saint Joseph, the recollection was a precious time to be "One with brother priests. One with brother Jesus." This echoes the statement of Pope Francis on fraternity among brother priests. "Fraternity, like obedience, cannot be a moral imposition from outside," he said. "Fraternity means choosing deliberately to pursue holiness together with others, not by oneself." The same perspective is shared by Fr. Rey Paglinawan who said, "Recollections deepen our relationship with other priests."

Renewal in mission on the other hand, is one value that priests can derive from the pause. Fr. Ricky Montanez, parish priest of San Roque Parish Bagumbayan said, "The clergy recollection/retreat is a graced moment for us to seek renewal so we do not lose our sense of mission and our ability to recognise the Lord in our everyday plans and endeavours."

Brokenness and being whole again is what the pause mode meant to the other clergy. St. Paul the Apostle Parish's Fr. Omer Prieto says, "The recollection is a time to gather broken pieces of me and find out in prayer how beautiful a mosaic He made of me, only to be broken again and again for Him and for others."

This acceptance of the "desolation that comes from silence, from the abstinence from activity and words, from the courage to examine oneself with sincerity" is what Pope Francis calls

continued on page 23...



From left to right - Fr. Ricky Montanez, Fr. Steven Zabala, Fr. Larry Garces, and Fr. Ron Mariano take a break to sing and perform during Bishop Ness' golden anniversary.



Fr. Rey Paglinawan (center) is flanked by brother-priests Fr. Glen Orocio (left) and Fr. Choy Garcia (right)

MILESTONES



OLPH VICARIATE BRACES TO DRAFT TRANSITION TO 'NORMALCY' PLANS

By Tessa Mangahas

Christ the King Greenmeadows played host to the recent meeting of the Vicariate of Our Lady of Perpetual Help to which it belongs. The OLPH Vicariate is composed of seven (7) parishes – Christ the King Greenmeadows Parish, Transfiguration of Our Lord Parish, St. John Paul II Parish, San Roque Parish Bagumbayan, Our Lady of Perpetual Help Parish, Our Lady of the Miraculous Medal Parish, and the Nativity of Our Lord Parish.

Fr. Omer Prieto from St. Paul the Apostle Parish in charge of Pastoral Programs and Johnny Liao, presented the 9-point priority action items that the Diocese of Cubao has earmarked for January 2023 to December 2024. He said that parishes have to start mapping out their 'back-to-normalcy' transition plans. These plans are intended to help the community grow in their faith taking into consideration changed realities as an offshoot of the pandemic and other factors. Other priests in attendance were Fr. Ronnie Santos (OLPH), Fr. Choy Garcia (NOLP), Fr. Ricky Montanez (SRP), Fr. Carlo Narvasa (NOLP), and Fr. JP Catilogo (TOLP).

The next 2 quarterly meetings for the year will be held on the 3rd Mondays of August and November. \triangle



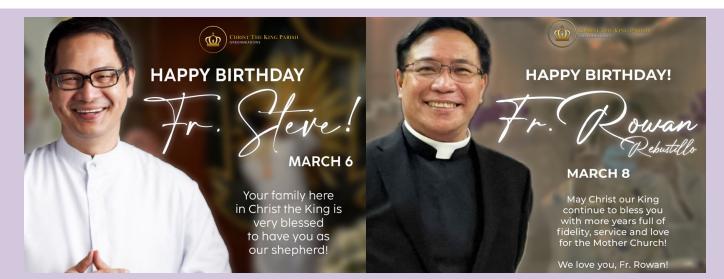
Christ the King Greenmeadows



San Roque Parish Bagumbayan



Our Lady of Perpetual Help Parish





'KAMUSTAHAN' WITH BISHOP RAUL

Bishop Raul Martinez marks 62 years as priest, 40 as bishop

By Tessa Mangahas

The pandemic caused many changes in our lives. But not everything was sad or tragic. Some changes may have even been blessings in disguise as God willed it.

Such is the case with CTK's resident Bishop Raul Martirez. The strict lockdown that started on March 2020 isolated CTK's clergy. Although comforted by the presence of fellow priests in the convent, early into the COVID-19 crisis, Bishop Raul took up the generous offer of a couple for him to live in their home.

