



THE HERALD

CHRIST THE KING PARISH • GREENMEADOWS

FATHER'S HEART TODAY

STAY ROOTED, STAY INTEGRATED, STAY CONNECTED: **LIVING THE JUBILEE YEAR WITH HOPE AND ACTION**

By Fr. Arthur Opiniano, *Parish Priest*

There is a fascinating story about the Chinese bamboo tree. When a farmer plants the seed, nothing appears to happen for the first year. The second, third, and fourth years pass, yet there is no visible growth. But in the fifth year, something extraordinary occurs—the bamboo suddenly shoots up, growing as much as 90 feet in just six weeks! The secret? During those first four years, the tree was growing deep roots underground, preparing for the massive growth to come.

Like the bamboo tree, the Jubilee Year calls us to focus on growing deep spiritual roots. Our faith must be nurtured in ways that are not always immediately visible but are essential for true growth. The Jubilee Year is a time of grace, renewal, and recommitment to our faith. It is a sacred opportunity to reflect on God's abundant mercy and respond with hearts full of gratitude and action. As we journey through this special year, let us embrace three guiding principles: Stay rooted, stay integrated, and stay connected.

Stay Rooted: Deepening Our Faith in God

To stay rooted means to establish ourselves firmly in the Lord, drawing nourishment from His Word and sacraments. Psalm 1:3 reminds us that the faithful are "like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither." Our spiritual lives thrive when we remain steadfast in prayer, Scripture, confession, and the Eucharist.

As stewards of our faith, we must cultivate a personal relationship with God. This Jubilee Year calls us to deepen



"The Jubilee Year invites us to renew our commitment to justice, peace, and care for creation."

our commitment to regular prayer, active participation in the sacraments, and ongoing formation. By doing so, we become spiritually resilient and capable of withstanding life's challenges with faith and courage.

Stay Integrated: Living Our Faith in Daily Life

Being integrated means that our faith is not separate from our daily lives—it informs our decisions, actions, and relationships. As faithful stewards, we are called to embody Gospel values in our families, workplaces, and communities. Stewardship is not just about giving financial support to the Church; it is about living a life of integrity, generosity, and service.

The Jubilee Year invites us to renew our commitment to justice, peace, and care for creation. We are called to work for the common good, ensuring that our faith is not confined to church walls but extends to every aspect of our

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"The Children's Mass at 4:15 PM every Sunday introduced just last November, has now become the most attended, a sign of our growing and dynamic young faithful."

Staying rooted in faith, integrated in life, and connected in community enables us to be true stewards of God's gifts.

lives. Whether it is through acts of kindness, responsible use of resources, or advocating for the marginalized, our faith must be visible and transformative.

Stay Connected: Strengthening Our Community

Christian life is not meant to be lived in isolation. As members of Christ's body, we are called to stay connected with one another, supporting and uplifting our fellow parishioners. Hebrews 10:24-25 encourages us to "consider how we may spur one another on toward love and good deeds, not giving up meeting together, but encouraging one another."

Our CTK parish community is a gift—a family of faith where we find strength, support, and encouragement. This Jubilee Year challenges us to be more engaged in parish life, participate actively in ministries, and foster meaningful relationships. By staying connected, we create a vibrant, welcoming, and mission-driven Church.

Living the Jubilee Year with Hope and Action

As we celebrate this Jubilee, let us remember that it is not just a time of personal renewal but also a call to action. Staying rooted in faith, integrated in life, and connected in community enables us to be true stewards of God's gifts. Let us embrace this year with hope, gratitude, and a renewed commitment to live out our faith in meaningful ways.

Christ the King Parish: A Community Growing in Faith and Stewardship


As we journey through this Jubilee Year, the vibrant developments in CTK stand as a testament to our collective commitment to faith, service, and community. Our beloved Bishop Nes may have found his new home here, bringing

joy and contentment to his pastoral mission. The Children's Mass at 4:15 P.M. every Sunday introduced just last November, has now become the most attended, a sign of our growing and dynamic young faithful.

Our generous love offering for "Casa Rises: The Homestretch" has surpassed our 40-million-peso goal by over P4 million and counting. This generosity reflects the spirit of giving that defines our parish as a Parish for the Others. The establishment of new liturgical ministries in Libis and Opus Mall Chapel showcases our expanding community and the deepening of our faith practice.

Our dedication to keeping CTK beautiful and elegant continues with the upkeep and cleanliness of our surroundings. Looking ahead, the rehabilitation of our main church pews and altar, as well as the upgrading of our facilities, including the total renovation of our old columbaries and mortuary chapels, ensures that our sacred spaces remain welcoming and dignified.

Let's embrace this Jubilee Year with renewed hope and a clear vision for CTK. We are already planning for major events, ensuring that our CTK parish community stays rooted in faith, integrated in mission, and connected in love. Together, we move forward in hope and action, ever grateful for the blessings bestowed upon us.

To God be the glory! 



"Our CTK parish community is a gift—a family of faith where we find strength, support, and encouragement." Bishop Eli Ayuban joins CTK clergy (L-R), Fr. Pal Berdos, Fr. Mike Cabangisan, Fr. Aytoy Opiniano (parish priest), Fr. Rex Jeba and Fr. RL Orate for a photo during his pastoral visit.



The CTK EMHC Ministry handing over cash and in-kind donation to QMMC. Shown in the middle of the picture is EMHC treasurer Louie Reyes handing over the cash donation to Ms Edna Cruz, head of Medical Social Work Department of QMMC. Looking on are EMHC coordinator Benjie Jimenez, Ms Thea Camile Romano, Social Welfare Officer-I assigned to medicine charity ward, Ms Diane Lyn Londonio, Social Welfare Office-II, assigned to pedia charity ward, and Mr Christian Galdones, QMMC psychologist.

CTK EMHC MARKS WORLD DAY OF THE SICK

Story and photos by Benjie Jimenez

The Extraordinary Minister of Holy Communion Ministry (EMHC) had a successful World Day of the Sick activity at the Quirino Memorial Medical Center (QMMC) on Saturday, February 22, 2025. After attending the 7 A.M. Mass in CTK where Fr. Rex Jeba gave us his blessing, we visited more than 300 indigent patients. We prayed with them, gave them Holy Communion, provided them with religious items (like rosaries, rosary guides, and scapulars), and gave them snacks. We were also able to raise a record P400,000 in cash donations and P20,000 in-kind donations of medical items that we turned over to the Medical Social Services Division of QMMC. This is higher than the cash donation last year (P380,000), 2023 (P250,000) and 2022 (P129,000).

Fifteen volunteer EMHCs joined this noble Communion of the Sick activity: Benjie Jimenez, Teng Gerochi, Reggie Nolido, Louie Reyes, Paolo Espiridion, Allan Roxas, Jun Navarro, Irwin Reyes, Manny de Leon, Henry Porca, James Bautista, Judee Boado, Ronnie Nolasco, George Samson, and Patrick Roquel.

The ministry was also joined by the Makati Golden Lions Club who supported us with cash and in-kind

donations, and helped distribute the items to the patients.

We thank Fr. Aytoy Opiniano for his guidance and support. His direction in making sure our activities focus on our charism enabled us to make this activity bigger and more successful. We would also like to thank the Parish Pastoral Council members for helping us raise funds through their organizations, ministries, and villages. A special shoutout to Ate Beth Monedero for mobilizing the Greenmeadows residents in supporting this activity.

Lastly, we are very thankful to God for making us His instrument of love and healing. May God continue to guide, enlighten and bless our ministry as we fulfill our mission of bringing Christ closer to everyone through the Eucharist and by living a Eucharistic life. 🙏



Members of CTK EMHC Ministry were blessed by Fr. Rex Jeba after Mass before they embarked on their mission of mercy.

EMHC ministers lead the prayer rite for the Communion of the Sick.



