



H THE HERALD

Christ the King Parish
Greenmeadows

Jul - Sep 2025

Father's Heart Today

CELEBRATING 20 YEARS OF CHEERFUL GIVING

By Fr. Aytoy Opiniano,
Parish Priest



Members of the newly minted Parish Pastoral Council 2025-2028 pose with their parish priest Fr. Aytoy.

Dear Brothers and Sisters in Christ,

This year, as Christ the King Parish celebrates 20 years of being a Stewardship Parish, my heart overflows with gratitude and joy. This milestone is more than a number; it is a living testimony of faith, generosity, and love that you, as God's family, have faithfully nurtured in this community.

I begin by expressing my deepest thanks to Most Reverend Bishop Honesto, who, guided by the Holy Spirit, planted the seed of stewardship in our parish. From that small beginning, God has caused it to grow

into a vibrant reality, a parish not for itself, but a parish for others.

To you, my beloved parishioners, I thank you from the bottom of my heart. Through your faithful sharing of time, talent, and treasure, Christ the King Parish has become more than a church building; it has become a home where the Gospel comes alive, where the poor are lifted, where families are strengthened, and where Christ is encountered in every act of love. You have shown that stewardship is not about giving because there is a need, but about giving because we feel the need to give.

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St. Mother Teresa once said, *“It is not how much we give, but how much love we put into giving.”* My dear parishioners, your generosity has been marked by this love. You have given not reluctantly, but joyfully, because in your hearts you carry the conviction that every gift shared is a reflection of God’s abundant love.

St. Paul reminds us, *“God loves a cheerful giver”* (2 Cor 9:7). And indeed, I have seen that cheer in your smiles, in your sacrifices, and in your service. Like the servant who multiplied his talents, you too have allowed God’s gifts to bear fruit so that many more may be blessed.

As we mark this 20-year journey, let us carry forward the spirit of stewardship, inspired by these words of St. Teresa of Ávila: *“Christ has no body now but yours, no*

hands, no feet on earth but yours.” May we continue to be His hands that serve, His feet that go to the poor, His voice that consoles, and His heart that loves.

46 years as a community. 20 years as a Parish for Others. Happy 20th Anniversary, Christ the King Parish! May the Lord who has begun this good work in us bring it to completion, and may our parish always shine as a beacon of faith, love, and service.

With love and gratitude,

Fr. Arthur Opiniano

Parish priest

REFLECTIONS

THE CHALLENGE OF LIVING CHRISTIAN STEWARDSHIP

By Bishop-Emeritus Ness Ongtioco DD

Christian Perspective of Stewardship

In order to better understand Christian stewardship, we go back to some biblical foundations:

- 1) God is the true owner of everything. “The earth is the Lord’s and everything in it.” (Ps 24:1). We are not owners but caretakers of creation, entrusted by God to use His gifts wisely.
- 2) We are called to be faithful stewards. In the Parable of Talents (Mt 25:14-30), Jesus teaches that what we are given – time, talents, treasure, and opportunities – must be multiplied and used for the Kingdom. We just don’t trust in God, but He also trusts us.
- 3) Stewardship includes caring for creation. Genesis 2:15 reminds us that God placed Adam in the garden “to till it and keep it.” We should realize that caring for “creation” is a sacred responsibility.
- 4) Generosity is at the heart of stewardship. St. Paul says: “Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.” (2 Cor 9:7).

Some Practical Applications Today

- 1) In the family: Set aside time for prayer, Sunday Mass, and quality moments with loved ones. Teach children



to value God’s gifts, not their price. Manage material blessings responsibly, sharing with those in need.

- 2) In the Parish: Volunteer your talents to help others and build the Church (choir, catechesis, liturgy, social service). Financially, support parish projects not out of obligation but love.
- 3) In society: Practice honesty and integrity at work. Live simply, avoiding wastefulness and consumerism.
- 4) For creation: Reduce plastic use, conserve energy, and participate in community clean-ups or tree planting. Encourage people to be creative in planting fruit-bearing and large trees to create a cleaner environment and prevent soil erosion. Care for the environment as God’s gift. Pope Francis reminds us in ‘Laudato Si’ that caring for our common home is an act of faith.

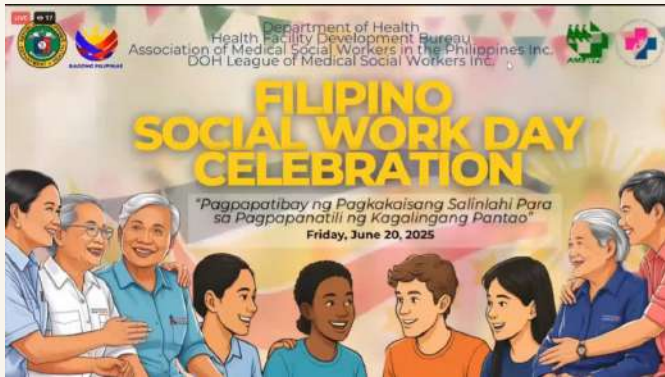
Closing Reflection

Stewardship is not about giving because God needs it – rather, it is about giving because we are **grateful**. Everything we are and everything we have is a gift. When we live as faithful stewards, we become channels of God’s grace, hope, and love to others.

“Stewardship is discipleship: to follow Christ is to use God’s gifts for God’s glory and the good of His people.” 🙏

IN THEIR OWN QUIET WAY

By Benjie Jimenez



“But when you give to the needy, do not let your left hand know what your right hand is doing, so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.” – Matthew 6:3-4

The Extraordinary Ministers of Holy Communion of Christ the King Greenmeadows have taken this Bible verse to heart. In their quiet yet efficient way, they have been living out the spirit of stewardship by helping marginalized sectors by sharing time, talent, and treasure within and beyond parish borders.

Led by Benjie Jimenez and Manny de Leon, the EMHC has been an esteemed partner of the Medical Social Service Department of Quirino Memorial Medical Center (QMMC) since 2015. Not even the pandemic could make these men tepid in their commitment. A recent citation awarded to the group read, “Year after

year, in observance of the World Day of the Sick, they (CTK-EMHC) have faithfully brought not only material support but also spiritual nourishment to our patients, through their generous cash and material donations, feeding programs, distribution of toys and goodies to our pediatric patients, and the sharing of prayers, the Word of the Lord and Holy Communion. They have been true bearers of hope, comfort, and compassion within our hospital walls.”

During the celebration of “Filipino Social Work Day”, the Department of Health (DOH) recognized all the medical social workers, giving particular attention to 15 donors and stakeholder partners of medical social workers. Benjie Jimenez happily reported that the DOH included CTK-EMHC among the 15 partners they feted. This was in recognition of the annual World Day of the Sick activity at QMMC.

Little by little, bit by bit, heartfelt and significant efforts, albeit low profile and done unobtrusively, matter. No clanging cymbals here. May God bless the work of their hands and may they continue to touch countless lives and inspire healing of the body and spirit.

Congratulations, CTK EMHC! 🙌



CTK EMHCs went around the different wards of QMMC to visit the patients, pray with them and give them Holy Communion



CTK EMHCs met with the QMMC Medical Social Service Team and gave their cheque donation amounting to P400,000 last February 2025. This will be used by QMMC patients to buy needed medicines that are not available in the pharmacy of QMMC.



