THE HERALD
Christ the King Parish
Greenmeadows
Jul-Aug 2026



CTK parishioners gathered on July 19, 2026 to form a giant human mosaic spelling out its new mission as Gen C (Generation for Christ) - a living picture of a parish united in faith.

Father's Heart Today

FROM MILESTONES TO MISSION: CELEBRATING GOD'S GRACE AT CTK

By Fr. Aytoy Opiniano,
Parish Priest

As I look back on the past months, my heart is filled with gratitude. God has blessed our CTK parish with many beautiful milestones, but more importantly, He continues to invite us to move from celebration to mission.

First of all, I would like to sincerely thank all our parishioners for your beautiful wishes, prayers, and expressions of love on the occasion of my 30th Presbyteral Ordination Anniversary on July 31, 2026. You made that day very special for me. On that anniversary, I remembered each one of you and prayed especially for you and your families. I thanked God for the precious gift of priesthood and for the opportunity He has given me to serve His people. I also thank my family for their constant love, encouragement, and support throughout my priestly journey.

Thirty years of priesthood remind me that the priesthood is not simply about celebrating years; it is about giving one's life each day for God and His people. As St. John Vianney beautifully reminds us, "The priesthood is the love of the heart of Jesus." I am deeply grateful that, in some small way, God has allowed me to experience and share that love through ministry.

From Celebration to Mission

On July 19, we launched our parish mission, Gen C – Generation for Christ, built on three beautiful pillars: Connect, Care, and Commit. These three words express what we hope to become as a parish.

We want to connect with one another, especially those who may feel distant or forgotten. We want to care for one another, recognizing that every person carries a story, a struggle, and a longing to be loved. And finally, we want to commit ourselves to Christ and to His mission.

Pope Francis once reminded us that "the Church is not a museum of saints, but a hospital for sinners." Our parish must therefore be a home where people encounter God's mercy, healing, friendship, and hope.

We have also begun our Parish Pastoral Council for the Libis community, strengthening our desire to listen, collaborate, and journey together. A parish becomes truly alive when everyone recognizes that mission is not the responsibility of the priest alone; it belongs to all of us.

A Parish That Learns and Grows

I am particularly grateful for the many formation initiatives taking place in our parish. Through Genesis to Jesus - Journey through Scripture, Youth Mental Health, and Setting Healthy Digital Boundaries, we are trying to respond to the real questions and challenges faced by our people today.

It gives me great joy to see many parishioners actively participating in these formation programs. My sincere appreciation goes to all the organizers and members of the various ministries who generously share their time and talents. Your initiatives help us reach people with relevant topics and, more importantly, help us bring the Gospel into everyday life.

Building Bridges Through Friendship

Our Pickleball Tournament among the different villages was another beautiful expression of community. It was not merely about competition or winning. It was an opportunity to meet people we may not normally encounter, build friendships, laugh together, and discover that we are part of one parish family.

As Pope Leo has reminded us, "sport is an opportunity for evangelization." Sometimes, evangelization begins not with a sermon, but with a handshake, a smile, a game, and the simple joy of being together.

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A Parish Filled With Young Life

One of the most beautiful developments has been the beginning of the Children's Mass at the Chapel of the Archangels, (CotA) Opus Mall, alongside our Children's Mass at CTK. My heart is filled with joy when I see our children actively participating and serving the Lord.

I am deeply grateful to our Children's Ministry at Opus Mall for their dedication and enthusiasm. Through their service, we are creating a space where children can discover that the Church is not merely a place they visit, it is their home and their community.

And something beautiful is happening: young parents are coming closer to the Church. They bring with them a new energy, enthusiasm, and vibrancy. Their presence reminds us that the future of CTK is not something distant; the future is already growing among us.

St. Teresa of Calcutta once said, *"Not all of us can do great things. But we can do small things with great love."* Every ministry, every formation session, every Mass, every game, every child who serves, every parent who returns to Church, these may seem like small things, but when done with love, they become great things in the eyes of God.

As we celebrate our milestones, let us not remain there. God's grace is always moving us forward.

May CTK continue to be a parish that connects hearts, cares for people, and commits itself to Christ. May we journey together as one family, welcoming children, youth, parents, seniors, and every person who longs to find a home in the Church.

The milestone is worth celebrating. But the mission is worth living.

May God continue to bless CTK not simply to grow bigger, but to grow deeper in faith, wider in love, and stronger in mission.

To God be the glory for all that has been, all that is, and all that is yet to come.

Fr. Aytoy Opiniano
Parish Priest, Christ the King Parish

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CHRIST THE KING PARISH GREENMEADOWS **IS A STEWARDSHIP PARISH**

HERE ARE WAYS TO SHOW THANKFUL GIVING

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SCHEDULE OF PUBLIC MASSES

WEEKDAY MASSES

Mon to Fri	7AM LIVE
	6PM
Sat	7AM LIVE

SUNDAY MASSES

Sat (Anticipated Mass)	6PM
Sun	6AM
	7:30AM LIVE
	9AM
	10:30AM
	12NN
	4:15 PM CHILDREN'S MASS
	5:30PM
	7PM

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Mon	CLOSED
Tue to Sun	8AM-12NN
	1PM-4PM

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FROM STEWARDSHIP TO GENERATION FOR CHRIST: A PARISH FOR OTHERS

By Bishop Honesto Ongtioco DD

As we celebrate our 21st anniversary as a Stewardship Parish, we give thanks for a beautiful journey of grace. What began as a program has gradually become a way of life – a parish that does not live only for itself, but has learned to become truly a parish for others. We have reached out to communities, parishes, and dioceses, sharing not only our resources but also our time, talents, and love.

Today, as we move forward, our stewardship community continues to evolve into **Generation for Christ – Gen C, a community built on three pillars: Connectivity, Care, and Commitment.**

Connectivity means being connected first and foremost with God. St. Augustine reminds us, *"You have made us for Yourself, and our hearts are restless until they rest in You."* Our relationship with Christ is the source of everything we do. And because we imitate Christ, we are also called to remain connected with one another.

Care means taking every opportunity to reach out, just as Jesus did. Christ welcomed people, listened to them, lifted them up, gave them hope, and enabled them to experience God's love concretely. As Gen C, we ask: "Whom can I help today? *Whom can I encourage? Who needs to experience God's love through me?*

Commitment means giving ourselves to the coming of God's kingdom. As followers of Christ, we are called to transform society and our world through the faithful living of the Gospel.

This requires courageous faith in a wounded, divided, and confused world, especially amidst the powerful influence of technology, artificial intelligence, and social media. We are challenged to be vigilant and faithful in the daily tasks entrusted to us – to do that we have been **"appointed"** to do while awaiting the Lord.

This may mean welcoming the stranger, feeding the hungry, respecting every person, doing our best in our work, carrying our crosses with faith, and remaining open to recognize God when He comes to meet us in ordinary moments. It means putting aside our own agendas and expectations so that God's will may become our guide.

We await in joyful hope, leaving behind old patterns of division and unhealthy behavior and embracing synodality – walking together toward deeper communion with God and with one another.

Today, we praise and thank God for all that has been, for His fidelity, His blessings, and His sustaining presence throughout our journey. We are deeply grateful to all our parishioners, especially those who continue to give generously of their time, talent, and treasure.

As we celebrate 21 years, may we continue to be a parish for others – a community connected to Christ, caring for others, and committed to His kingdom. And may the Lord bless us abundantly and bring to completion the good work He has begun in our parish and in each one of us.

Bishop Ness

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A NEW CHAPTER BEGINS: CHRIST THE KING PARISH LAUNCHES GENERATION FOR CHRIST | JULY 19, 2026

By Tessa Mangahas

After days of relentless rain, the sun finally broke through on Sunday, July 19—and so did something new at Christ the King Parish–Greenmeadows.

For a few hours, the parish became a vibrant picture of what a community of faith can be: children beside grandparents, young adults alongside seniors, families sharing stories, laughter and food, and hundreds of parishioners standing together with one purpose.

It was the official launch of **Generation for Christ (Gen C): Connect. Care. Commit.**—a movement that goes beyond the parish's 47th Fiesta theme to become a long-term invitation for every generation to live faith through relationship, service and commitment.

The celebration began with the **Gen C Story Wall,** where parishioners wrote personal prayers, stories and commitments—to forgive, serve, pray, care and choose kindness. The Gen C photo booth captured families and friends marking the beginning of a new chapter.

Wearing the newly unveiled gold-and-white Gen C shirts designed by no less than PPC coordinator, Albert Cuadrante, the parish community became a visible symbol of unity across generations.

At the heart of the celebration was the inaugural **Gen C Eucharistic Celebration,** presided over by Bishop Honesto "Ness" Ongtioco, with Parish Priest Fr. Arthur "Aytoy" Opiniano, Fr. Mike Cabangisan and Fr. Rex Jeba.