Christ The King Parish — Greenmeadows



LADIES OF CHARITY LIVELIHOOD: COMMITMENT TO SERVICE AND NURTURING SPIRITUAL LIVES

By Girly G. Chavez

The Ladies of Charity, founded by St. Vincent de Paul, embodies the spirit of charity by addressing the needs of the poor, as they have done since the 17th century in France. The LOC of Christ the King Greenmeadows has been actively reaching out to the poor through livelihood programs funded by the parish. LOC focuses on humility and service, as we strive to help marginalized individuals. This initiative highlights the LOC's commitment to empowering individuals through skill development, fostering community growth, and continuing our mission of service and spiritually nourishing others through Catechism.


The Ladies of Charity, in collaboration with the Ang Hortaleza Foundation Inc., successfully conducted the "Four-Day Ganda Mo, Hanapbuhay Ko Basic Cosmetology Training Program" last October 22 to October 25, 2024 at the Inang Lupang Pangako in Payatas, Quezon City. The 36 graduates were given knowledge and skills empowering them to explore new livelihood opportunities and enhance their self-sufficiency. With the

highly competent and skilled trainers from the Ang Hortaleza Foundation, the participants successfully gained skills that will surely open their doors to new livelihood opportunities that will hopefully change their lives. Carrie Young was the team lead, together with her members, Cecille Fernandez, Mylene Cobankiat, Dulce Barretto, Lory Cipriano, and Girly Chavez (catechist). They were present all throughout the four-day training, which ended with the presentation of graduates and was graced by the Ang Hortaleza Foundation CEO, Rosalinda "Sansan" Hortaleza.

On February 27, 2025 the representatives from the Ang Hortaleza Foundation and members of the LOC had the after-graduation evaluation called "Kamustahan." The 36 graduates were present and were assessed. The aim of the evaluation was to determine whether their acquired skills during the training had

a positive impact on their livelihood and economic well-being. The evaluation proved that the training had indeed provided the participants with new opportunities and a pathway for self-sustainability.

The Ladies of Charity also started the year 2025 with a training on Basic Computer Literacy and Contact Center Services at the Parish of the Transfiguration in Barangay San Roque, Quezon City. This was done in collaboration with the Social Services Development Department of the Quezon City Hall. The training started on January 8 and ends on March 26. There will be 17 participants who will graduate on March 28 at the Quezon City Hall.

The Ladies of Charity is committed not only to enhance the lives of the marginalized by enriching them with skills, but also to nourish them spiritually. Two to three hours of Catechism on salvation history and the Ten Commandments were given to all attendees of the livelihood programs. These sessions were designed to deepen the participants' understanding of their faith while they develop vocational skills. By integrating spiritual education into the program, the Ladies of Charity aims to support the holistic growth the participants, nurturing both their capabilities and their spiritual well-being. 

LADIES OF CHARITY-CTK SCHOLARS LEADERSHIP CAMP

By Lorie Santos

The Ladies of Charity-CTK scholars who graduated in 2022 to 2024 were able to partner up with NexUS for an exciting opportunity for youth leaders. We were able to sponsor eight scholar graduates. NexUS is a growing community of youth leadership advocates with the shared purpose of connecting the readiness of graduating students and/or fresh graduates to the ever-changing needs of the Filipino workplace.

In the three-day Leadership Camp held last August 28 to 30, 2024 at the Elaren Garden Resort in Alfonso, Cavite, NexUS campers participated in interactive workshops on various topics. They were empowered to learn to NAVIGATE the workplace by anchoring on a clear purpose and leadership brand; demonstrated their unique talents and strengths, and identified ways to consistently use these to EXCEL in what they do; and create a career plan with practical next steps to collaborate with fellow campers to UNITE & SERVE together.

As the pioneers of the NexUS Leadership Camp, they have named themselves Uno.

These campers were so excited, joyful and had no regrets in participating. They learned so much that they couldn't wait to share their amazing experiences to their family and friends. At the same time, they can use what they have learned to face their future at the workplace. They all went home with big smiles on their faces.

Thank you, NexUS and also The OneCore and Positive Workplaces, our co-partners who gave these graduates a memorable learning experience.

Congratulations, Team Uno! You did it! Your dedication, passion, and teamwork are truly inspiring!



The future of leadership is brighter than ever! The NexUs Youth Leadership Camp was an unforgettable journey for the first batch of campers, who call themselves Team Uno. Here we see NexUs Team Uno creating a hand gesture to represent being the pioneer batch of the camp.



Co-founder Coach Pia Nazareno Acevedo came by to celebrate with the campers. NexUs is a partnership among three companies: The OneCore, Management Strategies, and Positive Workplaces. The vision is to equip and empower participants with the skills they need to succeed in the workforce.



The NexUs Camp facilitators, Joyce, Micah, Miggy, Monette, and Marco

Workshops were conducted both indoor and outdoor in the beautiful Elaren Garden Resort.



'LET THE CHILDREN COME TO ME': CHILDREN'S MASS FLOURISHES IN CTK

Compiled by Mina Mejia

Since it was launched in November 2024, the 4:15 P.M. Sunday children's Mass has been raking in families to the Eucharistic service. The Sunday's Children's Mass now enjoys the biggest attendance among all weekend Masses, an encouraging development since the local Church had been having difficulty in asking the faithful to come back and take part in the Eucharist in person. As a welcome offshoot, more and more are joining the Children's Ministry led by couple Sonny and Mina Mejia, ably supported by their own children.

Recently, Father Aytoy commissioned the members of the Children's Ministry and the new altar servers.

So why are more and more young people responding to the call to serve the Church? CTk's youthful volunteers share their experiences.



"Do not say I am too young." Kids line up during Children's Mass eager to take part in serving the Lord and his community.

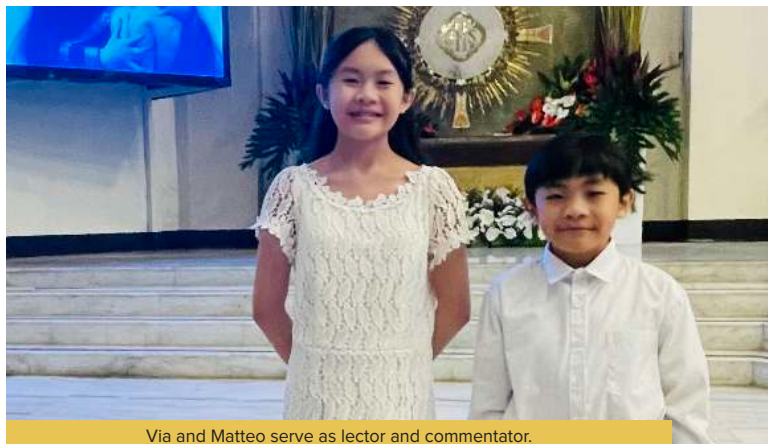


Sisters Ali and Juliana serve together.

I have been part of the Children's Ministry for a year now. Before that, I was part of the Mustard Seed, which was basically a foundation for my interest in joining the ministry.

For me, it is an exciting experience to serve in church. The different scenarios, as well as all the fun tasks make up my experiences. Though there are confusing moments, like losing track of the offertory basket or something that causes you not to fulfill the job well, it's all part of the package. Thankfully, most of your worries get resolved because of this great community.

Another thing that really makes me enjoy the ministry is seeing how much it has grown. I like seeing how little kids get inspired to join Mustard Seed or even serve! Being part of CTk has also brought me new friendships that keep me entertained and I enjoy serving



Via and Matteo serve as lector and commentator.

even more! By helping out, I get to communicate with people more. It helped me become less shy to talk to others and lead the other servants. It made me expand my boundaries.

Lastly, I realized how much this ministry has done for me. The experiences gave me confidence and understanding. It made me grow. Serving gives me tasks, which for me is great, because I get to help out in all that I can. When I serve, I see how this ministry opens the eyes of people to their duties in church.