Fast forward three years into the pandemic. Restrictions have eased. Vaccines are available. Cases have declined. Visitations are more acceptable. And that's exactly what Sheryl Coronel and I did. We did a "kamustahan" with Bishop Raul one afternoon.

Bishop Raul assures his CTK friends that he is well. "Thanks to God and thanks to prayers, I am okay. Of course I have my usual issues, my hypertension, my diabetes, COPD. The other day I had blood tests—my cholesterol is high. But even if I have all these issues as long as I am faithful to my medicines, they are under control. I am grateful for my adoptive family. I have been with them since 2020." Bishop Raul has resigned from active ministry since 2020. But he remains cheerful and upbeat about life. And why not? He always has a double celebration in March. March 18, 1961 was when he was ordained priest 62 years ago. It was on March 24, 1983 when he was ordained bishop 40 years ago. Now 85 years old, Bishop Raul is just brimming with gratitude for his milestones.

Here are some more moments of that enlightening afternoon with Bishop Raul.

Q: What do you miss most about CTK?

Bp. Raul: I miss the people. I miss celebrating the Mass there. But I also celebrate Mass here every day. I also miss the company of my brother priests. I remember our camaraderie which became stronger when the pandemic struck. I remember during the first days of the pandemic and when we couldn't go out, Fr. Steve (Zabala), Fr. Jojo (Gatdula), Fr. Ricky (Montañez) and I would call ourselves the CTK Monastery.

I connect to CTK by attending the 7:00 a.m. online Mass every day. I would look for familiar faces in the church. Sometimes, I look for Sheryl (Coronel) and Ellen (Chua) in the choir. Sometimes, I recognize Rissa (Kawpeng). I miss my very generous and loving CTK family.

Q: Let's talk about church stuff. I'm sure you are aware of some movements in the Church. What are your thoughts on Pope Francis' recent thrust on Synodality?

Bp. Raul: It is good that Pope Francis consults everyone including the so-called "unchurched." Before, the laity had no voice. But eventually, the Church eased up. After the 2nd Vatican Council, the Mass was in the vernacular, nakaharap na rin ang pari sa tao. These days, even the CBCP is considering consecrated deacons. The flow of ideas is so fast and fluid that sometimes it is difficult to keep up. But I am happy that we are proceeding with the Synodal journey. The progression of the Church is there. It is all very good. It opens the minds of priests to what people think and feel.





Q: Cardinal Chito Tagle has been in the Vatican City for some years now. Your thoughts about his role and task in the Church.

Bp. Raul: With this Pope (Francis), anything can happen. He might resign. I "fear" for Cardinal Tagle—because he might be the next pope (chuckles). But it is amazing how Pope Francis entrusts many things to Cardinal Tagle. He represents Pope Francis in many international meetings. I also know he presides over Mass in the "Papal Altar."

Q: You have a very colourful and productive ministry. For sure you've met and mentored many priests. Any special ones that come to mind?

Bp. Raul: I was rector of a seminary in Capiz. It was the tradition in that seminary to assign students as "cleaners" of the rooms of the elders. I was fond of two cleaners who turned out rather well. One didn't pursue the priesthood but ended up as bar topnotcher. The other student was my room cleaner for four years. He did become a priest. Not only that, he became archbishop and is now the Cardinal of Manila Archdiocese. He is Cardinal Jose Advincula.

Q: You said that St. Joseph is very special in your ministry. Why is that?

Bp. Raul: I was ordained a day before the Solemnity of St. Joseph. I became parochial vicar of San Jose, Banga Aklan (March 1961). I was rector of St. Joseph Regional Seminary for 5 years (1978-1983). I became bishop of the Diocese of San Jose de Antique from 1983-2002. You could say that the inspiration of St. Joseph was very present in my ministry. Q: Sixty-two years as a priest, 40 years as a bishop. You have had so many experiences, blessings as well as challenges in your ministry. If you could turn back time, what advice would you give to yourself as a newly ordained priest?

Bp. Raul: Always be humble. Always pray to Jesus. Go to Mama Mary. Go to St. Joseph.

Humility in mission. A strong prayer life to Jesus, Mary and Joseph. Simple strokes to a blessed vocation.

Happy anniversary Bishop Raul! 🮪



Tessa and Sheryl blessed by the presence of Bishop Raul and the relic of Saint Pio from San Giovanni Rotondo in Italy.