In his homily, Bishop Ness challenged the community to see **Connect. Care. Commit.** not simply as a slogan, but as a way of life: reconnecting with God and one another, caring through compassion and concrete acts of service, and committing ourselves as missionary disciples in everyday life.

Fr. Aytoy described the launch as **"a historic day"**—the opening of a new chapter for the parish and a call to build a culture where every generation has a place and every parishioner can become an **instrument of peace.**

The liturgy reflected that vision. Children, youth, adults and seniors participated together in the offertory procession. Families led the Prayers of the Faithful. Before the final blessing, the entire congregation stood as one to recite the **Gen C Pledge,** making a commitment to carry the movement beyond the church walls.

The parish also unveiled its official **Gen C Theme Song,** with lyrics by Tessa Mangahas and music by Nonong Sampang, performed by Novo Concertante and Tinig Barangka. What began as a song became a powerful communal declaration.

Then came the moment that brought the meaning of Gen C to life.

As the Mass ended with **"Ite, missa est"—"Go, you are sent,"** hundreds of parishioners streamed out of the church in an **"Exodus of Peace and Hope."** Moving toward the Divine Mercy Chapel grounds, they became a living procession of faith and mission.

From above, drone footage captured an unforgettable sight: clergy and parishioners forming a giant human mosaic spelling **GEN C,** waving colorful ribbon wands.

The message was simple and powerful: **a parish is not built only of bricks and buildings, but of people who choose to stand together.**

The celebration continued at the Parish Social Hall, where generations gathered around communal tables for *lugaw, lumpiang togue, pansit,* barbecue, *turon,* donuts, coffee and refreshments generously shared by parishioners.

Music from the Youth Band and Servi Domini filled the hall. Games brought out laughter. Bubbles delighted both children and adults. And conversations continued long after the meal.

Perhaps that was the most beautiful part of the day.

People stayed—not because there was another activity on the program, but because they wanted to be together.

In a world increasingly marked by isolation and hurried schedules, **Gen C** offers a simple yet powerful response: connect with one another, care for one another, and commit to something greater than ourselves.

For Christ the King Parish–Greenmeadows, July 19 was more than a launch.

It was the beginning of a culture.
A culture of faith.
A culture of service.
A culture of peace.
A culture where every generation belongs.

And as the banners eventually come down and the fiesta celebrations fade, the real work of Gen C begins—not in grand gestures, but in the everyday choices of ordinary people.

One connection.
One act of care.
One faithful commitment at a time.

Congratulations, Christ the King Parish–Greenmeadows!

PRAISE CHRIST THE KING!
LONG LIVE GENERATION FOR CHRIST!
BE GEN C!

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Fr. Aytoy leads the community in celebrating the joy of being Gen C—together in faith and hope.



Gen C Core Team: Ministry leaders were the hearts and hands behind the movement for Christ's generation.



"Ribbons in the air, smiles all around—children and adults celebrate the launch of Generation for Christ." One parish, many generations, one joyful mission.



Gen C signs were everywhere—reminding all to connect, care, and commit for Christ.



From every generation, they came forward with their gifts, prayers, and commitment to Christ.

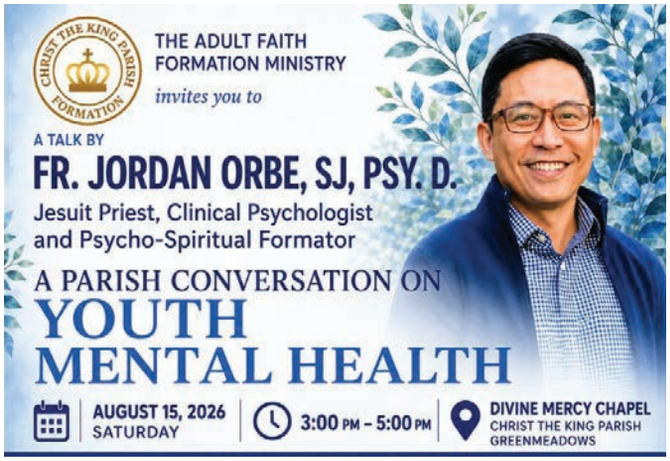


Children, parents, and parishioners wave colorful ribbons as they join the joyful Gen C celebration.

Heart signs, happy faces and new friendships - Gen C ladies celebrate being part of something bigger!



Christ The King Parish — Greenmeadows



A PARISH CONVERSATION ON YOUTH MENTAL HEALTH | AUGUST 15, 2026

By Sheryl Coronel

The Adult Faith Formation Ministry organized A Parish Conversation on Youth Mental Health, held on August 15, 2026, at the Divine Mercy Chapel. Fr. Jordan Orbe, SJ, RPsy led the parish conversation on an increasingly urgent concern for families, schools, communities, and the Church: the growing mental health crisis among our young people.

The realities presented during the talk were sobering. Globally, 1 in 7 adolescents aged 10–19 experiences a mental disorder, with depression, anxiety, and behavioral disorders among the leading conditions affecting the young. In the Philippines, 1 in 5 children and adolescents experienced a mental health problem within a 12-month period, while 3 in 10 adolescents aged 12–19 face a mental health problem.

Yet one of the most important lessons of the conversation was that we must look beyond the statistics and seek to understand what our young people are experiencing. The pressures they carry are real, from the lingering effects of isolation and the pandemic, family and economic stresses, and the negative effects of social media, to difficulty processing painful emotions and the continuing stigma surrounding mental health. As one powerful message from the talk reminded us: "The young are not weak; they are weary from carrying too much."

For families and the parish community, this calls for a different kind of response. We need to be more attentive to what young people are telling us, and sometimes to what they are unable to say. Fr. Jordan emphasized the importance of presence, compassion, connection, formation, and accompaniment: listening with empathy rather than judgment, encouraging honest dialogue, and walking with young people through their struggles.

Faith and spirituality can be powerful sources of hope, courage, inner strength, meaning, and social support. But genuine spiritual accompaniment requires a Church that listens and journeys with the young, rather than one that simply lectures them.

Youth mental health is a reality we can no longer ignore. As families and as a parish, our challenge is to help build a community where young people know they are heard, understood, valued, loved, and never alone, and where our faith becomes a living source of hope and compassionate accompaniment.







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SETTING HEALTHY DIGITAL BOUNDARIES: BUILDING STRONGER FAMILIES IN A CONNECTED WORLD

| AUGUST 29, 2026

By Tata P. Albert

Despite the red rainfall warning on August 29, the day brought blessings of wisdom for parents, guardians, and family members who attended the timely and engaging talk,**"Setting Healthy Digital Boundaries: A Guide to Family Digital Wellbeing for Parents."** The session is the first formation session spearheaded by the Pastoral Team in the Chapel of the Archangels. It addressed one of the most pressing challenges facing families today: how to guide children in a world increasingly shaped by screens, social media, and digital technology.

This talk was led by Research Fellow, Professor, Counsellor, and Psychologist Dr. Sheila Marie "Shake" G. Jocson, who emphasized that technology itself is not the problem. Digital tools provide opportunities for learning, communication, creativity, and entertainment. However, without healthy boundaries, excessive or unregulated screen use can affect children's emotional wellbeing, relationships, academic performance, and online safety.

Participants explored common digital parenting concerns such as excessive screen time, social media influence, online gaming, cyberbullying, misinformation, privacy risks, and the growing impact of technology on mental health. Emerging online behaviors, including doomscrolling and oversharing, were also discussed as challenges that families need to recognize and address.

Rather than advocating the removal of technology from family life, the seminar encouraged parents to use technology intentionally and to become positive digital role models. By fostering open communication, mutual trust, and shared family values, parents can help their children navigate the digital world responsibly and safely.

Key Takeaways

- **Technology should serve the family, not control it.** Use digital devices intentionally and in ways that support learning, creativity, and connection.
- **Set clear and realistic boundaries.** Family agreements on screen time, device-free meals, and bedtime routines help develop healthy habits.
- **Be a digital mentor.** Children learn from what parents model, making positive digital behavior essential.
- **Prioritize communication over control.** Honest conversations about online experiences build trust and resilience.
- **Make time for offline connections.** Family activities, shared meals, and prayer strengthen relationships and wellbeing.
- **Raise responsible digital citizens.** Teach children critical thinking, online respect, and safe digital practices.

The seminar reminded us that healthy digital habits begin with healthy family relationships. As technology continues to evolve, our families can thrive by staying grounded in faith, communication, and shared values. We thank all who attended and contributed to this meaningful and enriching event.