In the end, this ministry has helped me improve and taught me to put my faith in God because He can guide you through storms. From when I was a student in Mustard Seed up to each Mass where I serve as collector, you could say my faith has truly grown like a mustard seed already. – **Ali Vergel de Dios**



Parents and guardians in a frenzy to document the commissioning of young servant volunteers on Commissioning Day.

I have been attending Mustard Seed since 2018. I now serve in the Children's Mass. My family and I have been serving in the Children's Ministry for over a year now. When they were looking for readers and collectors, my sister and I wanted to join, so we did. I did not expect the ministry to grow from a rotation of three groups to many more in just a few months. Over the months, we've recruited friends to complete strangers to grow in this community. In the ministry, I met different people and wonderful friends whom I never would have met if I hadn't joined. At first, I was nervous to read in front of total strangers. But with the help of this ministry, I got over it and now greatly enjoy reading at Sunday Mass. As one of the first collectors, it can be confusing to explain positions and routines to new collectors. But the adult volunteers made it easier. My experience in the ministry has truly helped me to appreciate the Holy Mass more and understand it better. The ministry has helped me in every step of the way. Being part of this ministry is truly amazing, even if it is still in the early stages of growth. I hope that everyone continues to serve the Lord through the Holy Mass.

– **Juliana Vergel de Dios**

Serving in children's ministry has been such a rewarding experience. Initially, I was uncertain about what to expect, but I soon discovered how much of an impact children have on others, whether we serve as lectors, commentator, or even collectors. It gives me a sense of fulfillment and joy knowing that I am becoming an instrument of God's love for others.

My involvement in the CTK Children's Ministry also helped me grow in my own faith. The wonderful people I serve with remind me of the simple truths of God's love, and I've learned so much from them. I am truly grateful for the opportunity to be part of the Children's Ministry. Thank You, Lord, for allowing me to know you more, love you, and serve you through the CTK Children's Ministry.

– **Via Bellosillo**



The smile says it all. Matteo "prayer poses" beside the original Christ the King statue at the CTK garden.

The CTK Children's Ministry has been a transformative experience for me, bringing me closer to God than I ever thought possible.

I began serving in 2023 as a member of the LeCom Jr at just eight years old. Two years later, the Children's Ministry has significantly influenced my spiritual journey. It has changed how I perceive God. Initially, I only knew Him as the Creator of the universe, someone I thought of as the "Cool Guy." Just imagine creating the entire universe—it's incredible!

I was blessed to attend CTK's First Communion Catechism, where I learned that Jesus is the one true God, truly present in the Eucharist. My understanding of Him deepened, and I began to see Him as a loving and compassionate God who is always there to support us when we stumble. He loves us immensely, and He deserves all the love in the world!

Thank you, Tita Mina Mejia, for inviting me and my sister to join the Children's Ministry. Now, I am not only looking forward to serving as a lector, commentator or collector but I'm also excited to join the newly formed Holy Family choir!

– **Matteo Bellosillo**

IF GOD WANTS IT, IT WILL HAPPEN

STORIES OF HOW THE LIBIS COMMUNITY IS THRIVING

By Tessa Mangahas with Eileen de Leon

Strong but silent. Always present but unobtrusive. This may well describe the Libis community that is an intrinsic part of Christ the King Parish Greenmeadows.

Libis always had a monthly street Mass, Bible class and Kwentong Bibliya on Zoom. But BEC coordinator Eileen de Leon felt the community deserved more.

The volunteers from Libis are loyal, dedicated and committed. But there are hurdles that prevent them from blossoming to a fully active community. The physical distance alone between Libis and CTK church is a challenge. During regular parish activities such as Marian events in May and the parish fiesta in November, Eileen has had to shuttle the Libis volunteers and participants to the church in Greenmeadows.

But in September last year, just a few weeks into the administration of CTK's new parish priest, Fr. Aytoy Opiniano, the faithful of Libis seem to have been invigorated with new fervor, starting with the weekly anticipated Masses in their area.

Eileen muses, "When Father Aytoy became our parish priest, I asked for his approval for a weekly Mass in Libis. He approved it immediately! I was pleasantly surprised to learn that the very first BEC community that he visited in CTK upon his transfer was Libis!"

This gesture was evidently most appreciated by the humble community. Libis residents say that they were touched by Father Aytoy's visit and immediately felt the loving presence of their new *kura*.

Little did they know that this would be the proverbial tip of the community-building iceberg.

In the next weeks, the faith experience in Libis was ignited in ways that surprised many people, including the community itself.

"Watching Bagong Bayan in San Roque Church grow in faith inspired me to pray for the same blessings in Libis," Eileen recalls. And sure enough, her fervent prayers worked as church-based ministries grew rapidly.

Amid initial birth pains, the ministries continue to grow. Little by little. Bit by bit. Eileen recalls that their very first choir for the weekly Masses were the children of the greeters and collectors' group. An alumnus, a product of CTK's Ladies of Charity's scholarship program, became the first choir master. Initially, BEC had to "import" from CTK's Lectors and Commentators group, the Eucharistic Ministers of Holy Communion and altar servers to assist during the Masses. Two blue plastic square tables were put together to be the first altar. It was covered by an old lace tablecloth.



Choir practice happens where there is space available to gather.



Fr. Aytoy is encouraged by the growing number of liturgical volunteers who serve.



Fr. Pal Berdos sings to enhance the prayerful atmosphere during each Mass.



Fr. RL Orate strikes a Korean heart as he poses with the Libis community.



The numbers of those of wish to serve during Mass are growing week by week. Fr. Aytoy poses with Mass volunteers.



Some volunteers are mentored by the Mother Butler Mission Guild

But these humble elements didn't take away from the community's fervor. Every Saturday at 5 P.M., more and more of the Libis faithful are attending the anticipated Mass. The familiar, silent, willing-to-help and unobtrusive faces were all there. The simple folk gathered to pray and participate in the Eucharist. "And that was all we needed," Eileen says.

Months later, the community continues to grow and express their faith in confidence. It was a whispered prayer from the heart coming to fruition. The Mother Butler Mission Guild (MBG) donated the Mass kit and altar linen. LOC and lector Cynthia Rodriguez donated the crucified Jesus for the altar. Recently, Father Aytoy commissioned the first batch of Libis and Opus liturgical servers that included lectors and commentators. Eileen shares, "We even had an Advent wreath and Belen set up last Christmas!"

Mass attendance in Libis continues to grow as well. CTK's scholars and children from the feeding program are becoming regulars. Presently, Libis has nine lectors, two children lectors, six altar servers and six MBGs dedicated to serving the Libis community.

Beyond the weekly Masses, the sacraments are slowly flourishing in this humble community. Recently, a slew of challenges confronted the batch from Libis that was scheduled to be baptized at the Divine Mercy Chapel.

"*Akala ko nga hindi na matutuloy* (I thought it would not push through.) *Ang daming requirements pala*, ranging from letter explanations why the children were not baptized to compulsory catechism classes. That was on top of classes for the parents. Then some got sick, others even lost their voice. I didn't realize that organizing the Binyagan for Libis was going to be such massive work," Eileen enthuses.

But as one priest puts it, "If God wants it, it will happen." And so, it did. The Binyagan for Libis did push through at the Divine Mercy Chapel on February 15, 2025.

Strong but silent. Present but unobtrusive.

Pretty soon, no one in Libis will notice or mind the blue plastic table legs peeping from underneath the lace table cloth of the makeshift altar. Instead, they will see and feel the presence of Jesus. Only Jesus. 🙏



Libis residents receive training from the Mother Butler Mission Guild.



Libis Mass crowd keeps on growing.

BISHOP-EMERITUS NES ONGTIOCO AND 'UBUNTU'

We hold hands, I am happy with you

By Tessa Mangahas



He is the only bishop many of the Cubao faithful has known. Small wonder because for the past 21 years, Bishop Honesto “Nes” Ongtioco has been the father of the Cubao Diocese.