MISA NG BARKADA RELAUNCHED

A Reinvigorated Youth Ministry Kicks Off with a Youth Mass *By Rissa Kawpeng*

“If you want to change a society, change its music,” Aristotle asserted. So when the Youth Ministry arm of the Young Catholics Ministry planned to relaunch the Misa ng Barkada, where young parishioners can serve and attend, the first order of the day was the creation of a youth band.

The Youth Ministry, tasked to care for high school and college parishioners, is headed by Maielle Montayre and Ryle Rellosa. The ate-kuya tandem collaborated with Rissa Kawpeng, the newly appointed overall coordinator of the Youth Ministry, to recruit band members and

introduce a fresh sound that would revitalize and enliven worship for our young parishioners.

After only two weeks of announcing a call for young singers and instrumentalists, a youth band was formed. Kuya Simon Santos, a professional musical arranger, willingly shared his time and talent to form and train the new recruits every week. Three weeks of practice later, the CTK Youth Band debuted at the Misa ng Barkada last August 31.

The band is composed of Samuel Sabat, our amazing lead guitarist; John Lacson, our great rhythm guitarist; Brielle Cruz, our lovely bass guitarist; Angela Lim, our energetic drummer; and singers Jaime Coronel, Ally Lacson, Kailyn Tionson, Alexa, and Enzo Cruz.

So if you want a joyful noise in the Eucharistic celebration, join the Misa ng Barkada every fourth Sunday of the month at 5:30 P.M.

Making Joyful Noise

By Jaime Coronel

I joined the youth band because I’ve been in love with music ever since I can remember. We all have our favorite songs, genres, and preferred musical instruments. When the opportunity to be in a band arose, a spark within me ignited. This spark, I would later understand, my bandmates would turn into a fire.

Singing for the Lord has never been more freeing for me. It’s different when you do it alongside other churchgoers. That’s great, but producing the music yourself is a different feeling. The youth band—at its heart—is a vessel for spiritual and Christ-like growth through musical expression. It aims to develop the talented youth of Christ the King parish into musically inclined individuals who use their skills to bring joy to those around them—all in devotion to the Lord.



The Band. L-R: Angela Lim, Brielle Cruz, John Lacson, Sam Sabat, Ally Lacson, and Alexa Cruz

I believe that having the Misa ng Barkada, every fourth Sunday of the month at 4:30 P.M., will have a positive effect in encouraging the younger generation to take more active participation in the parish. I was delighted to learn that the first Misa ng Barkada, held on August 31, was able to reach many young people and bring them to church. Having a band play the songs during the liturgy added a unique and youthful approach to the celebration of the Eucharist. 🙌

YCP GAME NIGHT SPARKS FUN AND FELLOWSHIP

By Maielle Montayre

Young Catholic Professionals (YCP) recently hosted a lively and engaging Game Night that brought together young professionals for an evening of fun, friendly competition, and fellowship. Held at Kalle 5 Sports Bar in Metropoli, Bagumbayan, Quezon City, last September 13, 2025, the event featured two exciting games that showcased the musical knowledge and trivia prowess of all.

Ms. Rissa Kawpeng, the Young Catholics Ministry coordinator, gave the welcome remarks, encouraging the attendees to fulfill their potential as single Catholics in today's time. YCP Coordinator, Chino Quizon, likewise gave opening remarks. Once food and drinks were served, the attendees mingled, caught up with old friends, and met new ones. The first game of the night was a nostalgic challenge titled **"Songs of the Night by Trivia Knight,"** where participants were grouped into teams of five. The playlist featured iconic hits from the 1980s to the early 2000s, sparking memories and laughter as teams raced to identify each tune. The competition was fierce, but **Group 4, composed of SoCom Ministry's Ella Yeh, Youth Ministry Coordinator Ryle Rellosa, Opus Lecom Charlene Punzalan, YCP members Andrea Diaz, Jaia Pascua, and Annika Ong,** emerged victorious, impressing everyone with their quick recognition and teamwork.

Following the musical showdown, the second game shifted gears to a fast-paced **Trivia Nights by Trivia Knight** via Kahoot. Participants tested their knowledge across a variety of topics, from pop culture to general knowledge. The energy was high as players competed in real-time, with scores fluctuating dramatically throughout the game. In the end, Lupo Basilio of Valle Verde 6 claimed the top spot, earning well-deserved applause for his sharp thinking and quick reflexes.

Beyond the games, the night was a beautiful reminder of the joy that comes from shared experiences and meaningful connections. YCP continues to foster a vibrant community where young professionals can grow in faith, friendship, and leadership.

As the evening wrapped up, attendees left with smiles, new friendships, and a renewed sense of belonging. With events like these, YCP proves that faith and fun can go hand in hand. 🙌



Head of Catholic Young Professionals, Chino Quizon (second photo), was the game master who emceed the evening. The singles had a great time mingling with new friends and enjoying the games prepared for them.



Outgoing and current members of the Parish Pastoral Council proudly show their CTK ceramic icons as they pose with Fr. Aytoy

FR. AYTOY CELEBRATES 29 YEARS OF MINISTRY

By Tessa Mangahas

On the same day that Christ the King Parish gave thanks for its new Parish Pastoral Council, its parish priest, Fr. Aytoy Opiniano, marked 29 years of priestly ministry. Fr. Aytoy was ordained on the 31st of July 1996 at the Manila Cathedral by Jaime Cardinal Sin. He said that he usually marks this significant event quietly, in deep reflection. On the day of his anniversary, he was nowhere to be found in the parish, nor was he in the company of friends and family in festive celebration. He unobtrusively said prayers of thanksgiving at the Espiritu Santo Parish Church in Tayuman, Manila - a place which holds a special significance in his ministry.

Pastoral Empowerment and Attentiveness

It has been more than a year since he came into the parish as its pastor. Appointed effective June 1, 2024, he celebrated his first Mass as its kura on July 4. By now, he is known by parishioners for his approachable manner and steady pastoral heart (with matching “amusing” jokes), as evidenced by his choice of visiting the Libis community first. Some describe his pastoral style as empowering and present. He allows his parish leaders to have an active part in the decision-making and not simply receive orders from him. But when he puts his heart into something like invigorating the Libis and Opus communities and inspiring more participation among the children and the youth, he can be unstoppable. His warm relational approach has endeared him to both young and senior members of the community. People now describe him as a priest who “walks with” or “plays pickleball with” his parishioners instead of merely preaching from the pulpit.

Of Mentors and Scholars

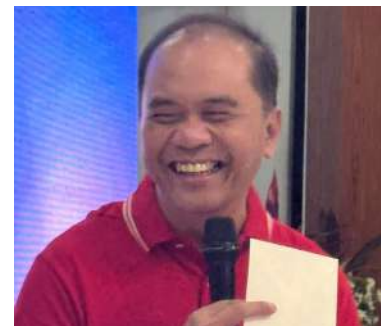
During the thanksgiving dinner, Fr. Aytoy shunned being

the center of attention, saying that the focus should be on the outgoing and incoming members of the Parish Pastoral Council. This is why he was pleasantly surprised by the video messages from his mentor and friend, Bishop-Emeritus Ted Bacani, and his young scholars from a foundation that started in a previous parish. These revealed a hidden layer of the kura of CTK, a priest known for his practical leadership, who assesses and encourages ministries to be responsive and run sustainably, and empowers church workers by trusting them with responsibility.