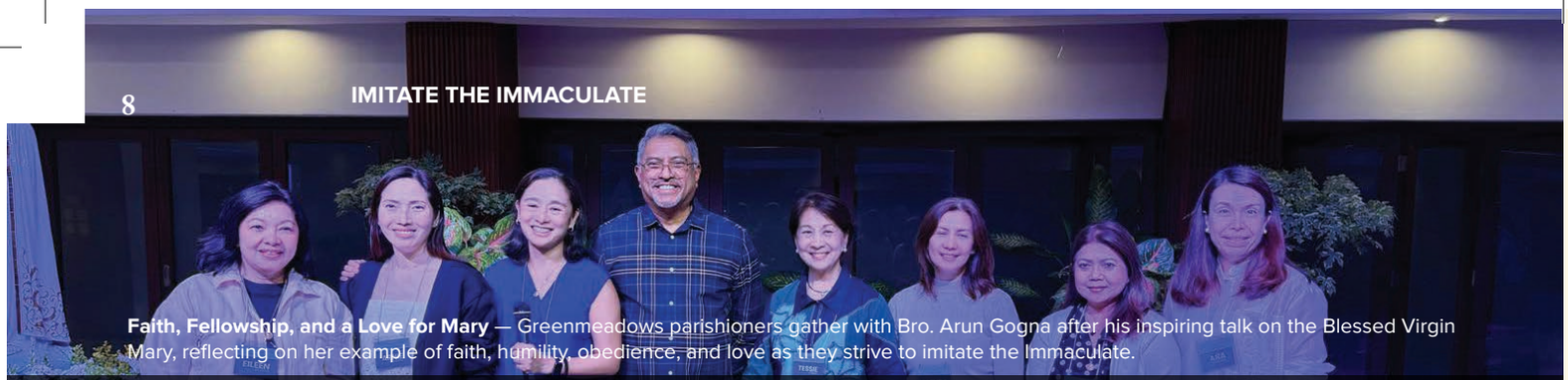


(From L-R) Barry Tad-y, head of Family is a Gift. Dr. Shake Hocson, speaker. Leo Labrador - CFC Central A Sector head. Buh Malonzo - Head, Chapel of the Archangels Pastoral Team



Dr. Shake taking a question from one of the participants during open forum while Family is a Gift Sector coordinator Joy Corpuz smiles approvingly.

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Faith, Fellowship, and a Love for Mary — Greenmeadows parishioners gather with Bro. Arun Gogna after his inspiring talk on the Blessed Virgin Mary, reflecting on her example of faith, humility, obedience, and love as they strive to imitate the Immaculate.

IMITATE THE IMMACULATE: SEVEN LESSONS FROM MAMA MARY SHARED BY BRO. ARUN GOGNA | **SEPTEMBER 5, 2026**

By JJ Tabayan

At his recent talk on September 5 at Greenmeadows, Bro. Arun Gogna reflected on how little Mama Mary speaks in the Bible—but how powerful her recorded words are. Through them, she teaches us faith, humility, service, love, and complete trust in God.

The best way to honor our devotion to the Blessed Mother, he said, is to imitate her.

1. **"How can this be, since I know not any man?"**
   Mary's question was not one of disbelief, but a desire to understand. We, too, can learn from the experiences and mistakes of others. We do not have to experience sin ourselves to know that it leads us away from what is good.

2. **"May it be done unto me according to your word."**
   Mary's great YES to God changed the course of humanity. God invites us to say yes to Him each day—even when it means trusting Him and surrendering our own plans.

3. **"Shalom!" — Peace!**
   Mary visited Elizabeth, bringing Jesus—and peace, joy, and love—with her. Like Mary, we are called to bring peace wherever we go.

4. **"My soul magnifies the Lord…"**
   Mary knew that everything she had was a gift from God. Her humility reminds us that God's blessings are not reasons for pride, but opportunities to bless others.

5. **"Son, why have you done this to us?"**
   Mary and Joseph searched anxiously for Jesus. When we realize we have wandered from Him, may we seek Him with the same urgency and never become comfortable living far from Him.

6. **"They have no wine."**
   At Cana, Mary noticed a need before anyone asked. She teaches us that love notices—even what others cannot or will not say.

7. **"Do whatever He tells you."**
   Mary's most important words point not to herself, but to Jesus. This is our mission, too.
   So, how will we imitate Mary?

This week, let us choose one Marian lesson to live out. Say yes to God even when it is difficult. Bring peace to someone who needs it. Notice someone who may be hurting. Serve without seeking recognition. Or simply return to Jesus if we have wandered away.

Mary does not ask us merely to admire her. She invites us to follow her example—and to lead others to Jesus.

May our lives become our own "YES" to God. And may the people we meet encounter Christ through the way we live, serve, forgive, and love.

Like Mama Mary, may we always point the way to Jesus: "Do whatever He tells you."



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PASCHA 2026: ONE BODY, ONE SPIRIT IN CHRIST

CHRIST THE KING PARISH JOINS THE 2ND CUBAO WORSHIP ANIMATORS' CONGRESS | **AUGUST 22, 2026**

By Jops Padrinao

Christ the King Parish Greenmeadows joined more than **500 liturgical ministers** from the Diocese of Cubao at the **2nd Cubao Worship Animators' Congress,** themed *"PASCHA 2026: One Body, One Spirit in Christ,"* held at the St. Mary's College Auditorium in Quezon City on August 22.

Representing CTK were members of the **Ministry of Lectors and Commentators, Extraordinary Ministers of Holy Communion, Altar Servers, and Greeters and Collectors,** who came together with fellow liturgical ministers for a day of prayer, formation, reflection, and fellowship centered on the beauty and meaning of Sunday worship.

Worship Is an Encounter with Christ

The congress opened with the Eucharistic Celebration presided over by **Bishop Elias Ayuban Jr., CMF, DD.** Reflecting on the Memorial of the Queenship of the Blessed Virgin Mary, Bishop Elias presented Mary as a model of humble and authentic worship.

He reminded liturgical ministers that **service at the altar is not a performance.** Our ministry should never draw attention to ourselves but should always point to God.

"Service without humility is a show."

Bishop Elias also highlighted the importance of silence in the liturgy—those sacred moments that allow us to pause, listen, reflect, and make room for God to speak to our hearts.

Liturgy, he emphasized, is not about the minister. It is about Christ and our encounter with Him.

From Worship to Mission

The Eucharist does not end with the final blessing. Genuine worship leads us to mission.

As Bishop Elias reminded the assembly, **"What we receive in the Mass, we send forth to others."**

We listen to the Word, receive Christ in the Eucharist, and are sent to bring Him into the world through the way we live, serve, love, forgive, and care for others.

In this way, the Sunday Eucharist continues beyond the church doors. **Worship becomes a way of life.**

A Day of Formation and Adoration

Cubao Diocese's primary liturgists held plenary sessions that deepened the participants' understanding of Sunday worship and parish liturgy. **Fr. Dennis Soriano, SLL** spoke on *"Sunday as the Weekly Celebration of the Paschal Mystery,"* while **Fr. Ron Roberto** discussed *"Celebrating Sunday: Principles and Practices for Parish Liturgy."*

Another session, *"Conversions in the Spirit: Walking Together in One Body and One Spirit,"* invited participants to reflect on communion, participation, and shared mission in the Church.

The congress concluded with the **Adoration of the Blessed Sacrament,** bringing everyone back to the very heart of the day: **Christ Himself.**

Renewed to Serve

For CTK's liturgical ministers, PASCHA 2026 was more than a day of learning. It was a renewed call to serve with f**aith, reverence, humility, and zeal.**

Our ministries are not about recognition or performance. They are a grateful response to the many gifts God has given us. We encounter Christ in the liturgy, are nourished by His Word and Body, and are sent forth to bring Him to others.

As we continue our service at Christ the King Parish, may we remember that **liturgy is not about us, but about Christ.**

May every Sunday Eucharist lead us to a deeper life of worship, gratitude, service, and mission—following Mary's example of humble and faithful discipleship.

One Body. One Spirit. One Christ. One Mission.



Bishop Elias Ayuban, Jr., DD is joined by concelebrating priests as he presides over the Eucharistic Celebration, opening PASCHA 2026 with prayer and a renewed focus on Christ at the heart of worship.



CTK's liturgical ministers come together at PASCHA 2026 for a day of formation, fellowship, and renewal in their shared mission to serve Christ and His Church.

Christ The King Parish — Greenmeadows

READING PAUL LIKE WE MEAN IT | AUGUST 29, 2026

By Elaine Palamos

Reflections from St. Paul, the Man, the Message and the Missive, a Formation Talk for Lectors and Commentators

It is possible to pronounce every word of a Pauline letter correctly and still miss what Paul is saying. The force behind those words depends on knowing who is speaking. This was one of the key insights Sr. Bernardita Dianzon, FSP, STD, PhD, explored during the formation talk on St. Paul last August 29.