KUMPILANG BAYAN 2022 By Ivy Yeh-Bantegui

Christ the King Parish bustles with activity, pandemic or not, and it gets busier during the fiesta month of November. The Catechetical Ministry was particularly busy with the Kumpilang Bayan, where 86 candidates received the Sacrament of Confirmation on November 19, 2022. Among the catechumens were two converts to the Catholic faith, three unbaptized practicing Catholics, and one baptized Catholic who had previously joined another faith denomination.

Janice B. Gatuslao and Marjorie Ann M. Lopena had found their way to the Catholic Church from the Iglesia ni Cristo (INC). James B. Balosa, Clayson Mactal, and Maya Paragas were raised in the Catholic faith but had never been baptized. Maureen Ortiz, baptized in the Catholic faith, had also become a member of the INC, but was happily reunited to the Catholic Church through the encouragement of her fiancé, our very own CTK staff member, John Dequina. Janice, Communion during the rites.

Everyone attended four catechetical preparation classes via Zoom, which began on October 22, 2022. Convert catechumens were given extra classes on church history, the Creed, and Marian dogmas.

As a usual practice, godparents attended a sponsors' seminar before the rites given by the Catechetical Ministry's co-coordinator, Sheryl Coronel.

The Catechetical Ministry is grateful to a host of people who made the event a truly successful one: our presider and parish priest, Fr. Steve Zabala; our catechists, Sheryl Coronel, Alma Yeh, and Joy Schallenberg; lectors Jane Aldeguer and Monette Najar; commentator and Parish Pastoral council officer Leila Banico; our altar servers JG Gonzales, Rain Arche, and Jomari Pasquin; our EHMCs Mon Acuin, Niño Mendoza, Allan Roxas, and Lito Pasquin; our photographers, Ma. Jefei Ella Yeh and Juancho Laus; our ushers Mary Ann Tan, Ninfa Valenciano, and Bunny Gerochi; and overall logistics team, the Yeh family.

April 15 (SACRAMENTAL RITES)

Adult Baptism and Profession: 7-8 a.m. at the Baptistery beside the Divine Mercy Chapel

Sponsors Catechetical Talk: 8-9 a.m. at the Main Church

Confirmation Rites and First Holy Communion: 9-11 a.m. at the Main Church



Posing with the elderly residents of Luwalhati ng Maynila. Lolo Lando (second from right) is among the oldest residents of the facility.

CWL VISITS THE ELDERLY IN LUWALHATI NG MAYNILA By Alma Yeh

Luwalhati ng Maynila Home for the Elderly has Debeen a beneficiary of the Catholic Women's League Greenmeadows Unit for almost 20 years. The League has always made sure that this facility will be included in its outreach plans every year. Even during the height of the pandemic, the League reached out by sending food, medicine, and cleaning materials delivered and received by its facility's administrator as they do not allow visitors for the safety of the elderly residents.

Last December 1, 2022, visits were finally permitted. The League took this chance to see old friends like Lolo Lando and meet new ones.

With the generous help of SSDM co-heads Joyce Tañedo and Cynthia Rodriguez, Buklod ng Panginoon head Cita

Pabillo and pooling it with the donations of the members of the League, it was able to purchase the most needed items of the elderly residents which were female terno shorts and blouses, male shorts, bath soaps, shampoo and cleaning materials such as chlorine bleach, powdered detergents, etc.

A friend of past unit president Baby Banal donated 403 pieces of T-shirts. Some CWL members donated towels, assorted biscuits and snack items, and face masks.

As of the League's visit, there were 202 lolas and 176 lolos.



LADIES OF CHARITY EMBARK ON GIVING LOVE IN ACTION

Group re-launches feeding program, other outreach activities as pandemic eases

From the reports of Buh Malonzo and Cynthia Rodriguez

The Ladies of Charity family in Christ the King Greenmeadows Parish is growing – fast.

An organization under the umbrella of the Social Services Development Ministry, the LOC has been very busy in its outreach programs now that the pandemic has lain low. Thankfully, membership is increasing after the call for more volunteers. Proof of this surge of interest is that Fr. Steven Zabala has been commissioning batch after batch of new members. As LOC's spiritual director, Fr. Steve attributes this burst of inspiration mirrored in the ballooning membership. He sums up LOC's 5 good points:

- 1. GOOD PEOPLE. You shine with your good works, and so attract more members.
- 2. GOOD PROGRAMS. Your programs targeted to uplift the poor are very well organized, effective, well-supported and the community sees the fruits of the programs.
- 3. GOOD VISION. Your leaders continue to support the vision of its founders and continue with its programs.
- 4. GOOD LEADERS. You have a competent team of leaders who are persevering on carrying out the programs.
- 5. GOOD GOD. God as the source of all your good actions continues to bless you abundantly.