Gratitude and Fiat

While everyone enjoyed the ministries’ entertaining performances, a highlight of the celebration was the presentation of the Christ the King icon, creatively mounted on ceramic tile. Here, Fr. Aytoy again displayed his personal touch. Instead of the original plan of flashing names on the screen as the tokens are distributed, Fr. Aytoy made a last-minute decision to give the beautiful tokens individually, thus allowing each outgoing and new member of the pastoral team a precious moment of gratitude and, of course, an obligatory photo opp. That pastoral “one-vote” decision may have tripled the awarding time, but for Fr. Aytoy, it was a small trade-off to show his immense gratitude for the volunteers’ commitment, toil, and selfless dedication. In his brief message to the body, he said, “When the Lord visits us, that is the better part. It is the ultimate part. Before you said YES, I know most of you were asking, “Why me?” But that is how the Lord calls us. And every day, you say, “Yes, Lord, I will serve You.”

Thank you too for your “yes” to shepherd us and congratulations on your 29th priestly anniversary, Fr. Aytoy! Next year will be your 30th! 🙏



ST. MICHAEL EVENT BRINGS GRACE AND INSPIRATION TO CHRIST THE KING PARISH

By Sheryl Coronel

On September 9, the faithful of Christ the King Parish gathered at the Divine Mercy Chapel for a blessed and grace-filled event themed “St. Michael, Archangel of Divine Mercy.” This special gathering, organized by the Formation Ministry in partnership with the Catechetical Ministry, drew parishioners into a deeper awareness of God’s mercy and the powerful intercession of His angels.

The afternoon began with the Sacrament of Reconciliation, offering participants the chance to be cleansed and renewed in God’s forgiveness. The program then unfolded with a moving personal entrustment to St. Michael the Archangel, where the faithful placed themselves under his heavenly protection. This was followed by the veneration of the first-class relic of St. Faustina Kowalska and the anointing with St. Michael Oil, tangible reminders of the Church’s rich treasury of grace.

Before the celebration of Mass, participants were also invited to bring their religious articles for the blessing of sacramentals, an act that deepened their devotion and trust in God’s providence.

The highlight of the day was the talk by Fr. Peter Prusakiewicz, CSMA, an internationally renowned retreat master from Poland. For over two decades, Fr. Peter has traveled the world giving retreats and missions, sharing his expertise on the Holy Angels and the Divine Mercy devotion. Having once served as chaplain to the Sisters of Our Lady of Mercy in Warsaw—the very congregation of St. Faustina—he brings unique insight into the saint’s life and spiritual experiences.

In his message, Fr. Peter reminded the faithful how precious each person is to God, who has given every soul a guardian angel and a powerful protector in St. Michael the Archangel. He taught hymns to St. Michael, encouraging everyone to call upon the Archangel in times of trial or danger. He also reflected on St. Faustina’s writings, noting how she often spoke of angels as signs of God’s Divine Mercy, while also warning about fallen angels who seek humanity’s ruin. This, he emphasized, is why God surrounds His people with heavenly protectors—manifestations of His unending love. The grace-filled

program continued with Eucharistic Adoration and Benediction, moments of silent worship before the Lord, and culminated in the Holy Mass, celebrated by Fr. Peter himself.

The faithful departed the Divine Mercy Chapel uplifted and renewed, strengthened in their devotion to the Divine Mercy, to St. Michael, and to their guardian angels—confident that God’s love and protection are ever at work in their lives. 🙏



Fr. Peter Prusakiewicz with Sheryl Coronel and Joy Cuadrante of the Catechetical and Formation Ministries



Anointing of hands with Saint Michael Oil



Veneration of the first-class relic of Saint Faustina



Fr. Peter explained that the presence of our angelic protectors is proof of how precious we are to God.

THE SUNRISE MINISTRY DELVES INTO MINDFULNESS AND MENTAL HEALTH FOR SENIORS

A COMPILATION OF PRACTICAL AND SPIRITUAL INSIGHTS CULLED FROM DR. KATHRYN-DAPHNE ONG'S TALK

By Tessa Mangahas

Wednesday mornings in Christ the King Parish are usually Zumba Days for the “Sunrisers” or the senior citizens of the community. But on September 17, 2025, the seniors paused for a while to take in an insightful session of mindfulness from psychiatrist and bioethicist, Dr. Kathryn-Daphne Ong from The Medical City. Here are some snippets of this revealing morning.

Facing Fears and Letting Go

Dr. Daphne began by acknowledging that fear is a natural part of every stage of life. However, she distinguished between healthy fear, which pushes us to act, and unhealthy fear, which breeds stress and anxiety. Seniors, she said, are especially challenged to confront regrets, limiting beliefs, and bitterness. Dwelling on the past only robs the present of joy. Instead, she urged the audience to discard unhelpful thoughts and grudges—symbolically illustrated by a group exercise of writing them down and throwing them away.

“Dwelling on regrets is the shortcut to depression,” she noted, reminding seniors that God calls them to live fully in the present.

Embracing the Gifts of Old Age

Far from being a decline or feeling irrelevant, old age can be a season of abundance. Dr. Daphne highlighted several assets and gains that seniors uniquely enjoy:

- Freedom from work schedules and social expectations
- Time to pursue long-delayed interests and hobbies
- Perspective to see crises as part of life rather than overwhelming obstacles
- Resilience built from years of coping with difficulties



Sunrisers with Dr. Daphne



Fr. Aytoy and Tessa Mangahas present a token from CTK

Dr. Daphne encouraged seniors to focus on being rather than doing, shifting their attention from external achievements to inner peace and relationships.

In a symbolic gesture, Dr. Daphne asked the seniors to write down all their emotional and psychological “baggage” on sheets of paper, crumple them, and then throw them away in garbage bags. This act, while amusing, helped the seniors confront the things they should discard, which are blocking their happiness.

Coping Through Mindfulness and Humor

Practical mental health strategies were also offered. Instead of unhealthy coping mechanisms such as blame or withdrawal, Dr. Daphne pointed to healthier alternatives:

- Humor – learning to laugh at life’s mishaps and even at oneself
- Sublimation – channeling negative energy into creativity or service
- Altruism – transforming struggles into opportunities to help others

These practices, she said, nurture resilience and sustain joy.

Another break had the seniors taking a trip down memory lane, remembering their favorite song and singing it together in a group. Though impromptu, the seniors remembered and sang their favorite songs, from the melancholy “Sunrise, Sunset” to the upbeat “Top of the World”!

The Spiritual Dimension of Aging

A recurring theme in Dr. Daphne's talk was the spiritual link to mindfulness and growing old. She emphasized:

- Making peace now—with oneself, with others, and with God.
- Accepting mortality as a gift that deepens appreciation for each day.
- Leaving a legacy—sharing wisdom, mentoring the younger generation, and ensuring one's final chapter reflects faith and meaning.