But on October 4, 2024, the Feast of Saint Francis of Assisi, things changed quite dramatically for Bishop Nes and the communities and parishes under the Diocese of Cubao. That’s because Pope Francis announced that Cubao would have a new bishop in the person for Claretian missionary and provincial, Elias Ayuban Jr. CMF, DD, JCD.

The news surprised many of the Cubao faithful. After all, they could see how sprightly and generally fit Bishop Nes is despite his 76 years. CTK however was delighted by the impending reunion of sorts because days after the announcement, they received the good news that Bishop Nes would be living among them.

It was like coming home to CTK since Bishop Nes was the community’s fourth parish priest. Under his guidance, CTK embraced Stewardship as a Way of Life and eventually imbibed its character as a “Parish for Others.”

The Herald caught up with Bishop Nes after his regular 7:00 A.M. weekday Mass and he shared how life has been as Bishop Emeritus and CTK’s resident bishop.

Were you surprised about the Pope’s announcement of the new bishop and how did you react?

I must admit that although it was expected, since I had already submitted my resignation a day before my 75th birthday, I didn’t think it would happen that soon. I think the Holy Father knew that I was still relatively healthy and I was well aware of the lack of bishops, so I thought I would stay on for about two more years. I learned of the news only on October 2, a couple of days before the official announcement was made, but the news was on embargo.

But, you know, I am always ready. I felt no resistance to the announcement. That is our life, our ministry—you should always be ready to let go and be let go. As soon as I was allowed to do so, I texted Fr.

Steve (Zabala) and my Board of Consultors. We had an emergency meeting and I told them I got an official notice regarding my successor.

When did you officially meet up with Bishop Elias Ayuban Jr. after the announcement was made?

We met up at his residence. I remember it was a Saturday and I had a full schedule. The priests and I met to congratulate Bishop Eli at their provincial house in Immaculate Mary Parish. To make that meet-up more symbolic, I brought many things that I was sure Bishop Eli still didn’t have and would need. I brought a shepherd’s staff, which was a gift from the Dominican Sisters. I remember that I, too, was given a similar gift. I also gave Bishop Eli a pectoral cross. And I gave him a bishop’s ring.

Fast forward to five months after, how has your retirement been? What were the major adjustments you had to make apart from your physical residence? Are you much more relaxed these days?

In terms of activity, I would even say I am busier now. But it is a relaxing and more enjoyable kind of busy. I have been relieved of the “burden” of administrative functions. No more numerous checks or documents to sign. In fact, I feel gifted with more opportunities to serve and to grow spiritually. Before October 4 last year, I already had a slew of appointments and events, some of which are until the end of 2025.



Unexpected grace. Father Aytoy extended the invitation for Bishop Nes to stay in CTK just days after the announcement of his replacement. He was elated that Bishop Nes agreed.



People line up to receive the blessing of Bishop Nes after his Sunday Masses.

I've made my life simple. *Kung masikip ang banig, mamaluktot.* But I enjoy the comfort if it is there. *Mag-stretch ng konti.* I used to sleep in a *papag* when I was rector.

I am happy to be back in CTK. Happy to serve again with some people I know. I am quite happy going to people whom I've served. *Kaagad nag-offer ang CTK.* I didn't even have time to process Father Aytoy's invitation. I was very touched by the grand welcome, especially when several

people were assuring me that they will take care of me. Even Chef Jessie Sincioco kept saying she would take care of any special food that I might need.

What is your role in Cubao as Bishop-Emeritus?

Bishop Eli said that he will consult me from time to time. I go where I am needed. But I don't cross the line. I don't mind if my name isn't mentioned in Mass anymore. I go where the Lord wants me to go and minister to the people of that place. I've accepted invitations from groups like the Legion of Mary and CWL. I noticed that people here are hungry for the Word of God so I make sure to prepare my daily homilies well.

What are the innovations or changes you initiated in the Cubao Diocese that you are most proud of?

I was blessed with very gifted priests. You don't have to know or do everything; you just ask. You just talk to people and discern their needs. *Ayun*, I'm very grateful to the Lord for that. I will never claim credit for the accomplishments of the diocese for the past two decades.

Very clear *sa akin* and very present *ang African* concept of *ubuntu*. *Kung meron tayong magandang* accomplishment, it is because of the faithful of Cubao and our very good priests. *Ubuntu*. I cannot be happy if you are not happy. We hold hands. I can be happy with you. I cannot be successful by myself. I am successful with you. We grow with the people.

What's your message for the CTK community?

I am very grateful for your warm welcome. I am at home where the Lord wants me to be. I have very happy memories in this parish when I was its pastor. Now I am ready to make even more happy memories to cherish. My promise to all of you is that as long as my strength holds, I will give you sincere service coming from my heart.



Members of CTK community look forward to Bishop Nes's daily homilies, and sometimes, even his jokes.

NEW APPOINTMENTS IN CUBAO DIOCESE CURIA

NEW ASSIGNMENT



REV. FR. FREDRICK EDWARD C. SIMON
VICAR GENERAL

This appointment takes effect today, March 01, 2025

NEW ASSIGNMENT



REV. FR. ARTHUR T. OPINIANO
By Appointment
PRESBYTERAL COUNCIL AND COLLEGE OF CONSULTORS

This appointment takes effect today, March 01, 2025

NEW ASSIGNMENT



ALFREDO S. DEL ROSARIO, JR.
MEMBER, DIOCESAN FINANCE COUNCIL

This appointment takes effect today, March 01, 2025

NEW ASSIGNMENT



REV. FR. STEVEN ZABALA
HEAD, DIOCESAN FINANCE COUNCIL

This appointment takes effect today, March 01, 2025

A VERY BUSY BISHOP ELI

By Tessa Mangahas

Just about 100 days into his new post as the Father of Cubao, newly minted Bishop Elias Ayuban Jr., CMF, DD has been up and about the parishes and religious communities of the diocese.

Among his major undertakings are his pastoral visits. Bishop Eli has been making the rounds of parishes, religious organizations, and having personal conversations with his brother priests. This is on top of his other administrative functions and events outside of the diocese. Christ the King Parish Greenmeadows had the pleasure of his company on Sunday, February 16, 2025. It was also the Sunday morning when the parish had three bishops presiding over its Masses, Bishop Nes at 6:00 A.M., a visiting bishop from India at 7:30 A.M., and Bishop Eli at 9:00 A.M.

The Casa Team also presented an initial check donation of P27 million for Casa de Silencio to Bishop Eli.

After the 9:00 Mass, the CTK community had a brief breakfast and meeting with Bishop Eli. Vicar General and former CTK parish priest, Fr. Steve Zabala, joined the event. Father Aytoy also presented Bishop Eli with CTK's coffee table book, *A Parish for Others*, so that the prelate may know more about the community.

On the first day of March, upon the instruction of the new bishop, the Cubao Diocese also released the new assignments of the Cubao clergy. Among the significant movements was the appointment of Father Aytoy as part of the Board of Consultors of the Diocese. As consultors, Father Aytoy would be part of the board that the bishop would consult about policy matters in the Diocese. This new assignment is on top of his current responsibilities as parish priest of CTK, Vicar Forane of the Vicariate of Our Lady of Perpetual Help, and the diocese's auditor.

Another significant movement in the organizational structure is the creation of the new Diocesan Finance Council, which is headed by CTK's former parish priest, Fr. Steven Zabala. One of its members is Fred del Rosario, who is part of CTK's Parish Pastoral Council and Social Communications Ministry. He shares that he was tapped by Father Aytoy to be part of this very essential council.



Treasurers and finance council members from different Cubao parishes attend the first briefing of the Diocesan Finance Council on March 6, 2025 at the Lantana Social Hall.