Among the recent projects is the re-launch of the feeding program of young pupils at the Libis Elementary School. On March 20, the program which was paused due to the perils of the pandemic went all-out once again to better nourish the young learners and thus make them more





receptive to -their school lessons. LOC member and SSDM co-head Cynthia Rodriguez said that the children aged to 5 to 9 years old are from the kinder to grade 3 levels. The initial salvo fed 75 children a delicious meal of pork sinigang, rice and a treat of chocolate milk. The feeding program will be done every Monday and Thursday until the end of June 2023. The group hopes that next year, the program can expand to have daily feeding. Eileen de Leon, another LOC member says "We pray that these children not only receive nourishment of the body but also spiritual nourishment. May we lead them to Jesus through the program."

The LOC also donated goods (pots, pans, thermos, blankets, pillows, towels, soaps, toothbrushes, toothpastes, clothes) on March 07, 2023 to the fire victims (48 families; 220individuals) of Javier Compound Barangay San Juan, Taytay, and Rizal.

The second batch of their livelihood program participants will also graduate in March. On top that, the LOC aims to re-launch the feeding program on March 20. A rummage sale is scheduled on June and the LOC-AIC convention is set for April 21-23.

A REVAMPED CHILDREN'S MINISTRY

By Mina Mejia



This year, CTK Children's ministry is expanding! Mustard Seed was the name of the children's ministry of the parish but will now be just one of the programs under the CTK Children's Ministry.

Mustard Seed caters to the pre-communicants of the parish. It aims to deepen their love for the Word of God through fun activities like games, arts, and crafts. The ministry meets online every third Sunday at 10 a.m. and face to face every fourth Sunday of the month during the 9 a.m. children's Mass.

To reach kids age 8 to 12 who already receive communion, we launched R.O.C.K. Race On Catholic Kids, an online monthly formation. R.O.C.K. helps them understand the faith and deepen their love for God. It's held every second Sunday of the month at 10 a.m. First timers are always welcome!

We also welcome parishioners who would like to share their gifts and be part of the fun team. Help us fulfill the call of Christ to let the little children come to Him.



Lecom Juniors Serve at Children's Mass

Twelve children joined a formation facilitated by two of young lector-commentators (lecoms) to prepare them to be Lecom Juniors. As the culmination of one onsite and two online sessions about serving through the proclamation of God's Word during the Mass, Fr. Louie Punzalan blessed the children during the Feast of Santo Niño on January 15.

Chloe Maramara, Andrei de Perio, Elle and Tri Torres, Tarisa and Taliah Dulay, Via and Mateo Bellosillo, Bella Dumaual, Rysef Corsame, and Enzo de Guzman are CTK's first Lecom Juniors. Most of them had their first Holy Communion at the parish also.

The 12 children will take turns serving at the Children's Mass, which officially started on January 22 and will be held every fourth Sunday of the month at 9 a.m. Hail Mary the Queen children's choir will sing during these Masses.

Through the witness of these kids, we hope more children will follow in their footsteps and serve in the parish.

First Libis Mustard Seed Gathering

It was a family affair for the Mejias who went to Libis with BEC coordinator Eileen de Leon for the first Mustard Seed gathering on January 22. Mina Mejia, who heads the Mustard Seed kids ministry of CTK, conducted the children's catechism with her husband, Sonny, and two daughters, Alex and Dani. With the use of paper dolls and a reading of the Gospel story in Filipino, Sonny and Mina presented the story of Jesus calling his disciples to be fishers of men.

After that, Eileen and BEC Libis volunteer moms distributed coloring sheets, crayons, and coloring pencils to the children to reinforce the calling to share the Good News.

The kids were also asked to write down names of people they would like to invite to the next Mustard Seed gathering to help bring people to Jesus.

They wrote down names of their siblings, neighbors, cousins, and classmates. It was a good reminder that all of us can help bring people to Jesus at any age.