Even loneliness, which she called a “silent pandemic,” can be overcome through authentic, high-quality connections with family, friends, and faith communities.

Living the Golden Years with Mindfulness

In closing, Dr. Daphne reminded her audience that the senior years are not about despair but about integrity. It is a time to look back with gratitude, live the present with mindfulness, and prepare for the future with faith.

“When we know our days are counted, we make our days truly count.”

Her talk was not only an encouragement but also a gentle spiritual guide for seniors to live joyfully, mindfully, and with hearts ready for God.

Pastoral Reflections: Fr. Aytoy Opiniano on Relevance of the Talk to Seniors

CTK's parish priest, Fr. Aytoy Opiniano, in his pastoral reflections and welcome remarks, affirmed the importance of Dr. Daphne Ong's talk for seniors. He highlighted that many elderly people carry a deep fear of loneliness—especially when their children leave home and they are left uncertain about their place and purpose. This fear, coupled with the natural anxieties of aging, makes mindfulness and mental health guidance crucial. Fr. Aytoy recognized that Dr. Daphne's practical advice and spiritual encouragement directly responded to these concerns, offering seniors both comfort and a renewed sense of hope. He expressed gratitude for the talk, saying that it gave voice to the silent struggles many seniors face while also pointing them to God's peace and the strength of community support.

“The most common fear among seniors is loneliness—especially when children leave home and they feel uncertain about their place. Talks like this remind them that they are not alone, that God's peace and community are their strength.”

— Fr. Aytoy Opiniano 🙏



Dr. Daphne unravels the joys of aging



Sunrisers are Fabulous!



A huddle among competitive sunrisers



Sunrisers sing the song of their lives



Being mindful of fun times

RE-ORIENTATION FOR NEW AND OLD MEMBERS OF THE MOTHER BUTLER MISSION GUILDS

By Leilani Garcia-Reyes

The Mother Butler Mission Guilds recently held a Re-Orientation Program designed for both new and long-time members of the organization. This gathering served as a meaningful opportunity to revisit the vision, mission, and identity of the guild, as well as to renew our commitment to the Church's liturgical life.

The meeting opened with a prayer and words of welcome by Cherry Ang, currently the President of MBMG CTK Unit, followed by a sharing by Mely Diaz, 2024 National President, a reflection on the history and legacy of the Mother Butler Mission Guilds, emphasizing its role in the preparation of sacred vestments, linens, and vessels for the Eucharist. Members were reminded that our service is not only about craftsmanship, but more importantly, an offering of love, humility, and faith at the table of the Lord. Three of the Zabarte workers who MBMG CTK helped to earn a livelihood were also present.

For new members, the re-orientation provided an introduction to the values of dedication, simplicity, and selfless service that are at the heart of the guild. For old members, it was a chance to rekindle their devotion, rediscover the deeper meaning of their ministry, and strengthen fellowship within the community.

Through shared testimonies, guidelines, and reminders on proper



Snapshots show Fr. Aytoy and members of the MBMG including Mely Diaz, Cherry Ang, Poying Mauricio, Bet Montecillo and GK Village Zabarte resident/worker Bing Roma during the orientation.

liturgical practices, the program highlighted that every stitch, every fold, and every preparation in this ministry is a silent but powerful participation in the liturgy of the Church.

The session was graced by our Parish Priest, Rev. Fr. Aytoy, and guest priest, Rev. Fr. Mike Cabangisan, who shared inspiring messages that uplifted and encouraged the members to continue serving with humility, joy, and faith.

The re-orientation concluded with an affirmation of unity and renewed zeal to continue the work of Mother Butler and the countless women who, through quiet service, bring dignity and beauty to the worship of God.

The event was not only a meeting but also a moment of renewal—a reminder that as guild members, we are called to serve with joy, reverence, and unwavering faith. 🙏

THE WORD EXPOSED THANKSGIVING DINNER 2025: 17 YEARS OF GRACE, GRATITUDE, AND MISSION

By Jesuit Communications



Cardinal Chito with parishioners from CTK

Jesuit Communications (JesCom) gathered benefactors, friends, and mission partners for a grace-filled evening of thanksgiving on Tuesday, September 16, 2025, at the Christ the King Greenmeadows Parish Social Hall. The Thanksgiving Dinner for *The Word Exposed* celebrated not only the program's 17th year of broadcasting but also the generosity and faithfulness of those who have made its mission possible.

Hosted by **Ms. Rissa Singson Kawpeng**, the evening began with a prayer led by JesCom Executive Director **Fr. Emmanuel “Nono” Alfonso, SJ**, who invited guests to “think about the future” despite the many crises that mark our times. Drawing from Pope Francis’ bestselling book *Let Us Dream: The Path to a Better Future*, Fr. Nono reminded the community that while corruption, disinformation, wars, and poverty dominate the headlines, Christians are called to be “Pilgrims of Hope.”

Fr. Nono then highlighted JesCom’s decades-long record of harnessing media for evangelization—from the pioneering liturgical music of **Fr. Eduardo Hontiveros, SJ**, to the widely praised local media coverage of Pope Francis’ landmark 2015 state and apostolic visit, to the award-winning films *Ignacio de Loyola* and *GomBurZa*. He also cited programs like Radyo Katipunan’s *Keep the Faith: Daily Mass with the Jesuits* and workshops combating online disinformation as proof of JesCom’s commitment to truthful communication, education, and formation.

Fr. Nono then announced the formal launch of **The Word Exposed (TWE) Endowment Fund**, anchored on its five pillars: **values-based programs, homiletics training, catechesis, conferences, and media training**. He underscored that by supporting **TWE Fund**, donors become partners in JesCom’s greater mission, ensuring that the light of God’s Word continues to shine for years to come.

The evening’s highlight was the heartfelt message of

Luis Antonio Cardinal Tagle, who has hosted *The Word Exposed* show since its humble beginnings back in 2008. With characteristic humility, Cardinal Tagle shared how he was initially chosen to host the program almost by accident—but how it eventually became a 17-year journey of faith, providence, and service.

Ending his sharing, Cardinal Tagle recounted a “pleasant surprise” he received upon arriving back in Manila. With much joy in his heart, he began reading handwritten letters detailing moving encounters with viewers across the globe: a Colombian girl uplifted by his joyful preaching, a Thai law student who wished Cardinal Tagle could sign his books, and even a Protestant viewer from Indonesia who felt it was time to finally “come home” to the Catholic Church after listening to *The Word Exposed*. “Evangelization is storytelling,” Cardinal Tagle reflected, “but at its heart, the story must be authentic, and the true influencer must always be Christ.”

The splendid gathering closed with a medley of *Pintng Pusong Pusong* and *Liwanag ng Aming Pusong*—songs co-written by Cardinal Tagle during his formative years at San Jose Seminary, with music by the late Fr. Hontiveros—performed alongside flutist Jay Gomez, Jesuit Music Ministry’s Rey Malipot, and pianist Miguel Concepcion. Tokens of gratitude were also personally handed to benefactors as a reminder of their vital role in JesCom’s mission.

Special thanks were extended to Chef Jessie Sincioco for generously sponsoring the sumptuous dinner, as well as to Fr. Aytoy Opiniano, parish priest of Christ the King Parish Greenmeadows, who offered the free use of the parish social hall.