CTK's altar servers join Bishop Nes, Bishop Eli, and Father Aytoy after Mass



Father Steve and Father Aytoy in the company of Cubao's new Bishop Eli

On March 9, during his 29th sacerdotal anniversary Mass, Bishop Eli officially commissioned his new Curia, Presbyteral Council, and the Diocesan Finance Council. Fred shares his insight from the first meeting he attended, "One of my takeaways from that meeting is that there is a lot of work ahead for the Diocesan as well as the Parish Finance Council. Another is that the finance council is a mandated body by virtue of Canon Law (537) but the PPC is not. And yet, the finance councils have not been properly propagated as the PPC's until now."

Bishop Eli is also set to have a meeting with Our Lady of Perpetual Help (OLPH) Vicariate in the coming months. CTK Greenmeadows is part of this vicariate. Vicar Forane Father Aytoy and other vicariate priests will then present to him the state and plans of the parishes forming the OLPH vicariate. Indeed, exciting times are ahead for the Diocese of Cubao. 🇵🇭



New Diocesan Finance Council commissioned by Bishop Eli



CTK parishioners flank Bishop Eli during breakfast



The world-renowned Novo Concertante hold a mini-concert to raise funds.

SERENATA PARA SILENCIO

A NIGHT OF MUSIC, SILENCE AND GRATITUDE

By Tessa Mangahas

On Sunday, March 23, 2025, the world-renowned and award-winning Novo Concertante, one of CTK's acclaimed choirs, held a concert at the Divine Mercy Chapel with Casa de Silencio as its beneficiary. This was the final run of a series of mini-concerts to help complete the final phase of Casa de Silencio's construction, the retirement home and sanctuary for the clergy of Cubao Diocese.


It was a sold-out, unforgettable night of music, silence and gratitude.

The audience applauded each song in the hour-and-a-half-long performance, which was an entertaining mix of classical pieces (Cantate Domingo, Psalm Richte Mich Gott), religious hymns (Salve Regina, Exultate Deo, Gloria), traditional folk songs (Hele, Leron Leron Sinta), and re-arranged contemporary hits (APO's Panalangin, Ikaw, Dakilang Katapatan).

As CTK parish priest Father Aytoy puts it, "Silence is where we hear the voice of God the clearest. Music and silence—two things that seem opposite, yet tonight, they come together in harmony. So, as we sit back and immerse ourselves in this serenade, may our hearts also be stirred to generosity and gratitude. We are gathered not just to listen to music, but to take part in something truly meaningful—the completion of Casa de Silencio, a sacred space where our priests can find rest, reflection, and renewal."

Well said, Father Aytoy!

Bravo, Novo Concertante!

Maraming salamat po to everyone who supported the concert and its cause. 



Dr. Arwin Tan is the choir master of the Novo Concertante.



Novo Concertante is a four-time Ani ng Dangal awardee from the National Commission for Cultural and Arts.



"Music and silence—two things that seem opposite... come together in harmony."

TULOY ANG KASAL! CTK'S 'KASALANG PAROKYA' WEDS THREE COUPLES

By Charlize Kawpeng

In the third quarter of 10th grade, Miss Rose, our Catholic Formation teacher lectured on something that caught my attention. Normally, I would doze off in the back of the class with my AirPods on. But that day, as she talked about the sacraments, I started paying attention as she related each sacrament to the Holy Eucharist.

I asked her to repeat the example she said when she explained the conditions that must be met to receive communion. She said that you must be baptized and have gone through First Holy Communion. So I asked her why my Yaya Diane could not receive communion even though she was already baptized. I noticed that whenever I went to Mass with her, she wouldn't line up. Miss Rose said that if Diane was civilly married but not married in the church, she cannot receive the body of Christ.

I found that weird. But before I could even react, Miss Rose added that it was common for couples in the Philippines to only get married civilly, despite being in

a Catholic country. That's why some government groups and church organizations facilitate mass weddings to encourage more couples to be blessed with the sacrament of Holy Matrimony.

I was so intrigued about this topic, so I was inspired to do more research about it. Later that evening, I told my mom about it and she mentioned that our parish, Christ the King Greenmeadows, hosts a Kasalang Parokya annually.

Determined to help Diane get married in church, I assembled a team with friends Christian, Haley, Gelo, and Echo and called our campaign "Tuloy ang Kasal" to raise enough money to fund a mass wedding for ten couples. Together, we raised over P150,000 through garage sales and donations. After many months of hard work, we turned over the money to the parish in 2024 through the Family and Life Ministry headed by Regie and Joanne Polancos.

On February 22, 2025, we attended the wedding itself. Three couples were wed in a nice, meaningful celebration at the Divine Mercy Chapel. Christian and I served as secondary sponsors to Kenith and Diane Teves. The other two couples who were married were Wilson and Angelica Nierves, and Benjamin and Annaliza Borja. A catered reception for their guests was held at the parish hall after the ceremonies. We are beyond pleased with the results, and are very blessed to have the opportunity to bring Tuloy ang Kasal's vision to life. 🙏



Brides wait to walk down the aisle as Joanne Polancos checks final details.



Fr. Mike Cabangsan enjoins the three couples to remember their vows when the going gets tough.



Fred and Maan del Rosario pin the veil on one of the couples.



(L-R) Newly weds Kenith and Diane Teves, Wilson and Angelica Nierves, and Benjamin and Annaliza Borja



Tuloy ang Kasal's Charlize Kawpeng (leftmost) and Christian Teh (rightmost) pose with the three married couples.

SEEN ZONE

KNIGHTS OF COLUMBUS SPREAD JOY

CTK's Knights of Columbus recently held their first outreach activity for the year at the Emilio Aguinaldo Elementary School along 18th Ave., Murphy Quezon City. Led by Manny de Leon and Sir Knight Butch Jimenez, the group donated a refrigerated drinking fountain, school bags with school supplies, reams of bond paper, and a Philippine flag. The event which was also Butch Jimenez's birthday celebration was made even more fun with exciting parlor games, sumptuous meals and mascot appearances. The 480 students and their teachers were all smiles because of the joy the KoC team brought.



Knights of Columbus distribute school essentials among the kids.



Members of the Knights of Columbus with the school principal after their outreach.



Newly elected officers of Catholic Women's League (CWL) Juniors. Seated Left to Right, Khyziel Balsomo, Mariane Santos, Mizhka Botero, Dheia Botero, Jefe Yeh.



Newly elected officers with Senior CWL election committee. Standing left to right, Teresita Bernales with the newly elected officers. Seated left to right, Nadine Navarro, Lina Ty, Melissa Macapanpan, and Criselda Labayane.

CWL JUNIORS CHOOSE NEW LEADERS

The Junior arm of the Catholic Women's League (CWL) recently held their election for the new set of officers for 2025-226. Emerging as the new leaders are Ms. Jefe Ella Yeh as president, Dheia Kate Botero as 1st vice president, Mizhka Botero as 2nd vice president, Marianne Santos as secretary and Khyziel Rose Balsomo as treasurer.

The unit's Juniors election was facilitated and witnessed by Ms. Tess Bernales, Ms. Lina Ty, Ms. Criselda Labayane of the CWL Vicariate, and former CWL National President Ms. Melissa Macapanpan.

The Junior CWL of Christ the King actively participated with Senior CWL in all projects of the organization and of the parish, such as the feeding program in Bagumbayan, the Parish Way of the Cross 2024, the parish living rosary, as well as the diocesan tree planting project held last July 2024 in Tanay, Rizal.

For their social activity, the Juniors held a team building last November 2024 at Cattleya Resort in Antipolo.

CATHOLIC WOMEN SOW HOPE AND JOY

The Catholic Women's League (CWL) continues to show hope with their Munting Pamayanan visits. About 150 Persons with Disabilities (PWDs) benefited once again from the gifts provided by the CWL. These were packs of rice and hygiene kits given over last year's holiday season. Munting Pamayanan is one of the several activities regularly undertaken by the group to reach out to communities or persons who have less in life.