Mustard Seed caters to the pre-communicants of the parish. It aims to deepen their love for the Word of God through fun activities like games, arts, and crafts. The ministry meets online every second Sunday at 10 a.m. and face to face every fourth Sunday of the month during the 9 a.m. children's Mass.

This year, CTK childrens ministry is expanding! To reach





Mina Mejia, right, distributes coloring sheets while her husband, Sonny, takes care of the music.

Kids unleash their coloring prowes on sheets that remind them to be God's fisher of men.

children who already received communion. 8 to 12 years old, we are launching R.O.C.K. Race On Catholic Kids. an online monthly formation. Core kids are the members of LeCom jr. This is to help them understand our faith and help deepen their love for God. Know, love and serve..

But it is also open to non members. It will be held every 2nd sunday at 10 am. Simultaneous with mustard seed online sessions. It will start on feb 12.

We also launched Mustard seed in libis. A monthly session also every 4th Sundays in the afternoon. In coordination with Ate Eileen and the Libis Community. Ate Cynthia donates and prepares some snack with the libis mothers. They are nourished spiritually and physically.we started last jan 22 also.

We are also announcing that registration for first communion is now open. Ill send the poster.

With all these activities, we are inviting parishioners who would like to share their gifts and be part of the fun team! Help us fulfill the call of Christ, let the little children come.

We are giving a volunteer orientation on feb 26 at 10am. $\dot{\Box}$



WHEN CHILDREN SING LIKE ANGELS New Children's Choir Formed in Acropolis Village By Rissa Kawpeng/Tessa Mangahas

It was just an hour of practice before the Mass. Then, the actual singing followed. To the relief of parents, the kids were able to pull it off and wonderfully so. And thus was born the Acropolis Children's Choir.

It was on the initiative of CTK LeCom and Village Coordinator Irene Robles to gather the children to sing for their Village Sunday Mass. Thirteen kids showed up for their 'debut' service on March 5, the second Sunday of Lent. "I sent all the song sheets to the parents in advance so they can help their kids be familiar with all the songs," Irene explained.

By the time their second service came on March 19, 20 kids had signed up. For now, the kids plan to sing every third Sunday of the month in Acropolis, or twice a month at most. They are busy preparing to sing on Easter Sunday too.

As the psalmist said, "Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger" (Psalm 8:2, NIV). While kids singing in a choir may seem like an insignificant development, but in the spiritual realm, big things are happening.

Irene shared that for most of the kids, it was a first-time experience to sing in a choir. For adults that would be nervewracking. The added challenge was that interested kids just had an hour before the start of the Mass to practice. But as Fr. Steve always says when challenges occur, "If it is God's will, it will happen."

And happen it did. Acropolis Mass goers say they had goose bumps while listening to the angelic voices of the children. They were all the more inspired by the homily of Fr. Steve that said even young kids are called to serve and be disciples of the Lord.

Happy kids. Happy singing. Young though they may be, they herd the community into the presence of the Lord with their song.





Christ The King Parish — Greenmeadows

CTK EMHC DONATES TO QUIRINO MEMORIAL CENTER

By Benjie Jimenez

Christ the King Greenmeadows Eucharistic Ministers of Holy Communion (EMHC) donated P250,000 to the Quirino Memorial Medical Center (QMMC) in support of the World Day of the Sick (WDOS) last February 11,2023. An annual project of the EMHC, this year's donation is the largest so far. The donation will augment the funds of the Medical Social Service division. These funds are used to help patients buy their much-needed medicines. The amount was turned over on February 17 to Dr. Deborah Ann Sales MD-OIC, Chief Medical Professional Staff, and Ms. Edna Cruz, RSW head of Medical Social Service. The EMHC also thanks Fr. Steven Zabala and the Parish Pastoral Council for their support and guidance.



From left to right: Barbara Galendez, RSW MAEd, Edna Cruz RSW MPA, Deborah Ann Sales FPSOHNS, MMHA-OIC- Chief Medical Professional Staff, Benjie Jimenez- CTK EMHC Coordinator, Louie Reyes- CTK EMHC Treasurer, Manny de Leon – CTK WDOS Adviser, Cecilia Villamin, RN MMHA – Chief Administrative Officer, Isabelita Arao RN, PhD – OIC Nursing Department. Not in photo: Evelyn Victoria Reside MD, FPCP, FPCCP, MAS- QMMC Medical Director.