As Fr. Nono and Cardinal Tagle both had affirmed, *The Word Exposed* is more than a globally acclaimed program. It is indeed a ministry born of generosity, sustained by faith, and dedicated to making God’s Word ever alive, relevant, and transformative. 🙏



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- Media Training**
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Light the path of faith.**

Join us in carrying forward Cardinal Tagle's legacy through the **Word Exposed Endowment Fund**.
 With your support, we can continue to inspire hearts, ignite faith, and share the light of God's Word with the world.

Note: We email a copy of your donation to corporations@jesuitph.org for documentation purposes.



Past and present members of CTK's Stewardship Team celebrate 20 years of being a Parish for Others

CHRIST THE KING PARISH GREENMEADOWS MARKS 20 YEARS AS A STEWARDSHIP PARISH

By Tessa Mangahas

In a heartfelt celebration, Christ the King Parish in Greenmeadows commemorated the 20th anniversary of its designation as a Stewardship Parish during a special Mass attended by parishioners, clergy, and the parish community. The jubilee highlighted two decades of living out the Gospel through active sharing of time, talent, and treasure.

The homily for the occasion was delivered by Bishop Ness Ongtioco, who himself launched CTK as a Stewardship Parish when he was its parish priest in September 17, 2005. Bishop Ness reflected on the parish's journey from its humble beginnings to becoming a vibrant community rooted in stewardship. Bishop Ness emphasized, "Stewardship is not simply a program or a fundraising project, but a way of life—a sharing of our gifts in gratitude to God and in service to others." He praised Christ the King Parish for embodying this Gospel call, stating, "Over the past twenty years, we have seen how this community has become a parish for others—giving generously and making Christ's love visible in our actions."

Among the flagship projects undertaken by the Stewardship Ministry over the past two decades is the Gawad Kalinga community or *bayanihan* building in Zabarte, Quezon City, which was established to relocate families displaced by the construction of the Katipunan flyover. Recent projects include the fundraising of more than P110 million for the construction of Casa de Silencio, the Cubao Diocese's retirement home for elderly priests. CTK has always been at the forefront of giving aid to the Diocese of Cubao in its Social Service and Development endeavors, like outreach programs to



Bishop Ness and Fr. Aytoy present a token of appreciation to outgoing Stewardship couple coordinator David and Fely Ong as current coordinator Ellen Chua looks on.

respond to calamity victims from volcanic eruptions, typhoons, and the pandemic, to providing assistance to seminarians, catechists, and even housing health workers.

He also reflected on the importance of embracing the lifestyle of stewardship, quoting, "All that we have is not for selfish gain but to uplift the lives of others, especially the poor and vulnerable." The bishop reminded everyone that "true stewardship is about choosing to serve God above all, using our blessings as instruments of love, justice, and service."

As part of the celebration, the parish recognized dedicated parishioners—David and Fely Ong—for their steadfast service and contributions to the community as outgoing Stewardship Ministry couple coordinators. They were presented with a token of appreciation, a tile icon of Christ the King, by parish priest Fr. Aytoy Opiniano, Bishop Ongtioco, and incoming Stewardship Coordinator Ellen Chua. The gesture symbolized the gratitude of the parish for its exemplary commitment to fostering a culture of stewardship.

The event also included a blessing and commissioning

for all past and current members of the Stewardship Team, honoring their unwavering dedication and tireless service. Among the attendees were Ellen Chua, Nadine Navarro, Ben and Linda Famador, Sansan Hortaleza, Beth Monedero, Irene Robles, Tessa Mangahas, Manolo Dayrit, Danny and Tessie Moran, Mila Pena, Charito Barredo, and Reghis Romero. Bishop Ongtioco expressed his encouragement, saying, “Stewardship is a lifelong journey. Let us continue to be outward-looking, generous, and committed to serving others—to make the presence of the Kingdom of God felt and seen in our community.”

He challenged everyone in the community to step further in their stewardship, “Let us invite more parishioners to embrace this calling daily—utilizing modern platforms and community networks to reach out and serve more effectively. We prepare a new generation of stewards, especially among our youth, to carry on this legacy of service.” Additionally, he highlighted the importance of “integrating our care for creation as a sacred responsibility entrusted to us by God.”

The celebration concluded with a collective reaffirmation of faith, with Bishop Ongtioco urging the community to embody the words, “All that we are and all that we have are gifts of God, entrusted to us so that we may use them for His glory and for the good of others.”

The Thanksgiving Mass marks the beginning of a series of activities celebrating the 20th anniversary of the community’s designation as a “parish for others”. Other events include the “Festival of Gifts” Stewardship Fair on October 12 at the parish social hall, showing a series of vignettes of beneficiaries’ stories entitled “Kwentong Katiwala” and more outreach projects such as feeding programs and bloodletting drives in the coming months.

As Christ the King Parish Greenmeadows celebrates this milestone, it stands as a testament to how faith, community, and active service can transform lives—affirming that stewardship is more than a program; it is a way of life, a legacy to carry forward for generations to come. 🙏



Greenmeadows’ Tessie Moran receives the Holy Eucharist from Bishop Ness



Stewardship Team members Beth Monedero, Irene Robles and Tessa Mangahas feeling the joy of service. (partly hidden on extreme left is Ben Famador)



Nadine Navarro, Linda and Ben Famador, and the rest of the team aim to encourage more parishioners to share their gifts of time, talent and treasure.



Danny and Tessie Moran, Teri Floro and Sansan Hortaleza are so ready for the mission.

Stewardship	
Donations and Disbursements	
January to August, 2025 (in Pesos)	
Donations	4,192,988.86
Disbursements	3,393,458.86
Balance	799,530.00

CASA DE SILENCIO IS JUST ONE QUARTER AWAY FROM COMPLETION

By Jaime del Rosario

In the latest photos given by the CASA contractor ASEC, headed by Jerry Esquivel in September, Casa de Silencio is clearly taking shape and will most likely be completed before Christmas this year. However, the complete fit-out - elevators, genset, toilet fixtures, appliances, beds and beddings, kitchen fit-out - could take another quarter, so the best guess right now is that Casa de Silencio could be ready for its first 'tenants' mid-2026.

Credit goes to Cubao Bishop Emeritus Ness Ongtioco, the guiding spirit behind the retirement house, Fr. Steven Zabala, who launched CTK's Casa Setenta fundraising project and is still actively managing the project, Fr. Marti Espenido as internal project manager, but especially to CTK parish priest Fr. Aytoy Opiniano and the many CTK donors who helped with Casa Rises, the extremely successful successor fundraising project launched almost a year ago.

Given an extremely ambitious target to raise 40M on September 29, 2024, CTK parishioners stepped forward and, in the span of eight months, raised over Php46M! All in all, between Casa Setenta and Casa Rises, CTK had raised Php116M, larger than the amount raised by all the other parishes combined!

Congratulations to everyone! We will share the next Casa de Silencio update when the contractor has turned over the structure to the diocese before the end of the year. 🙏

Windows? Check! Doors? Check! Floors and ceilings? Check! Coming soon - furniture and fixtures! Casa de Silencio is steadily rising!