Paul was a trained Pharisee, formed by the apocalyptic hopes of the Second Temple period: the expectation that God would decisively intervene in history. Yet Deuteronomy 21:23 made the Christian claim impossible for him to accept. Anyone hung on a tree was cursed by God; a crucified man could not be the Messiah.

Paul admits in Galatians that he was exceptionally zealous for his ancestral traditions. That zeal fueled his persecution of the Church.

Then came Damascus. Paul encountered the risen Christ, someone he knew had died by crucifixion. As a Pharisee, he already believed in resurrection. Seeing Jesus alive forced him to confront an undeniable conclusion: God had vindicated the very man Paul thought God had rejected.

That metanoia reshaped his understanding of God's plan. What Paul expected to happen all at once had already begun through the Cross and Resurrection, even as the present age continued. Believers now live in that tension, trusting that what God began in Christ will be completed at the Parousia.

Paul's letters were written from within that reality, not as abstract theology but as pastoral responses to communities learning to live in hope.

That is where a lector stands at the ambo too. Not as a reader of ancient texts, but as a witness joining a long line of witnesses. Every time Paul's words are proclaimed in the liturgy, his conviction is entrusted to the Church anew. The voice at the ambo may be ours, but the faith being handed on is Paul's: fervent, steadfast, and alive with the hope that one day the Lord he encountered on the road to Damascus will come again in glory.



Understanding Paul means entering the tension between the present age and the age to come, living in the hope of a victory already begun in Christ.



Sr. Bernardita joined CTK Lectors and Commentators for a group photo



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HISTORY, SCIENCE, AND FAITH CONVERGE IN TALK ON OUR LADY OF GUADALUPE

| SEPTEMBER 3, 2026

By Elaine Palamos

On September 3, the Chapel of the Archangels welcomed the Family Rosary Crusade for an evening on Our Lady of Guadalupe, presented by Engineer Carlos Gerardo Ojeda Barrero, a materials and geospatial researcher at the Instituto Superior de Estudios Guadalupanos. The night unfolded as a single act of devotion — history, science, and faith woven together, held throughout by relics from the Blessed Ivan Merz Reliquarium: a hair relic (ex capillis) of the Blessed Virgin Mary, a relic of her veil, and a stone from Tepeyac Hill, taken from the very ground where she appeared to Saint Juan Diego.

Engineer Barrero opened with history, carrying listeners back to 1519, when the Spanish arrival in Mexico set off the devastation of conquest and the collapse of Mexica religious life. Into that despair, he retold the story preserved in the Nican Mopohua, a mid-16th-century indigenous text: Mary's appearances to Juan Diego on Tepeyac Hill, her insistence that he — a humble, unremarkable man — carry her message to Bishop Juan de Zumárraga, the healing of his dying uncle, and the image that appeared on his tilma on December 12, 1531. Every detail of that image, he explained, spoke in the visual language of the Nahua people, which is why millions came to the faith that followed.

From the historical account, Engineer Barrero then turned to the scientific studies that have long fascinated researchers of the tilma: golden-ratio proportions in the tilma's dimensions, a striking correlation between its flowers and Mexico's volcanoes, and a map of its stars matching the dawn sky over Tepeyac that morning, drawn from research by Dr. Fernando Ojeda. Engineer Barrero even shared an experiment translating those stars into musical notes — and instead of noise, they produced a beautiful harmony.

While these scientific insights inspired wonder, the relics present throughout the evening offered a more immediate and tangible connection to the story. Pilgrims came forward to touch their own tilma replicas, rosaries, holy cards, and medals to the stone from Tepeyac, transforming the evening from an intellectual presentation into an encounter marked by prayer and devotion. The relics served as a bridge between the events of nearly five centuries ago and the faith of those gathered in the chapel that night.

History explained her. Science pointed to her. Faith met her. And the relics in that room made her real — near enough to touch, calling this generation, as she once called Juan Diego, to go and tell.



Drawing from history, science, and devotion, Engineer Carlos Gerardo Ojeda Barrero guides attendees through the enduring mystery and significance of Our Lady of Guadalupe.



In a profound expression of faith, attendees approached the relics with reverence, bringing rosaries, images, and devotional items into contact with these tangible connections to the Guadalupan story.

Christ The King Parish — Greenmeadows



THREE DECADES OF GRACE: FR. AYTOY OPINIANO CELEBRATES 30TH PRESBYTERAL ORDINATION ANNIVERSARY | JULY 31, 2026

By Tessa Mangahas

A beautiful milestone of faith, service, and community unfolded on July 31, 2026, as the faithful gathered to celebrate the 30th priestly ordination anniversary of Reverend Father Arthur "Aytoy" Opiniano. Fr. Aytoy was ordained on July 31, 1996, by the late Jaime Cardinal Sin at the Manila Cathedral. The momentous occasion brought together clergy, religious, family, and parishioners from across various communities to honor a shepherd whose three decades of ministry have left an indelible mark on countless hearts.

A Thanksgiving Mass Rooted in Fellowship

The celebration commenced with a solemn Thanksgiving Mass presided over by Cubao Bishop Elias Ayuban Jr. Concelebrating the Holy Eucharist was a large assembly of priests traveling from the Diocese of Cubao, the Archdiocese of Palo, and several other parishes, reflecting the deep fraternal bonds Fr. Aytoy has cultivated over the years.

The pews were filled with a vibrant tapestry of guests representing the diverse communities Fr. Aytoy has faithfully guided. Delegations traveled from his previous assignments—including Holy Cross Parish, Our Lady of Fatima Parish, St. Paul the Apostle Parish, and Sta. Maria della Strada Parish—joining the community of his current home, Christ the King Parish (CTK) Greenmeadows.

In a deeply moving display of love and support, Fr. Aytoy's family and friends were in full attendance to witness the milestone. Fr. Aytoy is the youngest son in a brood of 9 comprising 8 boys and 1 girl. Two of his biological brothers shared his sacred calling to the priesthood - Msgr. Alex Opiniano and Fr. Albert Opiniano. During the liturgy, Fr. Aytoy expressed his profound gratitude to his parents, siblings, brother clergy, bishop mentors and everyone who has walked beside, supported, and accompanied him throughout his 30-year journey of priestly ministry.

The pews reflected the expansive reach of his pastoral care. Delegations traveled from his former assignments —Holy Cross Parish, Our Lady of Fatima Parish, St. Paul the Apostle Parish, and Sta. Maria della Strada Parish—joining hands with his current home, Christ the King Greenmeadows (CTK).


Bishop Ness, Fr. Aytoy's bishop for more than 2 decades, delivers a heartfelt message.

An Evening of Music, Memories, and Masterful Flavors

Following the liturgy, guests transitioned to the parish social hall for a grand reception. Guests enjoyed an exquisite menu curated by the renowned Chef Jessie Sincioco. During the program, Bishop **Ness Ongtioco** delivered a deeply touching message, praising Fr. Aytoy's unwavering dedication, resilience, and joyful spirit.

The evening's program seamlessly flowed with tributes and talent:

- **Parish Tributes:** Representatives from Fr. Aytoy's past and present parishes took the stage with unique, heartfelt performances and messages. Mentors and friends including Novaliches Bishop Emeritus Teodoro Bacani also sent their congratulations.
- **Musical Royalty:** Celebrated Filipino artist Dulce captivated the room with her iconic, soul-stirring vocals. Classical singers Lara Maigue, Nanette Moscardon and Gian Magdangal were among the celebrity performers.
- **The Liturgical Legacy:** A major highlight was the formal launch of a commemorative coffee table book chronicling Fr. Aytoy's 30 years of ministry, presented by its editor Tessa Mangahas and major sponsors.

Fr. Aytoy took the opportunity to personally thank

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his lifelong friends, benefactors, and the key sponsors who made the evening and the book project possible, including CTK's **Ellen Chua** and **Sansan Hortaleza,** and OLFP's **Marie Pua.**



"Pipit" CTK ministry members and clergy show off their dancing prowess

The Unforgettable "Pipit Dance"

True to Fr. Aytoy's joyful nature, the undisputed highlight of the night brought a burst of laughter and applaud. Fr. Aytoy took center stage alongside **Fr. Rex Jeba** and **Fr. Mike Cabangisan,** joined by the enthusiastic ministry members of CTK, for a spirited and charming rendition of the **"Pipit Dance." CTK clergy also regaled the guests with a song number.**

As Fr. Aytoy enters his fourth decade of priesthood, the overwhelming love displayed at his anniversary stands as a beautiful reflection of a life completely dedicated to the Church. We pray that the Lord continue to bless his steps at Christ the King Greenmeadows.



Members of CTK's Parish Pastoral Council proudly pose with Fr. Aytoy after the Thanksgiving Mass.



Parish staff in their Filipiniana finery strike a pose with their boss, Fr. Aytoy.