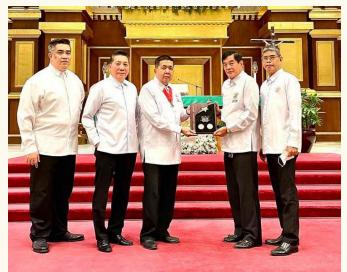


CTK'S KNIGHTS OF COLUMBUS COUNCIL RECEIVES AWARD

WGK Anjoe Ramos of Council 12461 receives the Knights of Columbus Plaque of Star Council given by the Supreme Council, New Haven, Connecticut, U.S.A. Rudy Retirado also bestowed the Star Council pin on District Deputy Rudy Retirado. Anjoe Ramos gave the Star Council pin on Program Director Manny de Leon. Other members who were present during the awarding ceremonies were Deputy Grand Knight Joel Tamor and Sir Knight Joseph Macavinta.

The Knights of Columbus Council 12461 CTK Greenmeadows was started by its first Grand Knight and Master of the 4th Degree Sir Knight Justice Lucenito Tagle on October 16, 1988. Total membership as of June 2022 was 123.





SEEN ZONE



CELEBRATING CHRISTMAS WITH NEIGHBORS

It was Christmas indeed on December 24, 2022 at The Nest, Greenmeadows' newly renovated events place. Thousands of fairy lights outlined the trees in the park and the hall was decked in glitter and trimmings. Residents came dressed to the nines to celebrate the happiest season of the year through the Christmas Eve Mass at 6 P.M.

It felt like a big family gathering of neighbors, many who have not seen each other in person since the pandemic began. Exchanging greetings and catching up with each other warmed the heart as some took photos to document the first Christmas Mass held in the village.

BEC LIBIS HOLDS LIVE BIBLE SHARING SESSION

By Tiny Perfecto

February 25 was the first time the Basic Ecclesial Community in Libis held a face-to-face Bible sharing since the pandemic hit in 2020. During the last two years, the Bible study was held via Zoom.



The gathering was held in the former kagawad's house and a lone male participant joined the group.

The event was an initiative of the Basic Ecclesial Community (BEC) headed by Beth Monedero. The same group spearheaded the first Saturday vigil Masses that started in the village in July 2022. It's the first time that the CTK parish approved a monthly Mass inside Greenmeadows because of its proximity to the church. But with the lingering threat of the pandemic, Fr. Steve Zabala green-lighted the initiative to reach out to those who were wary of attending live Mass at the parish. Entire families came and packed The Nest.

Fr. Rowan Rebustillo, who presided over the celebration, processed down the aisle at the start of the Mass followed by two children, Kendra Pascual and Prince Nathaniel Martinez, dressed as Mary and Joseph. After handing the image of the baby Jesus to Father Rowan who laid Him in the manger, the children patiently sat at the side of the stage throughout the celebration to complete the crèche. The Apostleship of Prayer-Ladies of Charity (APLOC) Choir headed by Ellen Chua lent their beautiful voices to lead the congregation in singing wellloved Christmas hymns.

The monthly Masses continue every first Saturday of the month, 6 P.M. at the Greenmeadows clubhouse to help build a community of praying neighbors.





The sharings were rich and attendees were told to write down what they had shared as well as the insights they learned from others so they wouldn't forget their lessons. The daughter of the former kagawad, Lanie Afos (in the blue striped dress), was busy preparing sandwiches for the group. But when she heard the verse that man does not live on bread alone, she felt called to take part in the Bible sharing.

LIBIS STREET MASS



Libis residents attend the Mass held outdoors



Fr. Reg Tiongson presides over the Mass Christ The King Parish — Greenmeadows

FEATURE

NOVO CONCERTANTE MANILA: A CHOIR WITH A PURPOSE

By Arwin Tan

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Tovo Concertante Manila was formed in 1998 for the two recital requirements of Arwin Tan, their conductor, for his Bachelor of Music degree in Choral Conducting at the University of the Philippines College of Music. After his graduation, the original group decided to continue singing together, and was christened "Novo Concertante" by Tan's mentor, Andrea Veneracion of the Philippine Madrigal Singers. Since then, the choir has maintained an active service and performance schedule, and continues to reinvent itself to be "a choir with a purpose." Novo's outreach performances have helped churches, public-service institutions, and humanitarian organizations raise funds to accomplish important projects aimed at improving the general welfare of their respective communities.