Another such activity is the group's Prison Outreach. Recently, the CWL also visited 710 Persons Deprived of Liberty (PDLs) at Camp Karingal Quezon City. They distributed hygiene kits, t-shirts, slippers and pants.

From the disabled and those deprived of liberty, the CWL also has a soft spot for the elderly. More than 400 hundred lolos and lolas received cleaning materials, medicines, adult diapers, food, clothes and slippers putting a smile on their faces.

From the elderly, the group also shifts its attention to the little ones. The CWL in collaboration with the Bagumbayan Elementary School feed about 30 Grade 2 pupils in a feeding program conducted every Wednesday and Thursday. This activity was initiated in September last year.



CWL feeding program



CWL members prepare the food for their feeding program.



CWL member Alma Yeh with an elderly beneficiary.



Prison outreach at Camp Karingal



EMBRACING THE PATH OF KENOSIS: A LENTEN REFLECTION IN THE JUBILEE YEAR 2025

By Fr. Mikhail P. Cabangisan

This year's Lenten celebration coincides with the Jubilee Year 2025 of the Catholic Church with the theme "Pilgrims of Hope." His Holiness Pope Francis so beautifully expressed, "We must fan the flame of hope that has been given us and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart, and far-sighted vision." During the Jubilee Year, the Pope invites us to embark on a pilgrimage of hope, so that "through our witness, may hope spread to all those who anxiously seek it."

The message of hope reflects the wisdom of St. Paul in his letter to the Romans, "Hope does not disappoint, because God's love has been poured into our hearts through the Holy Spirit that has been given to us" (Romans 5:1-2.5). It means that hope is deeply rooted in the outpouring of God's love. Hope exists because of God's self-emptying. Hope is born of love and based on the love springing from the pierced heart of Jesus upon the cross: "We were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life" (Romans 5:19). On this level of truth that comes from hoping, it leads us to the importance of the path of *kenosis*.

The Greek term Paul uses for "emptied" is *kenosis* (κενόω). This *kenosis* is the ultimate expression of the humility of Jesus, who put aside all the advantages and powers of divinity to save us. As Christians, we are called into this journey of *kenosis*, or the concept of the self-emptying of one's own will and becoming entirely receptive to God and the divine will. It is used both as an explanation of the Incarnation and an indication of the nature of God's activity and will. The path of *kenosis* is a sacred struggle—the way of the cross—that each of us is called to follow. It is a journey of surrender, where we release and lay down our lives. On this path, we allow what must die within us to pass away, making room for God's new creation to emerge. We welcome the cracks, we let the vessel break, so that the oil within can flow freely. Yet, woven into this journey is a profound question we are meant to embody: Where does the path of self-emptying lead? What is the purpose of letting go? What is the ultimate end of laying down one's life?

To shed light on these questions, the following are the paths of *kenosis*, especially in the context of our calling as pilgrims of hope during this Lenten season:

The Path Towards Conversion

The path towards conversion is the profound effect of *kenosis*. Wherein the body and soul of the human person are mortified from the fleeting delusion of worldly desires and attachments. This process of self-emptying shifts the heart's orientation from selfish gain to selfless giving, leading to a radical change in one's way of living. It is through this process that the individual experiences a profound turning away from sin and is drawn back to God by way of humility out of self-emptying. In other words, there will be no real conversion with *kenosis*. Therefore, *kenosis* is the first step towards conversion.


The Path Towards Solidarity

The journey toward genuine solidarity finds its roots in the practice of *kenosis*, the act of self-emptying. *Kenosis*, by its very nature, is a movement that shifts one's focus from self-centeredness toward others. It is a transition from egotism to self-giving, where the needs, experiences, and well-being of others take precedence over one's desires or ambitions. Essentially, *kenosis* cannot exist in isolation; it requires a recipient—a person or community to whom one gives oneself in love and service. Without an object of self-giving, the very essence of *kenosis* is incomplete. This self-offering finds its deepest expression and affirmation within a community that shares and embodies the same spirit of self-emptying. When a community collectively engages in this mutual self-giving, their solidarity becomes a lived reality—a unity forged not through uniformity, but through shared sacrifice, empathy, and service. Therefore, *kenosis* is more than a personal act; it is a communal practice that cultivates authentic solidarity. In a community where members are willing to empty themselves for one another, a profound bond emerges—one that transcends individual interests and reflects the self-giving love at the heart of the Gospel. Thus, *kenosis* stands as a foundational element for building a truly united, compassionate, and selfless community.

The Path Towards Hope

The path to hope is revealed through the *kenosis* of Jesus Christ, who emptied himself to bring hope to the hopeless. His self-giving, driven by a profound love for humanity, is expressed in Scripture: "He emptied himself, taking the form of a servant... he humbled himself and became obedient to the point of death—even death on a cross" (Philippians 2:6-8). Through his sacrifice, Jesus offers us salvation and the gift of eternal life, filling humanity with hope for both the present and the life to come. This act of self-emptying not only transforms the individual but also turns their heart outward, inspiring them to share hope with others. True *kenosis* leads us beyond ourselves, allowing our self-giving to become a source of hope for those in need.

Hence, in this season of Lent, we are called to a higher purpose: to be pilgrims of hope in this Jubilee Year. To fulfill this mission, we must follow the kenotic example of Jesus Christ—a path marked by conversion, solidarity, and hope.

To lead us to a more meaningful celebration of Lent in this Jubilee Year, the Lord invites us to empty ourselves and allow God to create a space in our lives wherein conversion, solidarity, and hope will flourish in our lives and above all in the community. 

MEET CTK'S GUEST PRIESTS By Fr. Rex Jeba



REV. FR. ROQUE LITO "RL" ORATE

Rev. Fr. Roque Lito Orate belongs to the Diocese of Alaminos and was born on May 12, 1997. He answered God's call to the priesthood and was ordained on January 12, 2024. His commitment to the Church extends beyond pastoral work. Currently, he is pursuing a Licentiate in Canon Law at the University of Santo Tomas. His studies equip him to assist the Church in legal and administrative matters. At Christ the King Parish, he actively administers the sacraments and provides spiritual guidance. He is known for his humility and eagerness to serve the community. Fr. RL's dedication to both ministry and studies is inspiring. His presence in the parish strengthens the faith of many parishioners.

FR. MIKHAIL "MIKE" P. CABANGISAN

Fr. Mikhail "Mike" P. Cabangisan was born on February 14, 1992, and was ordained on November 28, 2018. He completed a Masters and Licentiate in Theology, deepening his understanding of the faith. Currently, he is pursuing a Doctorate in Systematic Theology at Loyola School of Theology. His theological studies enhance his ability to teach and preach the Gospel. He assists in pastoral ministry and sacramental life at Christ the King Parish. His deep love for theology is reflected in his insightful homilies. Fr. Mike is passionate about helping people grow in their faith. He believes that faith and knowledge must go hand in hand. His commitment to both academic and pastoral service strengthens the Church.



FR. PAL BERDOS

Fr. Pal Berdos is a member of the Congregation of St. Charles, a religious order focused on pastoral service. Born on January 15, 1984, he pursued his vocation with dedication. He completed his Bachelor of Science in Theology, equipping himself with a strong foundation in faith. He was ordained a priest on May 13, 2017, answering God's call to serve. His passion for helping others led him to earn a Masters degree in Pastoral Migration. This specialization enables him to assist migrants and displaced individuals. His missionary spirit drove him to serve in Japan for few years. At Christ the King Parish, he is known for his kindness and deep concern for those in need. Fr. Pal continues to be a source of inspiration in the parish community.