Diva Dulce and CTK's own Monica Uy were among the entertainers who regaled the guests.



Fr. Aytoy and CTK clergy gamely sang to the delight of the crowd.



Dancing parish priest Fr. Aytoy showed his moves in a Filipiniana number.



Fr. Aytoy renews his priestly vows in front of Cubao Bishop Elias Ayuban Jr.



Donors Marie Pua, Sansan Hortaleza and Ellen Chua, along with editor Tessa Mangahas, present Fr. Aytoy his anniversary coffee table book.

Christ The King Parish — Greenmeadows



Pickleball, Parish Style!
Team Mike in blue and Team Aytoy in white bring energy, laughter, and a little friendly rivalry to the Bini Pickleball Anniversary Meet.

A BATTLE AT THE PICKLEBALL COURT: CTK CLERGY TEAMS VIE FOR VICTORY | SEPTEMBER 2, 2026

By Beth Monedero

The court is set, the paddles are ready, and the competition is about to get surprisingly spirited as two pickleball teams prepare to battle for bragging rights—with an unlikely twist: one squad is headed by Fr. Aytoy and the other, Fr. Mike.

On one side stands Team Fr. Aytoy, a calm but competitive parish priest whose leadership extends far beyond the pulpit. On the other is Team Fr. Mike, who is determined to prove that patience, discipline, and a good serve can make all the difference on the pickleball court.

While both teams share a commitment to fellowship and sportsmanship, neither is willing to surrender the championship easily.

Team Captain Fr. Aytoy and co-captain Janina Tan have built their reputation around careful strategy. Their players rely on controlled shots, quick communication, and relentless defense. Fr. Aytoy has encouraged his teammates to remain composed under pressure, reminding them that victory often comes from perseverance rather than power.

Team Captain Fr. Mike and co-captain Beth Monedero, meanwhile, bring a more aggressive style. Their players attack with sharp serves, fast volleys, and perfectly timed shots at the net. Fr. Mike has made it clear that while they may come to the court in a spirit of friendship, they are still coming to win.

As the match begins, excitement is building. Friends and fellow players gather around the court, cheering for every point and celebrating every spectacular rally.

The rivalry, however, is expected to remain friendly. Both priests have emphasized that the real goal is fellowship, camaraderie, and enjoying the sport. Still, once the first serve crosses the net, there will be only one question on everyone's mind:

Which priest-led team will emerge victorious?

For Team Fr. Aytoy and Team Fr. Mike, the answer will come down to skill, teamwork, strategy—and perhaps a little divine assistance.

One thing is certain: this won't be a battle fought from the pulpit. It will be settled at the pickleball court, one point at a time.



Blue Takes the Friendship Cup!
Team Fr. Mike may have ruled the friendship competition, but everyone came away a winner—with new memories, good laughs, and stronger bonds.



Game Faces, Happy Hearts!
Team Fr. Aytoy celebrates with smiles after a fun-filled pickleball showdown. The score may favor Team Mike, but Team Aytoy proves that friendship is the real prize!

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The Youth Band that plays every Misa ng Barkada marks its first anniversary.

A BARKADA CALLED TO SERVE

By Maielle Montayre

It has been a year since the CTK Parish Youth Ministry re-launched the *Misa ng Barkada* in August 31, 2025. Now held every fourth Sunday of the month at 5:30 P.M., the *Misa ng Barkad*a aims to recognize and celebrate the youth of CTK, all of whom are called to serve. In keeping with the spirit of the youth mass, other youth members are invited to serve as lectors, commentators, greeters, collectors, and offerors.

It has also been a year since the Youth Band first formed in August 15, 2025. A group of high school and college students mixed as vocalists and instrumentalists, playing the drums, guitar, electric guitar, bass, and piano during the *Misa ng Barkada.* This anniversary reflects the spirit and dedication of our young people who continue to answer the call to serve Jesus and His Church.

Since its re-launch, the *Misa ng Barkada* has become a regular gathering of young people, particularly considering the *Après Masse* or the Young Catholic Professionals (YCP) socials mixer that began in February 22, 2026. From then on, the *Après Masse* has been held monthly at the CTK Garden after the *Misa ng Barkada.* Sponsored by Joyeria's Ria Perez, the YCP Community holds a simple salu-salu of street food, siomai, bread, iced tea, and even dirty ice cream with a dash of socializing among youth singles. Whether its newfound friends or continued acquaintances, a growing youth community can be found at CTK through simple encounters with Christ and active participation in the Holy Mass.

On August 23, 2026, the *Misa ng Barkada* had its first Blessing of the Youth with a prayer to strengthen the faith of every young person so they can stand strong in every situation and in their service to the Lord. During the Gospel, Jesus asked, "Who do you say that I am?" We all know He is the Son of the Living God, but who are we? We are a bunch of teenagers, young adults, and young professionals; going through exams and term papers, managing new jobs, figuring out our careers, and navigating life. We hail from different villages, different schools, different walks of life. But together, we are a barkada called to serve. Sincerely yours, the CTK Youth Ministry.



A socials mixer among young parishioners is held after each Misa ng Barkada.

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A HUGE OUTPOURING OF GENEROSITY: CARITAS' ONE-DAY COLLECTION AT CHRIST THE KING PARISH | **JULY 11, 2026**

By Eileen de Leon

On July 11, 2026, Christ the King Parish held a successful Caritas one-day collection, organized by the Social Services Development Ministry (SSDM) and supported by four dedicated organizations: the Ladies of Charity, Catholic Women's League, Mother Butler Mission Guild, and Knights of Columbus. These groups took turns receiving generous donations from parishioners and neighbors, creating a vibrant atmosphere filled with community spirit.

Throughout the day, cars lined up, blocking the church driveway as individuals and families eagerly handed over their donations. Children joyfully contributed by giving away old toys and clothes, highlighting the spirit of sharing and generosity.

There was no slow moment; it was a bustling day of receiving goods.

And by 5:30 PM, we had collected an impressive seven truckloads of assorted items and a remarkable cash donation of ₱135,000.

Additionally, our satellite SSDM at the Chapel of the Archangels in the Opus Mall gathered six boxes of clothes and other items, a commendable effort considering the chapel is located on the sixth floor. We extend our special thanks to them for their dedication.

We are also grateful to Mr. Donut, who provided nearly 600 donuts to share with our donors, making the day even more enjoyable. It was a fun-filled day of engaging our parishioners and neighbors, embodying the spirit of community and generosity.

As our wise parish priest Fr. Aytoy Opiniano said, "Sa Diyos, hindi Ka nagbibigay ng basura… you give Him your best!" He shared his elation and gratitude in a personal note to the community:

Thank You to the Parishioners of CTK!
We want to extend a heartfelt thank you to all the parishioners of Christ the King (CTK)! Your generosity and support make a significant difference in the lives of those in need. Thank you for your kindness and commitment to helping others!

Indeed, our donors and supporters gave their best on that memorable day. Thank you to everyone who participated!



CWL is always ready to support parish initiatives to help the needy.



CTK's Mother Butler Mission Guild - present!



The giving fever spread even to the Chapel of the Archangels' parishioners at Opus Mall.



SSDM's Eileen de Leon warmly receives the donations for Caritas.

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LADIES OF CHARITY ACTIVITIES

By Lorie Santos



Bishop Ness joins the new graduates of the CTK Livelihood Healthcare Training Program



LOC's Lorie Santos salutes the graduates of the health care training program and their trainers.

July 10
Recognition Day for CTK Livelihood Healthcare Training Program

The Ladies of Charity Christ the King (LOC-CTK) held a Recognition Day on July 10 for the CTK Livelihood Healthcare Training Program graduates from the Parish of the Lord Divine Mercy. The celebration took place at the CTK Formation Center. This was after the participants ages 40 and above underwent three months of training from April to June 2026.

It was a meaningful celebration of their hard work, dedication, and achievements. The occasion was made even more inspiring by the inspirational talk by Bishop Ness, who encouraged the graduates to use their knowledge and skills with compassion, faith, and a heart for service.

Congratulations to all our graduates! May this new skill open doors to better opportunities, a brighter future, and a more secure life for them and their families, while allowing them to make a difference in the lives of others.



Chairwoman of the Feeding Program, Tess Aguinaldo assisting in feeding the children.

June 8
Feeding Program for SY 2026-2027 Kicks Off

The Ladies of Charity Christ the King (LOC-CTK) kicked off the CTK Feeding Program on June 8 with a prayer before meals. It was wonderful to welcome the children back from Libis Elementary School after their two-month vacation and see their excitement as they gathered together once again.

The children happily enjoyed a nourishing meal of giniling (ground meat) with rice and oatmeal, but beyond the food, the day was filled with something just as important—joyful bonding and meaningful fellowship between the children and the LOC Feeding Team.