CTK Greenmeadows	
Casa de Silencio Fund Raising	
For the period August 30 2024 - March 29, 2025	
Amounts in Pesos	
Cash	42,599,105.53
In Kind	3,334,717.00
Outstanding (in kind)	240,000.00
TOTAL	46,173,822.53



ANNOUNCING OUR NEWLY COMMISSIONED PARISH FINANCE COUNCIL (PFC)

By Elise del Rosario



From left: Benjie Jimenez, Irene Robles and Elise del Rosario assess parish finances with Fr. Aytoy.

Bishop of Cubao Elias L. Ayuban Jr., CMF, DD, recently commissioned the Parish Pastoral Council officers of all parishes within the Diocese, marking the 22nd anniversary of the Diocese on August 28, 2025, at the Immaculate Conception Cathedral of Cubao.

On this significant occasion, the Christ the King Greenmeadows Parish Finance Council (PFC) officers, Chairperson Elise del Rosario, and members Irene Robles and Benjamin Jimenez, were also commissioned for their vital roles.

What is the Parish Finance Council?

The PFC is a consultative body mandated by the Church's universal law (Canon 537 of the Code of Canon Law). The PFC assists the pastor in the administration of the parish's temporal goods. This means they help the pastor in ensuring the responsible and prudent management of the parish's financial resources, property, and investments. While the pastor retains the final authority and responsibility for parish finances, the consultative role of the PFC is crucial in providing expert advice and support.

The Journey Ahead

As the Parish Finance Council embarks on this important journey, its objectives are firmly centered on supporting the parish's spiritual mission through sound financial management. Their initial focus will include:

- Establishing robust financial and administrative planning processes.
- Implementing effective risk management and compliance procedures.
- Actively promoting a culture of stewardship within the parish community.

The Catholic Church Finance: A Foundation of Stewardship

Catholic Church Finance is ultimately about the prudent and responsible acquisition, administration, and disposition of the Church's material resources (money, property, investments, etc.) in accordance with divine law, Canon Law, and the moral principles of the Catholic faith. Its ultimate purpose is to provide the necessary means for the Church to fulfill its mission of evangelization, sanctification, and charity.

Formation and Training for PFC Members

To equip the newly commissioned PFC officers with the necessary knowledge and skills, the Diocesan Finance Council of Cubao (DFCC), headed by Fr. Steve Zabala, has scheduled several formation and training sessions. These sessions will ensure the PFC members are well-prepared to understand and effectively perform their roles.

Keep the Parish Finance Council in your prayers as they begin this essential service to the parish community!



LADIES OF CHARITY HONORS CLASS OF 2025 SCHOLARS

By Lorie Santos

Last August 2, 2025, the LADIES OF CHARITY joyfully recognized the achievements of our LOC-CTK scholars who graduated as part of the College Class of 2025. We are proud of their hard work and dedication, and we celebrate their success together as family in faith. Among the 7 graduates are:

- MARK CLIENTE, Magna Cum Laude, BS in Business Administration, major in Marketing Management, EARIST
- CHRISTINE CAPADOCIA, Magna Cum Laude, BS in Business Administration, major in Marketing Management, PUP
- JAYVEE ROMERO, Cum Laude, BS in Information Technology, Quezon City University
- MA. CHRISTINA PUQUIZ, BS in Hospitality Management, PLMarikina
- NIÑA TRIA, BS in Management Accounting, PUP



Congratulations scholars!

- JUELLE IROG, BS in Psychology, Rizal Technological University
- RENALYN BRITO, BS in Electrical Engineering, Rizal Technological University

These scholars have been with us for 10 years (started in Grade 7) and expressed their heartfelt gratitude to LOC-CTK, not only for the financial support that helped them finish their studies, but most of all for the spiritual formation they received through the catechetical ministry that provided them with catechism classes.

Indeed, education is a gift, but faith gives its purpose. May these young graduates go forth with wisdom, integrity, and a heart for service, carrying the light of Christ into their chosen paths. 🙏



Ladies of Charity in their blue uniform and Fr. Rex Jebra brim with pride as they pose with CTK scholars



LADIES OF CHARITY CELEBRATE A JUBILEE OF LOVE AND SERVICE

By Lorie Santos

Last August 16, 2025, the LADIES OF CHARITY of Christ the King Parish hosted the 408th Founding Anniversary of the Association International of Charities (AIC) and the 75th Anniversary of LOC Philippines, together with the different Units of the Diocese of Metro Manila.

The highlight of the day was a talk from one of our LOC Spiritual Directors, Fr. Nelson Bisco, CM of Adamson University, who shared a meaningful reflection entitled “Jubilee of Love and Service.” We also came together in the celebration of the Holy Mass and witnessed the oath-taking of our Diocesan Officers.

In honor of this milestone, each LOC Unit pledged to plant 75 trees as a lasting symbol of our 75 years of service, and each member contributed P75 to help raise funds for our LOC National programs.

It was truly a day filled with joy, blessings, and the spirit of charity- a reminder that when we serve with love, we not only strengthen our community but also bring Christ’s light into the world.

May we continue to live out our mission with simplicity, humility, and charity- sowing seeds of charity today that will bear fruit for generations to come. 🙏



LOC units pledge to plant 75 trees to mark 75 years of service

BEYOND THE BIRDS AND THE BEES

CHASTITY AND SEXUALITY EDUCATION IN THE FAMILY

By Mina Mejia

Last August 30, Christ the King Parish Greenmeadows hosted a powerful and much-needed talk entitled “*Beyond the Birds and the Bees: Chastity and Sexuality Education in the Family*.” The event was **spearheaded by the Family and Life Ministry together with the Children’s Ministry**, bringing together parents, grandparents, counsellors, and catechists seeking clarity, guidance, and practical wisdom in navigating conversations on chastity and sexuality with younger generations.

The keynote speaker, **Joy Katigbak**, carefully unpacked *Pope John Paul II’s Theology of the Body*—the study of how God reveals Himself in and through the human body. At its heart is the truth that our bodies are not merely physical, but living signs of the divine. As St. John Paul II beautifully said: “*The body, in fact, and only the body, is capable of making visible what is invisible: the spiritual and the divine.*” Joy broke this profound teaching into bite-sized, accessible pieces so attendees could understand not just what the Church teaches, but why these teachings matter in daily life—why our bodies matter, why desire matters, and how love, respect, and chastity integrate into everyday decisions.

The audience responded with deep resonance: “*Bakit wala ito noong panahon natin?*” and “*How I wish we had heard this before we got married.*” Many realized the need for formation they had long missed.

The event was capped by a heartfelt sharing from **Nika Katigbak**, Joy’s daughter. She reflected on growing up in a household where these topics were not taboo but



Organizers Sonny and Mina Mejia, Joanne and Reggie Polanco join Key Speaker Joy Katigbak with her husband Aldy and daughter Nika who shared personal experiences of growing up in a family rooted in Theology of the Body.

discussed openly—with honesty, faith, and love. Now a teacher herself, she continues to pass on these values.

Joy emphasized that **parents have a unique role**: sex education must be tailored to each child. She challenged families to: (1) present the beautiful picture of love that awaits those who wait, (2) show chastity as a positive, desirable option, and (3) set the bar high and clear.