FR. JEBBA ANANDA REX, SDB

Fr. Jeba Ananda Rex, SDB is a member of the Salesians of Don Bosco, a congregation devoted to youth and pastoral ministry. Born in India on January 6, 1985, he discerned his vocation early in life. He was ordained as a priest on December 27, 2010. His passion for mental health and spiritual well-being led him to pursue a Masters in Counseling and Psychotherapy. Currently, he is working toward a Doctorate in Clinical Psychology at the University of Santo Tomas. His academic background allows him to bridge faith and psychology in pastoral care. Fr. Rex believes that mental well-being is an essential part of spiritual growth. His Salesian formation instills in him a special concern for the youth. He continues to inspire many through his dedication to holistic ministry.





2025 SCHEDULE OF LENTEN AND HOLY WEEK ACTIVITIES

March 4

**Tuesday of the 8th week
in Ordinary Time**

Burning and Blessing of Palms to
Ashes to start the 6pm mass outside
of the Divine Mercy Chapel

**March 5, Ash Wednesday,
START OF THE LENTEN
SEASON**

CTK Masses at 7am, 11am, 12:30pm,
5pm, 6:30pm masses,
CTK Main Church

Opus Mall Masses at 12:15pm,
5pm, 6:30pm,
Chapel of the Archangels

Blessing & Distribution of Ashes
after the Homily.

**PARISH WAY OF THE
CROSS (MAIN CHURCH)**

March 07

LoC, FLM, Children's Ministry, BEC
Coordinator: Buh Malonzo

March 14

CWL, Grecols, CatMin, YCP, Youth
Coordinator: Alma Yeh

March 21

**LOM, MBMG, LSS, BNP, Sunrise,
Formation**
Coordinator: Trix Delena

March 28

**Lecom, Music, Altar Servers,
Vocation, SoCom**
Coordinator: Monette Najar

April 04

**EMHC, KoC, ANF,
Migrants Ministry**
Coordinator: Benjie Jimenez

April 11

**DKPG, Public Affairs Ministry, CFM,
CFC, Stewardship**
Coordinator: Loung Cuartero

April 18

**2pm Good Friday, Apostleship
of Prayer**
Coordinator: Dolly Borlongan

Apr 12- Adult Sacraments of Initiation Rites with Bishop Nes as Presider c/o CatMin

HOLY WEEK

PALM SUNDAY

April 12/13 - Palm Sunday, Blessing of Palms / Gospel Reading is narrative of the Lord's Passion in all Masses

APRIL 14 HOLY MONDAY

Kumpisalang Bayan
Main Church after 6pm mass until 9pm

APRIL 15 HOLY TUESDAY

Recollection for Kasambahays and Drivers with Confession and Mass
8am -11am with Fr. Edrylle Dayrit

Kumpisalang Bayan

Main Church after 6pm mass until 9pm

APRIL 16 HOLY WEDNESDAY

Kumpisalang Bayan
Main Church after 6pm mass until 9pm

APRIL 17 HOLY THURSDAY

6am Chrim Mass

Immaculate Conception Cathedral

Easter Triduum Parish Recollection

9:30am / Main Church

5:30pm

Evening mass of the Lord's Supper

Washing of the Feet of the 12 Apostles

Transfer of the Blessed Sacrament to the Altar of Repose (parking lot of Divine Mercy Chapel)

7pm-12mn Eucharistic Adoration at the Altar of Repose

APRIL 18 GOOD FRIDAY

Easter Triduum Parish Recollection

9:30am / Main Church

3pm

Passion of the Lord

Veneration of the Santo Entierro at the Main Church in lieu of the Procession until 7pm

April 18 to 26- Novena to the Divine Mercy,

Daily Novena Prayer

APRIL 19 HOLY SATURDAY

Easter Triduum Parish Recollection

9:30am / Main Church

8pm - Easter Vigil followed by Indoor Salubong

EASTER SEASON

APRIL 20 EASTER SUNDAY

Renewal of baptismal promises in all Masses

Regular Sunday schedule, except no 6am mass

April 27- 2nd Sunday of Easter

Divine Mercy Sunday, Divine Mercy Prayer

June 8- Pentecost Sunday

INTER-VILLAGE WAY OF THE CROSS

March 18, Tue, 6pm

Brgy. Libis

March 20, Thur, 8pm

Arcadia Village

March 25, Tue, 8pm

St. Ignatius Village

March 26, Wed, 8pm

White Plains

March 27, Thur, 8pm

Greenmeadows

April 2, Wed, 8pm

Corinthian Hills

April 3, Thur, 8pm

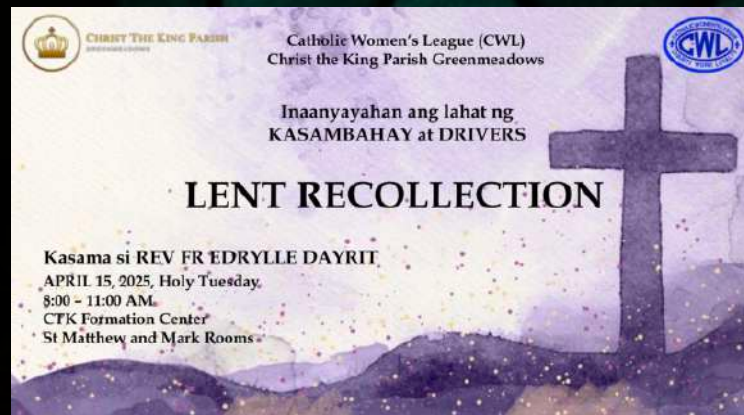
Enclave & Ivory Court

April 8, Tue, 6:30pm

Acropolis

April 10, Thur, 8pm

Corinthian Gardens



CTK Formation Ministry's
HOLY WEEK LENTEN RECOLLECTION

APRIL 17-19 (Maundy Thursday to Black Saturday)

9:30AM | CTK Main Church

Speakers:

Fr. Arlo Yap

Fr. Rolando dela Rosa

Fr. Rolando Tuazon



MEET OUR PARISH STAFF



**DEOGRACIAS "DEO"
YU CATADA**

Parish Position:
Parish Manager

Years in CTK Parish:
9 months
(July 2024 – March 2025)

Whenever I am inside my room, I consider it as my free time because it is where I can use my phone. On Mondays, our rest day, I usually tend our plants.

It was my dream to become a priest but somehow God has another plan for me—to serve our priests. I was in the seminary for eight years, but as the saying goes, "Many are called but few are chosen." Thus, I still admire our priests, especially the late Archbishop Jaime Cardinal Sin, D.D.

I worked for Dominican School Manila for 25 years as a guidance counselor and head of the Guidance and Testing Center. It was a humble and great experience to listen and guide both parents and students, and the faculty and staff. I designed programs and spearheaded activities. I prided myself on being an advocate for employees by understanding their life situations and finding ways to help them find their way to comfortable solutions that best fit their needs. Now that I am at CTK Parish, I just wish to bring the same amount of care to our staff and the workplace, creating a sense of family and teamwork among employees to bring good quality work to our parishioners and other clients.

What I like most about working at CTK-Parish is the people themselves. We have compassionate priests, cooperative staff, and of course friendly and generous parishioners.



RENALYN "RENA" C. SANTOS
Parish Secretary / Bookkeeper

Likes watching Kdrama on her spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?*

Park Shin Hye (Korean Actress)

Number of years working in CTK: 8 months



**ESMERENCIANA "ESMER" T.
MAGALONG**

Parish Secretary
(Baptism/Confirmation/FHC)

Likes playing video games and browsing the
Internet on her spare time

Number of years working in CTK: 14 years



NOEL M. MIRO

Parish Secretary (Mortuary Chapels/
Columbarium/Function Halls)

Like watching cartoons on his spare time

What you like most about working for CTK?
Being near to God

Number of years working in CTK: 12 years



VINYA DAÑAS SUPEÑA
Cashier

Likes browsing FB, Tiktok, listening to music
on Youtube, and watching Videos of BTS over
and over during her spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Sarah G.