It was a beautiful start to another year of nourishing not only the children's bodies, but also their hearts with love, care, and friendship. The CTK-LOC Feeding Program is conducted every school year, twice a week for 10 school months for Grade 2, 3 and 4 pupils of Libis Elementary School.

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D1LM: DAPAT ISA LANG MOVEMENT

By Mon and Loung Cuartero

A Call for a Genuine Anti-Political Dynasty Law

- **WHAT IS D1LM?**
  A nationwide **People's Initiative** seeking legislation that will prevent the concentration and perpetuation of political power within a few families.
- **WHY DOES IT MATTER?**
  Political dynasties can lead to **concentrated power, unequal access to public service, weakened representation, and entrenched inequality,** particularly affecting the poor and marginalized.
- **CONSTITUTIONAL MANDATE:**
  Article II, Section 26 of the **1987 Constitution** calls for equal access to public service and the prohibition of political dynasties.
- **WHAT DOES D1LM PROPOSE?**
  - Only **one national and one local official** per political family at a time
  - Ban relatives up to the **4th degree of consanguinity and affinity**
  - No succession, replacement, or switching of positions among relatives
  - **One-term cooling-off period** after reaching term limits
- **THE PEOPLE'S VOICE:**
  The initiative seeks approximately **7 million signatures nationwide,** with at least **3% from every legislative district.**
- **WHAT HAPPENS NEXT?**
  Signatures will undergo **COMELEC verification.** If constitutional requirements are met, the proposal may proceed to a **nationwide referendum.**

PUBLIC OFFICE IS A PUBLIC TRUST

D1LM invites citizens to learn about the proposal and make an informed decision.

Stay informed. Speak up. Participate in our democracy.

For information on the initiative and designated parish activities, please contact Mon and Loung Cuartero through the CTK parish office.

UGNAYAN... KONEK KA DIYAN | July 4, 2026

By Loung Cuartero

Pagyamanin ang Espiritwalidad ng Pamilya

Ang pamilya ang unang tahanan ng pag-ibig, pananampalataya, at pag-asa. Ito ang naging sentro ng seminar-workshop na **"UGNAYAN… Konek Ka Diyan,"** na inihandog para sa mga pamilya ng **CTK Scholars** sa pangunguna ni **Grace B. Marquez** ng **CEFAM (Center for Family Ministries).**

Binigyang-diin sa seminar na ang matibay na pamilya ay nagsisimula sa matibay na ugnayan—**sa sarili at sa Diyos, sa kapwa at sa loob ng pamilya,** at sa **pamayanan.** Kapag kinikilala natin ang ating dignidad bilang mga minamahal na anak ng Diyos, mas nagiging bukas tayo sa pagmamahal, pag-unawa, at paglilingkod sa isa't isa.

Nawa'y magsilbing paanyaya ang seminar na ito sa bawat pamilya na patuloy na palalimin ang kanilang ugnayan sa Diyos at sa isa't isa, sapagkat ang isang pamilyang nakaugat kay Kristo ay nagiging biyaya hindi lamang sa tahanan kundi maging sa buong lipunan.

Ang mga aral na ibinahagi sa seminar ay hango sa mga turo ni Fr. Ruben M. Tanseco, SJ (+), tagapagtatag ng CEFAM (Center for Family Ministries).



PPC Libis, headed by Ching Botero and in collaboration with PAM organized a Family Spirituality Workshop entitled UGNAYAN...Konek Ka Diyan (Pagyamanin ang Espiritwalidad ng Pamilya) July 4, 2026 at Our Lady of Mount Carmel Chapel Camp Gen. Rigoberto J. Atienza (51st Engineering Brigade). Participants were parents and CTK scholars. Speaker was Mrs. Grace Marquez, CEFAM Pastoral Counselor.

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SEEN ZONE



ENTERING A NEW YEAR OF SERVICE
Knights of Columbus Welcomes Officers, Members for Year 2026-27
August 16, 2026

The spirit of faith, fraternity, and service was alive at Christ the King Parish–Greenmeadows as Knights of Columbus Council 12461 gathered for the Installation of Officers and Directors for Fraternal Year 2026–2027.

Adding a personal and heartfelt touch to the ceremony, District Deputy Ben del Rosario delivered the Fraternal Charges to GK Manny de Leon in the presence of his sons and daughters—a reminder that the call to service is strengthened by family, faith, and example.

May the officers and members continue to serve with generous hearts and strong faith, living out the Knights' mission of helping build a stronger Church, stronger families, and a stronger community.

Congratulations, GK Manny De Leon, the new officers, and our Knights!



DEEPER WATERS, STRONGER TOGETHER
Libis PPC Team Building | August 19, 2026 | Antipolo

Challenging weather and floods in Metro Manila failed to dampen the enthusiasm of the Libis Parish Pastoral Council to search for even deeper waters. Their much-awaited Team Building with Fr. Aytoy in Antipolo turned an unexpected rainy day into an opportunity for fellowship, reflection, and renewed commitment. The gathering strengthened bonds and shared mission: to move forward on track and with a clearer vision of being a connected, caring and committed community.



FORMATION MINISTRY GRADUATION
August 28, 2026

The Formation Ministry celebrated the completion of our catechists' two-year formation in theology under Fr. Jaime "Jim" Achacoso. Forty-two catechists completed the program, including a few catechists from other parishes. CTK catechists now number 36 members. Fr. Aytoy and Fr. Jim joined the graduation party.



SKILLS FOR LIVELIHOOD, WHEELS FOR OPPORTUNITY

More than twenty trainees are gaining practical skills in Motorcycle and Small Engine Services through a collaborative livelihood program with San Isidro Labrador Parish, Holy Family Parish, and Parish of the Nativity. An initiative of CTK's Ladies of Charity with Girly Chavez and Teri Floro at the helm, the program runs from September 1–30 at the Quezon City Skills and Livelihood Foundation. The training equips participants with skills that can open doors to employment and sustainable livelihood. CTK's Ladies of Charity is one of the organizations under the Social Services and Development Ministry.

PAREFORM KAAGAPAYS SUMMIT 2026 | *Walking together toward healing and hope*
September 5, 2026

Members of Christ the King Parish's Public Affairs Ministry, led by Mon and Loung Cuartero, joined the PAREFORM Kaagapay Summit 2026 at the Obispado de Cubao on September 5.

Bringing together advocates and members of the Diocese of Cubao's PAREFORM Ministry (Pastoral Approach to Rehabilitation and Formation), the summit highlighted recovery, rehabilitation, formation, and compassionate accompaniment.

The program featured an update on the QC Anti-Drug Abuse Council's Community-Based Rehabilitation Program, a presentation of PAREFORM, and moving personal stories from Persons-in-Recovery. The summit was a reminder that healing happens when we walk with one another.



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Christ the King Greenmeadows Fiesta 47