The talk ended with encouragement—and thirst—for parents to keep learning. Indeed, *Beyond the Birds and the Bees* reminds us: it’s never too late to begin these conversations, and the world needs them now more than ever. 🙏



THE OPUS CHAPEL: FAITH IN THE CITY BEYOND THE WALLS

THE CHAPEL OF THE ARCHANGELS CELEBRATES ITS SECOND YEAR

By Tessa Mangahas

A quiet sanctuary is drawing more of the faithful right in the heart of Quezon City's newest lifestyle hub. The Chapel of the Archangels at Opus Mall is a place of prayer amid the busy commercial artery along C5. It offers Masses, scheduled confessions, and will soon be a venue for The Feast.

The chapel is located on the 6th level of the mall and was blessed in July 2024 by then Cubao Bishop Honesto "Ness" Ongtioco. It is dedicated to the Archangels, Saints Michael, Gabriel, and Raphael, whose feast falls on September 29, 2025. Seating 250 to 300 people, with overflow in its garden area, the place is accessible, tranquil, and reverent. A tabernacle with the Blessed Sacrament ensures that it is not only a chapel of convenience but also a true place of worship.

Because of its ecclesiastical boundaries, the chapel is now under the supervision of nearby Christ the King Parish in Greenmeadows, a thriving parish known for its large community, ministry involvement, outreach projects, and solid commitment to being a "parish for others". CTK's parish priest, Fr. Aytoy Opiniano, has appointed parishioners Buh Malonzo and Monica Uy to assist in encouraging more participation from the transient community of the mall chapel.

The presence of the mall chapels has been acknowledged by the new Cubao Bishop Elias Ayuban as being outreach extensions that help the people to strengthen their faith. He further recognizes that mall chapels are becoming oases of prayer, providing the faithful with spiritual nourishment without straying from their daily grind. Still, Bishop Eli says that while traditional parishes remain the heart of Catholic life, mall chapels like Opus allow the people to sustain their faith amid their hectic lives and modern-day realities such as metro traffic. The Diocese regulates and supports mall chapels by tying them to a nearby parish for pastoral oversight and sacramental life.

Proof of this soaring spiritual hunger is the rising number of Mass schedules. The chapel now has daily



It's almost always a full house of worship on Sundays at the Chapel of the Archangels

evening Masses at 6:00 p.m. from Monday to Saturday, and six Sunday Masses, 9:30 am, 11:00 am, 12:30 pm, 4:00 pm, 5:30 pm, and 7:00 pm.

Still, there are pastoral challenges. Recruitment of volunteer liturgical workers is ongoing. In the meantime, some of the lectors or Eucharistic ministers double up as collectors of mass offerings. There is a dearth of altar servers. Fortunately, there are enough choirs to serve all Sunday Masses. But the pluses cannot be ignored. The Church is more visible even in commercial spaces. People can attend Mass and pray even if weather, traffic, parking, or work schedules make it difficult. There is always a quiet space for prayer, confession, or reflection amid the bustle of city life.

On September 29, 2025, the Chapel of the Archangels will celebrate its second feast day. But beyond the festivities, it will continue to be a testament to what Bishop Ongtioco intimated during the blessing of the place of worship: "We are planting seeds of faith in the very places where people live, work, and shop. The Church must be present where the people are." Indeed, God continues to meet His faithful wherever they are – even amid the frenzy of a mall. 🙏



Liturgical servers flank Cubao Bishop Eli Ayuban DD, Fr. RL Oreta and Fr. Aytoy Opiniano during the bishop's pastoral visit.

MEET OUR BEC VILLAGE COORDINATORS!



Nadine Navarro
BEC Coordinator



Connie Lopez
Arcadia



Janine Aldeguer
Acropolis Greens



Jeff and Ingrid Cua
Acropolis Greens



Lolita Ty
Corinthian Gardens



Sandy Abad Santos
Corinthian Gardens



Dinah Uy
Corinthian Hills



Beth Monedero
Greenmeadows



Tessie Moran
Greenmeadows



Ivy Valenton
Ivory Court



Lorenz Valento
Ivory Court



Buh Malonzo
Opus Mall



Charito Barredo
St. Ignatius Village



Ma. Cristina Reyes Perfecto
St. Ignatius Village



Kcee Espinosa
The Enclave



Kim Cua
White Plains

A DELIGHTFUL MARIAN AFTERNOON

By Mae Heredia

Mama Mary studding the day surrounding this joyous event with Two Thousand Rosaries—a Marian outpouring of love she takes to her Son, with every rose transferred to the other side, she instills in each one of us the trust—Her Son is in charge of all those intentions written, soon to be burned, for only she knows our innermost needs and desires.

A Promise is made—a Marian contract of two legionaries, witnessed by our parish priest, indeed a loving preparation for our FIAT. Yes, we commit, we are warriors in this great army of her Praesidium—the Immaculate Heart of Mary, now giving birth to Our Lady of Families, Eastwood.

Entrusting the care to our spiritual directors, our parish priests are tasked to enliven the Marian spirit and instill the ever-growing apostolic spirit to spread her loving Legion to all.

Quoting from the homily given by Bishop Elias at the Legion of Mary Spiritual Directors Event—“nag Maritess si Mama Mary—silently she whispered to Jesus —“They have no wine” that whisper blossomed into His very first miracle—transforming water into the finest wine.

Congratulating a Praesidium for the many Legionary vocations. Enriched, enticed, prodded—filling our water vessels—our minds and hearts to launch out and give more of ourselves in this wonderful Marian Mission—transforming hearts into the finest “Marian wine.”

Warming up the event with practices to do our best in our dance presentation, we graced our best Filipiniana outfits—we went glowing and ready. A day for our spiritual director priests to sit back and enjoy our dance. Mama Mary must have really enjoyed watching with Jesus.



Bishop Elias Ayuban led the Mass of the Legion of Mary to celebrate the Spiritual Directors Day of the Cubao North and South Comitium with more than 200 legionaries attending.



Mae and Gilda made their Legion Promise and became full-fledged members of the LoM.



Representatives of the three CTK Praesidia joined Bishop Eli in this dance.

Yes, we are here, ready to do all we can, if it is in our hands to give and do. We hold her two hands receiving the spray of graces she imparts—to create a lively, youthful following for our Praesidia, and take her image to souls ready to receive her as she whispers their every need to her Son. Her gentle wish is always His command. 🙏

Legionaries of the Immaculate Heart of Mary praesidium are eager to launch into our Marian mission.





Knights of Columbus take their solemn oath of service in the presence of their parish priest Fr. Aytoy, families and friends.

CTK KNIGHTS OF COLUMBUS INSTALL OFFICERS, UNVEIL YEAR'S PROGRAMS

By Tessa Mangahas

The Christ the King Parish Knights of Columbus (Council 12461) welcomed a new fraternal year with the installation of officers, led by Grand Knight Manny de Leon. This was held on September 12, 2025, at Christ the King Greenmeadow's Parish Social Hall.

In his remarks, De Leon encouraged the Knights to deepen their brotherhood and continue their mission with renewed dedication. He paid tribute to the group's elders and thanked all members for their trust and confidence.