Number of years working in CTK:
1 year and 7 months



JEWLS FIGUEROA

Parish Secretary / Wedding

Likes reading books and watching thriller
movies on her spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Julia Padilla

What you like most about working for CTK?
Meeting different people

Number of years working in CTK: 2 months



MIKAEALA REGINA "MIRA" V. AQUINO
Parish Secretary (PPC)

Likes studying for school, reading books (rom-
com or psychological/thriller related), watching/
listening to documentaries on her spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Anak ni Henry Sy

What you like most about working for CTK?
Free coffee, nice food, good laughs, and
serving warm-hearted people

Number of years working in CTK: 2 months

**JOHN SYLVESTER V. DEQUIÑA**

Sacristan / Livestreaming

Likes Netflix and sleeping in his spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?*

Sylvester Stallion aka Red Horse

Number of years working in CTK: 10 years**EUGENE D. CATUNGAL**

Sacristan / Livestreaming

Likes watching Kdrama in his spare time

Number of years working in CTK:

6 years and 8 months

**JAY P. GASCON**

Sacristan(Opus Mall)/Maintenance

Likes doing sideline for work during his spare time

Number of years working in CTK:

Re-hired

**RICHARD "BITOY" S. CABIDOG**

Sacristan

Likes watching Kdrama in his spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Onyok*Number of years working in CTK:*

8 months

**EDUARDO B. CABINTOY**

Gardener/Parking Maintenance

Likes doing sideline for work during his spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Bentong*What you like most about working for CTK?*

Cutting the plants

Number of years working in CTK: 35 years**VIC T. SORIA**Weekend Market/Parking Gardener/
Maintenance

Likes doing household chores during his spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Vic Sotto*Number of years working in CTK:* 15 years**CARLITO M. FRANCISCO**

Driver

Likes to bike and surf on the Internet on his spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?* Charlie Chaplain*What you like most about working for CTK?*

Masayang samahan at magandang pamamalacad

Number of years working in CTK:

8 months

**ELMA AGUIRRE**

Cook

Likes watching TV on her spare time

*Kung pinanganak kang artista, politiko,
o sikat na tao, sino ka?*

Angel Locsin

Number of years working in CTK:

8 months

CASA RISES: THE HOMESTRETCH

A Faith Journey

By Bing del Rosario



Casa de Silencio as of February 2025

Christ the King Parish Greenmeadows launched its second fundraising drive for Casa de Silencio, the Cubao Diocese's retirement home for its sick and retiring priests, last September 29, 2024.

Fr. Aytoy Opiniano announced the members of CTK's Casa fund raising team, comprised of Ellen Chua, Eileen de Leon, Tessa Mangahas, Cynthia Rodriguez, and Bing and Elise del Rosario. These were the same parish stalwarts who attended the diocese gathering last September 9 at Lantana where Fr. Steve Zabala, CTK's former parish priest and now Immaculate Conception Cathedral rector, laid out what was still needed to complete the project, which had started back in 2019.

At that Lantana meeting, Father Aytoy stood up to say that CTK was accepting the challenge to raise P40 million as CTK's share of the 185 million that was calculated by the new contractor as still necessary to complete the retirement home.

To recall, CTK had initially been given a target of P70 million, out of a total P260 million, that was the original estimated cost of the Casa de Silencio project in 2018. Fr. Steve Zabala, who had just been assigned as CTK parish priest, promptly came out with the Casa Setenta fund-raising project. A chief feature of the program was to give naming privileges to donors whose donations met the estimated costs of the sections. But the pandemic hit and everything slowed down, which included construction as well as fund raising efforts. Nevertheless, by the time the diocese came out of the pandemic, CTK had raised over P66 million, with most of the large donors receiving naming privileges for the retired priests' rooms.

The new Casa fundraising team quickly got to work. Tessa Mangahas dubbed the project as "Casa Rises: The Homestretch" and prepared marketing brochures and video plugs. Cynthia Rodriguez quickly came out with a



Christmas Cards and Coin Banks also helped boost the Casa funds.

THANK YOU, CTK!

With your help, we have raised

Php 45+ MILLION


for **CASA DE SILENCIO!**

well-decorated booth at the church entrance and kept on improving the look and feel each week. Elise del Rosario kept track of the weekly donations to allow Father Aytoy to update the parishioners on the fundraising progress. And Eileen de Leon, Ellen Chua, Cynthia Rodriguez, and Bing del Rosario called on friendships and personal favors to wheedle large donations from the high networth individuals in their respective villages.

After four months, by the end of January, the funds raised totaled nearly P30 million, which allowed Father Aytoy to schedule an initial formal turnover of funds to the new bishop of Cubao Diocese, Bishop Elias Ayuban, during his first CTK Mass last February 16 at 9 A.M. At that Mass, the CTK Casa fundraising team personally handed over a check to Bishop Eli for P27 million.

The CTK team then mounted a thanksgiving dinner for all 112 “large” donors last February 28 at the Corinthian Gardens clubhouse, with Chef Jessie Sincioco catering. While the primary objective of the event was to express appreciation for “CTK’s generosity that abounds and astounds,” the gathering took an unexpected yet welcome turn. The thanksgiving dinner, attended by no less than all the living past parish priests of Christ the King Parish Greenmeadows—Bishop Nes Ongtioco, Fr. Bong Tupino, Fr. Steve Zabala, and Fr Aytoy Opiniano— turned out to be another fundraising session as well, as the large donors in attendance started making additional pledges. Before the night was over, the impromptu pledging session had yielded P14 million, thereby helping CTK raise a total of P44 million, or P4 million over CTK’s P40 million quota. This amount, including funds raised during Casa Setenta, totaled a cumulative parish donation of P110 million!

On behalf of the Diocese of Cubao, Bishop Eli Ayuban through a video message, expressed gratitude to the CTK community for its generous hearts. Still, Fr. Aytoy and the Casa Team appealed to parishioners to keep sending their donations to the parish office.

We are thankful to the Holy Spirit for igniting the flame of giving in the hearts of this Parish for Others. We made the parish goal of P40 million even before our self-imposed deadline of March 19. As of press time, the total donations in cash and in kind have reached over P45.7 million... and counting. Glory and praise to God! *Maraming salamat po!* 



Fr. Steve, Bishop Nes and Fr. Aytoy gives the thumbs up to the CTK community whose generosity “astounds and abounds.”



CTK’s Casa Team turned over a check of P27 million to Bishop Eli Ayuban during his February 16 pastoral visit. Standing from left are Jaime del Rosario, Elise del Rosario, Ellen Chua, Cynthia Rodriguez, Bishop Eli, Fr. Aytoy, Eileen de Leon, and Tessa Mangahas.

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SCHEDULE OF PUBLIC MASSES

WEEKDAY MASSES

Mon to Fri 7AM  LIVE
6PM
Sat 7AM  LIVE

SUNDAY MASSES

Sat (Anticipated Mass) 6PM
Sun 6AM
7:30AM  LIVE
9AM
10:30AM
12NN
4:15 PM CHILDREN'S MASS
5:30PM
7PM

CONFESION

Wed and Fri 9AM-10AM
Sat 5:30PM-6PM
Sun 10AM-10:30AM
5PM-5:30PM
6:30PM-7PM

VISITATION HOURS

MAIN CHURCH

Mon to Fri 6AM-5PM
Sat 6AM-7PM

CRYPTS

Mon to Sat 6AM-6PM
Sun 6AM-6PM

MORTUARY

Mon to Sun 8AM-12MN

ADORATION CHAPEL

Mon to Sun 6AM-8PM

PARISH OFFICE

Mon CLOSED
Tue to Sun 8AM-12NN
1PM-4PM

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8687-1909

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GREENMEADOWS

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Casa de Silencio

PSBank

Christ the King Parish

089-330000-16-2

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