Novo's involvement with Christ the King Church started in 2002 when the choir sought the aid of the CTK community as it embarked on its first competition trip to South Korea for the 2nd World Choir Games (formerly Choir Olympics). Msgr. Jaime Mora allowed the choir to sing at several Masses one Sunday in May 2002 to appeal to the generosity of the congregation through a second collection. The funds raised that day covered the airfare of a few singers, which contributed to the success of Novo's first venture into the world of international choral competitions. That initial visit to CTK was followed by an invitation to sing as one of the choral groups for the Easter Vigil Grand Choir, until Novo eventually took on a regular weekly assignment. At present, the choir sings at the 10:30 a.m. Sunday Masses.

Novo Concertante's repertoire covers music from the Renaissance period to the 21st century, showcasing the various possibilities of the human voice. Aside from the classic choral compositions of European masters such as Palestrina, Gesualdo, Monteverdi, Brahms, Mendelssohn, and many others, the Novo Concertante Manila sings interesting sacred, folk, popular, and contemporary songs from around the world, highlighting music written by Filipino composers such as Francisco Feliciano, Lucio San Pedro, Ramon Santos, Ryan Cayabyab, Ruben Federizon, and Eudenice Palaruan. The choir





Novo at Christ the King

has premiered many works of its resident composers and arrangers: Ralph Hoffmann, Jay-el Viteño, and Tinnah de la Rosa, among others.

The choir received the Ani ng Dangal award four times from the National Commission for Culture and the Arts in recognition of Novo's achievements in international choral competitions. In its 24-year history, Novo Concertante Manila has competed and won in several international choral competitions, i.e., Austria, China, Japan, Malaysia, Poland, South Korea, Spain, and Thailand.

In addition, the choir has also performed in numerous International and local choral festivals such as the XII Festival Internazionale Seghizzinregione in Udine, Italy (2014), 50th and 53th Organ and Choral Festival in Kamien Pomorski (2014 and 2018), Poland, the 7th and 10th Organ Festival in Szczecin, Poland (2014 and 2018), and the 6th and 9th International Edmund Szymański Choral Festival in Murowana Goślina, Poland (2014 and 2018), Strings of Unity in Yilan, Taiwan (2014), Glorificamus Te I, II, and III in Manila, Philippines (2014, 2015, and 2016), the Chinese Choral Music Festival in Kuala Lumpur (2010), the 1st Manila Choral Festival (2007), the 2nd International Silent Film Festival (2008), the Jubilate Choral Festival in Singapore (2004), the Mundawit, "Madz et al." and "A Merry Novo Christmas" Choral Festivals. It is currently ranked number three among the Top 1000 mixed choirs of the world by Interkultur, Germany.

More than these accolades, Novo maintains a simple yet noble goal—to bring people closer to experiencing God's presence through music—and this aspiration is what drives the choir towards excellence.

Our voices are God's special gifts to us, and it is our intention to develop them in order to create beautiful sounds and harmonies to touch the hearts of those who listen to us. It is our humble attempt to return God's gift by mirroring His profound love for His people. 22



The CTK Youth Ministry gears up to make greater impact in the parish with more activities that appeal to the young. Its new ministry coordinators, Miguel de Leon and Ryle Rellosa, envision rousing the youth to participate more actively in church, which can aid in their personal and spiritual development. The goals of the ministry include enjoining the youth to serve in other ministries and to address the issues of the youth that were raised during the Synod.

With mission and vision in mind, the ministry has organized different initiatives such as the Saturday Night Life and the Youthchella: Parish Youth Festival. The Saturday Night Life is a bi-monthly event where the topics of the sessions are based on collaborations with other ministries and the different issues of the youth during the Synod. The first session last August was memorable since the ministry was finally able to gather face to face after two years.

The youth realized that despite having different priorities in life, different interests, and different tastes in hobbies, they all shared the feeling of being free, peaceful, and united through the church.

The Youthchella: Parish Youth Festival was held last November 2022. This was a fun-filled event where the participants and the performers gave their time and effort. Father Steve graced the event saying that this event was just the beginning of welcoming the youth back to CTK. He hoped to see more young faces serving in the different CTK ministries.