"As we begin this fraternal year, I share with you our programs to help the needy, strengthen the faith, and bring the light of Christ to those around us," he said.

He then presented a lineup of activities for the year, ranging from bloodletting and school outreach programs to fiesta and Holy Week processions, pilgrimages, and an outreach to the Haven for the Elderly in Tanay, Rizal.

He outlined the group's activities for the next months:

Year 2025

- September 28 – Bloodletting with the Philippine Red Cross
- October 17 – Outreach at Libis Elementary School with donations, board games, a water filter, and a feeding program for 400 children
- November - Fiesta Month procession and Honor Guard duties
- December - Christmas Party

Year 2026

- February - Outreach to the Haven for the Elderly, Tanay
- March - Pilgrimage to Pampanga or Laguna
- April - Escorting the Holy Week processions

Through these initiatives, the CTK Knights aim to live out their mission of charity, unity, fraternity, and patriotism—bringing faith into action in the parish and beyond, and being true to their motto "In Service to One. In Service to All"

The event also marked the installation of other officers, the induction of Service Personnel for the Fraternal Year 2025-2026. Fr. Aytoy Opiniano, KoC spouses and families, and other guests were on hand to witness the ceremony.

KNIGHTS OF COLUMBUS COUNCIL 12461 (Fraternal Year 2025-2026)

Officers

Grand Knight:	SK Manuel De Leon
Deputy Grand Knight:	SK Wilfredo Corpuz
Chancellor:	SK Henry Porca
Financial Secretary:	SK Adrian Navarro, Jr.
Warden:	SK Joseph Macavinta
Recorder	SK Irwin Reyes
Treasurer	SK Joselito Pasquin
Advocate	SK Barry Salvador
Trustee (3 years)	SK Joel Tamor
Trustee (2 years)	SK Angel Jose Ramos
Trustee (1 year)	SK Rodolfo Retirado
Lecturer	Bro. Reginald Nery
Inside Guard	Bro. James Bautista
Outside Guard	Bro. Luis Aquino

Service Personnel

Program Director	Bro. Jaime Hernandez
Faith Director	SK Robinson Uy
Family Director	SK Jose Pilar
Life Director	SK Eddie Pantoja
Membership Director	SK Francisco Gomez, Jr.
Recruitment Committee 1	SK Pedro Jalandoni
Recruitment Committee 2	Bro. Louie Padrinao
Recruitment Committee 3	Bro. John Dequina
Retention Chairman	SK Lucenito Tagle
Retention Committee 1	SK Glicerio Intengan
Retention Committee 2	SK Arsenio Topacio
Insurance Promotion	SK Francisco Gomez, Jr.
Vocations Chairman	SK Ryan Ferdinand Callanta
Health Service	Bro. Jan Christopher Pasquin
Public Relations	SK George Simon Samson
Assembly Liaison	SK Joselito Pasquin
Commander of the Guards	SK Dindo Tangonan



Spouses of the Knights of Columbus are part of the mission.

SULONG CUBAO!

A TRILLION PESO MARCH
 SEPTEMBER 21, 2025

9:00AM - Assembly at the Caltex Gas Station
 (White Plains cor. Katipunan/Temple Drive)

10:30AM - Holy Mass at the People Power Monument
 to be presided over by the Most Rev. Elias L. Ayuban, Jr., CMF, DD,
 and concelebrated by the Cubao Clergy

Everyone is invited to join the march and the celebration of the Holy Mass.
 Please wear white shirts.



ROMAN CATHOLIC
 DIOCESE OF CUBAO



SCHEDULE OF PUBLIC MASSES

WEEKDAY MASSES

Mon to Fri 7AM LIVE
 6PM
 Sat 7AM LIVE

SUNDAY MASSES

Sat (Anticipated Mass) 6PM
 Sun 6AM LIVE
 7:30AM
 9AM
 10:30AM
 12NN
 4:15 PM CHILDREN'S MASS
 5:30PM
 7PM

PARISH OFFICE


Mon CLOSED
 Tue to Sun 8AM-12NN
 1PM-4PM

PARISH OFFICE PHONE NUMBERS

8633-0280
 8638-4838
 8687-1909

MONTH OF THE HOLY ROSARY
OCTOBER

LIVING ROSARY
October 4, 2025 | Saturday
After the 6PM Mass
Main Church



SACRAMENTAL PREPARATION

First Holy Communion

PARENT ORIENTATION
Oct 5 | Sun 1:30-3pm

CATECHISM
Oct 12, 19, 25, Nov 2 | 1:30-3:30pm

FIRST RECONCILIATION
Nov 8 | Sat 1:30pm

PARENT RECOLLECTION
Nov 9 | Sun 1:30-3:30pm

COMMUNION RITES
Nov 15 | Sat 10am

REGISTER ONLINE BY OCT 4
bit.ly/CTK1stcommunion



CTK CELEBRATES 20 YEARS AS A STEWARDSHIP PARISH!

"All good giving and every perfect gift is from above." (James 1:17)

THANKSGIVING MASS
September 21, 2025 | Sunday
10:30AM
CTK Main Church

STEWARDSHIP & VOLUNTEERS FAIR
Free Food, Fun, Prayer, and Fellowship!
October 12, 2025 | Sunday
Whole Day
Parish Social Hall

MGA KUWENTONG KATIWALA
Highlights of projects made possible by your generosity!
Throughout September and October



KUMPILANG BAYAN 2025

Catechism Classes
ENGLISH:
Nov 8: 10-12nn and 1-3pm
Nov 9, 15, 16: 2-4pm
TAGALOG:
Nov 4, 6, 12, 13, 18: 7-9pm

ALL CLASSES ARE VIA ZOOM.
OPEN TO AGES 12 AND OLDER.
FREE OF CHARGE.
ZOOM ORIENTATION: NOV 3, 7PM

KUMPILANG BAYAN RITES
NOVEMBER 29, 2025, 8-11AM
CHRIST THE KING PARISH GREENMEADOWS,
MAIN CHURCH, BRGY UGONG NORTE, QC
We Welcome Converts!



You're Invited!

THE FEAST AT OPUS

October 4, 2025
Chapel of the Archangels, Opus Mall
After the 6:00PM Anticipated Mass

Join us for Spirit-Filled Worship and an Inspiring Talk!



1ST CTK PICKLEBALL
Friendship Meet

Intermediate Level

8 NOVEMBER 2025
SATURDAY

COME & CHEER FOR YOUR TEAM VILLAGE

Acropolis
Corinthian Gardens
CorHills/Arcadia
Greenmeadows
St. Ignatius
White Plains

CALL BETH MONEDERO AT 0917 5581100 FOR MORE DETAILS



CHRIST THE KING PARISH GREENMEADOWS

PET FAIR & BLESSING

OCTOBER 4, 2025 (Saturday)
7:00 am to 10:00 am

Garden in front of CTK entrance




CHRIST THE KING PARISH GREENMEADOWS

LIVING WITH THE ELDERLY
SPIRITUALITY OF CARING

OCTOBER 16, 9:30 AM
ST. MATTHEW - MARK ROOMS

STELLA DEREQUITO

REGISTER AT THE PARISH OFFICE



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