Theme: Generation for Christ, Instruments of Peace

Calendar of Activities

DATE	DAY	ACTIVITY/EVENT
Aug 8, Aug 22, Sep 22, Sep 26, Oct 10, Oct 24	Sat – 10:00 a.m. to 11:30 a.m. / St. Luke's Rm.	**GENESIS TO JESUS** Journey through Sacred Scripture
August-November		**IMAGES OF FAITH 2.0 CONTEST** Celebrate God's presence through creative images reflecting the beauty of being Generation for Christ.
October to November	Tue | Fri – 7:00 p.m. / BEC Venues	**BEC HOLY HOUR** The Gen C Holy Hour of Adoration: A Journey from Christ to Community
October 3	Sat – 8:00 a.m. to 12:00 nn / DMC Lower Parking	**PET BLESSING & FAIR** Celebrate God's gift of creation with the traditional Blessing of Pets, pet care activities and booths
October 4	Sun – 3:30 pm / Main Church	**LIVING ROSARY (Children)** Young parishioners become living beads of the Rosary.
October 11	Sat – 8:00 am – 4:00 pm / CTK Function Rm.	**MEDICAL MISSION (PhilHealth YAKAP Program)** Bring Christ's healing love to the community through free medical consultations, free medicines and lab works.
October 31	Sat – 9:00 a.m. to 11:30 a.m. / CTK St. Matthew Rm.	**FLOWERS FOR MARY** A Bouquet of Prayers: A creative fellowship and flower arrangement workshop for senior parishioners.
October 17	Sat – After 6:00 pm Mass / Main Church	**LIVING ROSARY (Adults)** Parish organizations unite in a beautiful Living Rosary, paying tribute to Our Lady, Queen of Peace.
October 30	Fri – 6:00 pm Mass	**CHURCH DEDICATION ANNIVERSARY** Celebrate the anniversary of our church's dedication with thanksgiving to God.
October 31	Sat – 8:00 – 10:00 am / Maybunga Park, Pasig City	**YOUTH TREE PLANTING** Youth Ministry members plant trees as lasting symbols of hope, stewardship, and peace.
November 6	Fri – 6:45 to 9:00 pm / Divine Mercy Chapel	**RECOLLECTION** Prepare hearts and minds for the parish fiesta through prayer, reflection, and spiritual renewal as instruments of peace.
November 7	Sat – Whole Day / Greenmeadows Courts	**CTK PICKLEBALL TOURNAMENT** Build friendship, teamwork, and healthy competition among BECs through sports.
November 13–21	6:00 p.m. Mass / Main Church Except Sundays at 5:30 p.m.	**NOVENA MASSES** Nine days of prayer and reflection as we prepare spiritually for the Feast of Christ the King.
November 13 to December 15	Bridge to Social Hall	**IMAGES OF FAITH 2.0 EXHIBIT** Winning entries are added to the collection of images and videos that chronicle the faith journey of Christ the King Greenmeadows
November 14	Sat – 5:00 a.m. to 10:00 a.m. Bridgetowne Central Park, Pasig City	**CTK FUN RUN & FAMILY DAY** Run for Fun, Run for Christ
November 15	Sun – 8:00 to 12:00noon / CTK Function Room	**BLOODLETTING DRIVE** Share the gift of life through blood donation—an act of Christian charity that brings hope and healing to those in need.
November 21	Sat – Day 9 Novena Mass 6:00 p.m. / Main Church	**RENEWAL OF VOLUNTEERS' COMMITMENT | RECOGNITION OF RETIREES** (during Day 9 Novena Mass) Parish volunteers renew their promise of faithful service.
November 21	Sat – After the 6:00 p.m. Mass Along Greenmeadows Avenue	**PEACE WALK & CTK IMAGE PROCESSION** Walk together through 7 Peace Stations along Greenmeadows Avenue, for reconciliation, healing, justice, and lasting peace.
November 21	Sat Evening / Libis	**LIBIS FIESTA CELEBRATION** Celebrate faith and community with our Libis mission area through fellowship, worship, and joyful thanksgiving.
November 22 Fiesta Day	Sun Main Church	**REGULAR SUNDAY MASS SCHEDULE** AM: 6:00, 7:30, 9:00, 10:30 | PM: 12nn, 4:15, 5:30, 7:00
November 22	Sun – After 7:30 am and 9:00 am Masses CTK Driveway	**LUGAW BREAKFAST** After the 7:30 AM and 9:00 AM Masses, enjoy a simple meal that reflects Christian hospitality, sharing, and joyful fellowship.
November 22	Sun – After the 10:30 a.m. Mass / Parish Social Hall	**PEACE FOOD FESTIVAL** Gather as one parish family to enjoy delicious food.
November 22	Sun – 3:00 p.m. / White Plains Chapel to Main Church	**HOLY HOUR & BLESSED SACRAMENT PROCESSION** An hour of Eucharistic adoration followed by a procession with the Blessed Sacrament
November 22	Sun – 5:30 p.m. Mass Presider: Bishop Elias Ayuban Jr. CMF, DD Main Church	**FIESTA MASS** The spiritual summit of Fiesta 47, giving thanks to Christ the King and renewing our mission as Generation for Christ: Instruments of Peace.
November 22	Sun – After the 5:30 p.m. Fiesta Mass / CTK Garden	**PEACE TREE LIGHTING & FIREWORKS DISPLAY** Witness the lighting of the Gen C Peace Tree—a beacon of hope, unity, and Christ's light shining in our parish and community to be led by Bishop Elias Ayuban.
November 22	6:30 p.m. / Parish Social Hall	**FIESTA THANKSGIVING DINNER** Cap the fiesta day with an evening of gratitude, fellowship, and celebration.
November 29	Sun – Daylong / CTK-GK, Zabarte Village	**CTK GAWAD KALINGA ZABARTE KAMUSTAHAN** End the fiesta season by visiting and sharing fellowship with the CTK Gawad Kalinga community in Zabarte.

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LITTLE SERVANTS, BIG BLESSINGS

Young hearts are bringing new life to the Chapel of the Archangels and Libis Communities

By Tessa Mangahas

In just a short time, something beautiful has been happening at the Chapel of the Archangels (CotA), Opus Mall. What began as a Children's Mass has blossomed into a vibrant community where young people are discovering the joy of serving—and inspiring their families to become more involved.

As Fr. Aytoy Opiniano joyfully shares in his message, CotA is now blessed with young servers who eagerly take on different roles: singing in the choir, proclaiming the Word, serving as commentators, welcoming fellow worshippers, and assisting with the collection. Their enthusiasm is infectious!

Among them is little Jacob "Angel," grandson of EMHC Joey Simon. A familiar and cheerful presence at Sunday Mass, Jacob faithfully attends and serves with a joy that is truly heartwarming. His story reflects the growing number of children whose love for the Eucharist is inspiring their parents to participate more actively in the community.

"This little and bubbly Jacob literally attends Mass every Sunday and he serves cheerfully," Fr. Aytoy says. "To see them grow this fast is so impressive and heartwarming."

This flourishing ministry is nurtured by the tireless dedication of the CotA Parish Pastoral Council, led by Ms. Buh Malonzo, with Monica Uy, Ana Ferreira, and their dedicated team of Elaine, Ron, Jeannie, Maribeth and Lucile. Their service continues to bear fruit, with CotA recording its highest monthly Mass collections last August since the community began its ministry there.

Over at the Libis community, young voices are also enhancing worship. Fr. Aytoy proudly observes, "The kids of our Libis Children's Choir have started their formal and rigid music classes. They are all so serious and dedicated. I won't be surprised if someday they might join an international choral competition!"

The momentum extends beyond Sunday Mass. Four volunteer catechists—Sheryl, Alma, Jeff and Ingrid—recently completed their formation, while the first Navarre Bible Class welcomed an impressive 217 participants.

From young children serving with joy to families growing in faith, CotA is becoming a beautiful picture of a Church alive and growing—one young heart at a time.

And Fr. Aytoy's message to the community is simple: "You are BLESSED!"



Fr. Aytoy is amazed by the rapidly thriving community at CotA noting that children are all excited to serve.



Angelic voices fill the Chapel of the Archangels in Opus Mall during the Children's Mass every Sunday.



Kids from Libis take their choir training very seriously.



A young girl from Libis shows her love for Mama Mary by praying the Rosary.

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THE POPE'S PRAYER WARRIORS ON PILGRIMAGE

A Day of Prayer, Fellowship and Grace at the Shrine of Padre Pio | AUGUST 5, 2026

By Wanda Reyes & Tessa Mangahas



A heavy downpour greeted the Apostleship of Prayer- Pope's Prayer Warriors of the Philippines (AP-PWPN) of Christ the King Parish as they set out on pilgrimage on Wednesday, August 5 to the National Shrine of St. Padre Pio in Sto. Tomas, Batangas. But the rain could not dampen the enthusiasm of the parish's "purple army." With hearts filled with faith and joyful anticipation, the group embarked on a day of prayer, fellowship and spiritual renewal.

The timing of the pilgrimage was especially meaningful. On September 23, 2026, the feast of St. Padre Pio, the shrine is expected to be elevated from a National Shrine to an International Shrine. Even more providential was the date of their journey. August 5 is the Memorial of the Dedication of the Basilica of Saint Mary Major in Rome, the Marian basilica where Pope Francis is buried. On that very day, CTK's own "purple army"—the Pope's Prayer Warriors—gathered before Padre Pio's altar in prayer. It was, indeed, a beautiful convergence of Mary, Padre Pio, the Holy Father and the praying community of Christ the King Parish.

AP-PWPN has long been one of the primary prayer groups of Christ the King Parish, faithfully bringing together parishioners in prayer for the Pope, the Church, the parish community and the intentions of those who ask for their prayers. They are always at the forefront of every First Friday Holy Hour and Grateful Hearts Mass.

Joining the pilgrims was CTK guest priest Fr. Rex Jeba, who accompanied the group throughout the journey. The pilgrims attended the 10:00 a.m. Mass at the Shrine of St. Padre Pio, with Fr. Rex concelebrating the live-streamed Tagalog Mass with the local priest.

The spiritual nourishment was soon followed by a hearty Batangueño feast. Lunch featured local favorites such as *sinaing na tulingan, sinaing na dulong, bulalo, crispy crablets and fresh lumpia,* followed by halo-halo, banana with ice and leche flan. The meal ended with cups of the province's famed aromatic barako coffee—a fitting celebration of Batangas hospitality.

The pilgrimage continued to Lipa with a visit to the Parish of Our Lady, Mediatrix of All Grace, where the pilgrims spontaneously serenaded Our Lady with a heartfelt, a cappella rendition of the Memorare. It was a poignant but beautiful expression of their love and devotion to Mary.