Aside from these events, the youth also took time to serve in other projects. A gift-giving was held in line with the 43rd CTK Fiesta where 305 gift bags were packed and handed out to the different families of Libis. The youth also served in some of the Sunday Masses, including sponsoring the first Sunday Mass of the month.

In solidarity with the parish theme of PRO L.I.F.E.—Listening, Inclusive, Family-centered, and Evangelizing—the youth ministry is ready to offer its bountiful talents and potentials as they prepare to become the future leaders of the church. $\dot{}$



continued from page 10...

as essential so that priests can take on a light and a peace once again to be better missionary disciples.

For their part, the People of God in the entire Diocese of Cubao prayed for the successful recollection of its clergy in the fervent hope that their shepherds will be more like Jesus, not mere "clerical functionaries " or "professionals of the sacred". We continue to pray that our priests will be shepherds of compassion and courage and that we will see the face of God in each of them. \triangle



"Both are pauses. During retreats and recollections, we pause to be spiritually nourished. We silence our hearts to commune with God in prayer, to reconnect and deepen our relationship with him. Renewal, we pause to be nourished emotionally, pastorally, and personally. We undergo updating and formation (in various fields!) to take care of our priesthood and our person. After the pause, we hope to go back in our ministry as better pastors, better persons."

- Fr. Steven Zabala Parish Priest, Christ the King Greenmeadows

"Clergy renewal is essential because it keeps alive the fire of the work and presence of God in the life of a priest. The gospel of Jesus Christ is always new and renewal keeps it that way."

> - **Fr. Dennis Soriano** *Rector, Immaculate Conception Cathedral*



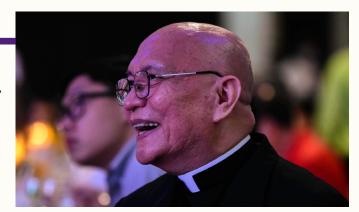


"It would be too presumptuous if one thinks that priests are already filled up with everything needed for the ministry. Our monthly recollection/renewal keeps us abreast with our evolving needs in serving the faithful. No shortcuts there!"

- Fr. Larry Garces Parish Priest Most Holy Redeemer Parish

"Regular recollection is important because Prayer, our personal relationship with God is our lifeline."

> - Bishop Honesto Ongtioco DD Diocese of Cubao



DONORS PAGE

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SCHEDULE OF PUBLIC MASSES as of November 20, 2022	VISITATION HOURS	PARISH OFFICE	Constanting of the second	
WEEKDAY MASSES Mon to Fri 7AM ? IVE 6PM Sat 7AM ? IVE	CHURCH Mon-Fri 9AM-6PM Sat 9AM-3PM CRYPTS	Tues to Sun 8AM-12NN 1:30-4PM Mon CLOSED Landlines: 8633-0280 (Baptism, Mortuary, Crypt) 8638-4838 (Weddings)		
SUNDAY MASSES Sat (Vigil Mass) 6PM Sun 6AM 7:30AM 6 W 9AM 10:30AM 6 W 12NN 5PM 6 W 6:30PM	Daily 6AM-6PM MORTUARY Daily 8AM-9:30PM ADORATION CHAPEL Daily 6AM-8PM *PHYSICAL DISTANCING: 6pax at a time	Mobile (TEXT ONLY): 0908-365-4255 DARISH EMAILS WEDDINGS Ctkgmweddings2023@gmail.com BAPTISMS (includes First Holy Communion and Confirmation) ctkgmbaptism@gmail.com DONATIONS ctkgmdonations@gmail.com		
Wed to Fri9-10AMSat5:30-6PMSun10-10:30AM4:30-5PM6-6:30PM	WEDDINGS & INDIVIDUAL BAPTISMS As scheduled	HASS INTENTIONS Ctkmassofferings@gmail.com DTHER CONCERNS Ctkgreenmeadows@yahoo.com.ph Ctkgr	bothip parishi	
	Here are ways you can show thankful giving:			
	G) GCash	PSBank	Christ the King Parish CA 089-330-00016-2 Parish Operations, Church Maintenance	
		BC CHINABANK	Christ the King Parish 242-002031-2 Casa de Silencio	
		BDO	Christ the King Parish 0035-2802-2124 Pastoral Programs	

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PHOTO: Roman Catholic Dioe

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