From there, the group proceeded to the Metropolitan Cathedral of San Sebastian, or Lipa Cathedral where they prayed and recited the Chaplet of the Divine Mercy. A parish volunteer shared the history of the historic cathedral and distributed St. Sebastian healing oil, traditionally associated with prayers for those suffering from joint pains.

Throughout the day, the rain remained a constant companion. The downpour was particularly heavy at times, but remarkably, it seemed to follow the pilgrims' rhythm: the rains poured while they were safely aboard the bus and often eased when they arrived at their destinations. What could have been an inconvenience instead became another reminder of God's gentle providence.

And as they always do, the Pope's Prayer Warriors carried with them not only their own intentions but also the intentions of the parish community.

The purple army of CTK prayed for all of you. *Thank you, Fr. Rex, for journeying with us and sharing this grace-filled pilgrimage.*







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CTK JUNIOR LEGION OF MARY – OUR LADY, THE MORNING STAR

Young Hearts for Our Blessed Virgin Mary

By Maritess and Bernie Bagaman

"Young people are not merely the future of the Church—they are already an important part of the Church today."

Inspired by the Church's call to encourage young people to grow "in wisdom, age, and grace before God and people" (Lk 2:52; Christifideles Laici, 46), the CTK Junior Legion of Mary (LOM) – Our Lady, the Morning Star of the Immaculate Heart of Mary - LOM was born. It also responds to CTK Parish Priest Fr. Aytoy Opiniano's call to build "a generation that chooses Christ over everything else—a Generation for Christ."

In January 2026, Mae Heredia, Bernie and Maritess Bagaman, and Cynthia de Dios began inviting children to become "soldiers of Mama Mary"—young hearts learning to fight the spiritual battle for good through prayer, kindness, and service. They searched for the children Mama Mary would lead to this ministry through flyers, friends, and families.

On February 15, 2026, Kitkit Baguio, Marge Pascual, Caitlin Chan, and Mikkael Vergara attended the first Sunday prayer session, later joined by Jasmine Alcazar, Layla Agamata, and seven other children.

More than 29 Sunday sessions followed. Kitkit and Marge, who attended faithfully, became secretary and treasurer and helped design the group's first badges, including Kitkit's design showing: "Young Hearts for Our Blessed Virgin Mary."

Inspired partly by Pixar's Up, where badges represent meaningful experiences and accomplishments, the OLMS badges celebrate acts of charity, personal sanctification, the Spirit of Nazareth, and faithful attendance. Each badge remembers a good deed, a prayer, or a step closer to Mama Mary.

After meetings, the children watch spiritual films from Catholic online platform Formed.org - stories like St. Carlo Acutis, Our Lady of Guadalupe, Our Lady of Fatima, etc.

They learn that holiness begins in ordinary ways: studying, helping with household chores, caring for siblings and pets, assisting classmates, serving the poor, attending Mass, and praying the Rosary.

August 2 opened the journey to more families through our partnership with CTK Children's Ministry heads Mina and Sonny Mejia. By August 30, around 68 children and 55 parents had attended.

What began with four children has become a growing family of faith. May these young hearts become little lights in their homes, schools, communities, and Church—discovering that every small act of love can become part of a beautiful journey with Mama Mary toward Jesus.

Come join us. Visit us at CTK PPC Room on Sundays from 2 to 3:30 pm.



March 8, 2026
4th Prayer Session - Jr LOM - OLMS
Featuring the first few children who first answered Mama Mary's Call together with their parents and Sr. LOM members
Kitkit Baguio, Jasmine Alcazar, Caitlin Chan, Marge Pascual, Mikkael Vergara (not in picture: Layla Agamata)



May 10, 2026
13th Prayer Session: Jr LOM - OLMS
@ Parish Pastoral Council (PPC) Room
Kitkit Baguio, Caitin and Marge Pascual present their handmade "thank you card" and token to Fr Aytoy for his support to Jr LOM - OLMS



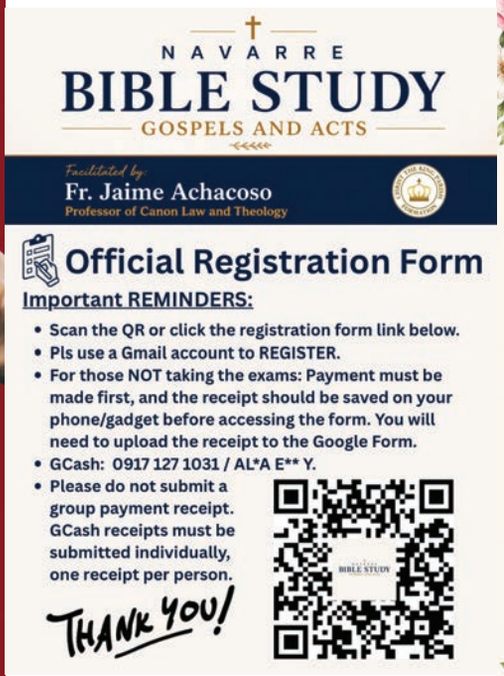
Aug 2, 2026
24th Prayer Jr LOM - OLMS Session and the
1st Prayer Session with the CTK Children's Ministry

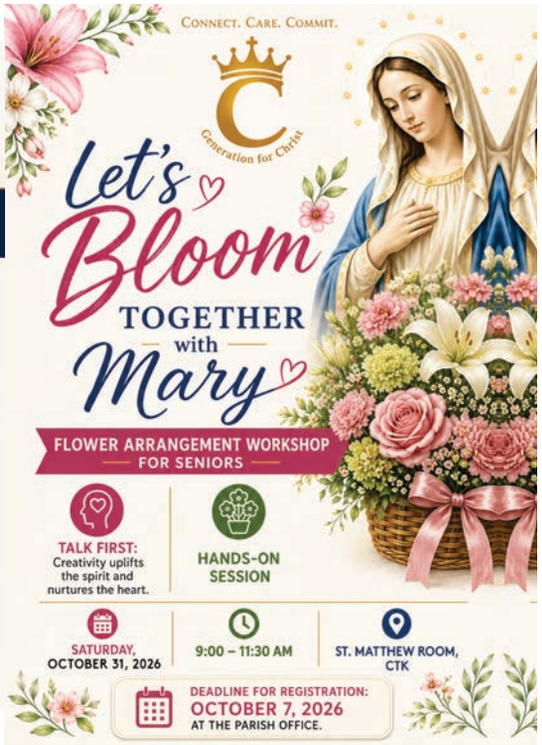


Aug 23, 2026
27th Jr LOM - OLMS and 2nd CTK Children's Ministry Prayer Session
- Children with Parents after Catholic Video Watch Party

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FLOWER ARRANGEMENT WORKSHOP FOR SENIORS
TALK FIRST: Creativity uplifts the spirit and nurtures the heart.
HANDS-ON SESSION
SATURDAY, OCTOBER 31, 2026
9:00 – 11:30 AM
ST. MATTHEW ROOM, CTK
DEADLINE FOR REGISTRATION: OCTOBER 7, 2026 AT THE PARISH OFFICE.


1K | 2K | 4K P500 fee
Come in your superhero costume!
Free games Food booths Arts & crafts
CTK FUN RUN & FAMILY DAY
Saturday
November 14, 2026
Bridgetown
Central Park, Pasig City
5:15AM Call Time
5:45AM Zumba & Warm Up
6:30AM Fun Run Start
6:45AM Family Day Activities
REGISTER NOW!
Registration required by October 17.
Limited slots available.


CHRIST THE KING PARISH
GREENMEADOWS
Family Life Ministry and Christian Family Movement invite you to
COUPLES NIGHT 2026
Celebrating the Gift of Married Love
OCTOBER 3, 2026 SATURDAY 5:00 PM
Christ the King Parish Hall
HOLY MASS STARTS AT 5:00PM. THEN
DINNER · COUPLE ACTIVITIES · HARANA · LIVE MUSIC · DANCING
Come celebrate your love story in an evening of prayer, fellowship, joy, and renewal.
Advance registration and payment required.
₱500 PER COUPLE
Attire: Come in your renewal of vows attire
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The Christ the King Parish GM
Life in the Spirit Seminar
LSS Proper : September 19 & 20, 2026
Orientation every Tuesday at 6:45 PM at the CTKP Formation Center.
FOR MORE INFORMATION, Pls contact:
Margie San Juan : 0920 932 6043
Nandy de Jesus : 0917 506 8222
Beth Monedero : 0917 588 1100
Christ the King Parish
Greenmeadows
LIFE IN THE SPIRIT PRAYER COMMUNITY


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WEEKEND
October 16 to 18, 2026
Christ the King Greenmeadows Parish Formation Center, Quezon City
Singles from the ages 21 to 40